Figure 1. Participant flow through the study.

Enrolment of Clinicians

Clinicians assessed for eligibility (n=22)

- Declined to participate (n=7)

Clinicians randomized (n=15)

- Allocated to intervention (n=8)
- Allocated to control (n=7)

Enrolment of Patients*

Patients assessed for eligibility (n=741)

- Excluded (n=298)

Patients meeting eligibility criteria (n=443)

- Not approached (n=123)

- Baseline

Patients invited to participate (n=142)

- Consented to participate (n=54)
  - Questionnaires returned (n=53)
  - Questionnaires not returned (n=1)
- Refused to participate (n=88)

Patients invited to participate (n=178)

- Consented to participate (n=93)
  - Questionnaires returned (n=91)
  - Questionnaires not returned (n=2)
- Refused to participate (n=85)

- 12 Weeks

Questionnaires returned (n=47)

- Withdrawn from study (n=4)
- Questionnaires not returned (n=3)

Questionnaires returned (n=83)

- Withdrawn from study (n=2)
- Questionnaires not returned (n=8)

- 6 Months

Questionnaires returned (n=43)

- Withdrawn from study (n=0)
- Questionnaires not returned (n=4)

Questionnaires returned (n=78)

- Withdrawn from study (n=0)
- Questionnaires not returned (n=5)

- 12 Months

Questionnaires returned (n=43)

- Withdrawn from study (n=0)
- Questionnaires not returned (n=0)

Questionnaires returned (n=74)

- Withdrawn from study (n=0)
- Questionnaires not returned (n=4)

* See our previous publication7 for details.