**Full title:** A clinician referral and 12-week exercise training programme for men with prostate cancer: Outcomes to 12 months of the ENGAGE cluster randomised controlled trial

**Running title:** Clinician referral and exercise training programme

**Manuscript type:** Brief report

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**Keywords:** oncology, physical activity, quality of life, anxiety, depression

**Trial registration:** Australia and New Zealand Clinical Trials Register (ANZCTR): ACTRN12610000609055

**Funding:** This study was funded by the Australian Research Council (LP100200176) and the Prostate Cancer Foundation of Australia, with in-kind support from YMCA Victoria, Eastern Health, Epworth Healthcare, North Eastern Metropolitan Integrated Cancer Service, and Peter MacCallum Cancer Centre. Kerry S. Courneya is supported by the Canada Research Chairs Program.
Acknowledgements: The authors acknowledge their colleagues who contributed to the main study: Jo Salmon, Steve F. Fraser, Suzanne Broadbent, Mari Botti, Bridie Kent, and the ENGAGE Uro-Oncology Clinicians’ Group.

Author note: This work was conducted when Dr Craike was employed at Deakin University. She is now employed at Victoria University.