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## A NEW REFINEMENT OF YOUNG'S INEQUALITY

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ABSTRACT. In this short note, the well-known Young's inequality is refined by a double inequality.

The original Young's inequality is as follows.

**Theorem 1** ([7]). *Let  $f(x)$  be a continuous and strictly increasing function on  $[0, A]$  for  $A > 0$ . If  $f(0) = 0$ ,  $a \in [0, A]$  and  $b \in [0, f(A)]$ , then*

$$\int_0^a f(x) dx + \int_0^b f^{-1}(x) dx \geq ab, \quad (1)$$

where  $f^{-1}$  is the inverse function of  $f$ . Equality in (1) is valid if and only if  $b = f(a)$ .

The following theorem is a converse of Theorem 1 which was proved in [5].

**Theorem 2** ([5]). *If the functions  $f(x)$  and  $g(x)$  for  $x \geq 0$  are continuous and strictly increasing with  $f(0) = g(0) = 0$ ,  $g^{-1}(x) \geq f(x)$  and*

$$\int_0^a f(x) dx + \int_0^b g(x) dx \geq ab \quad (2)$$

for all  $a > 0$  and  $b > 0$ , then  $f = g^{-1}$ .

The following reversed version of Young's inequality (1) was obtained in [6].

**Theorem 3** ([6]). *Under the assumptions of Theorem 1, inequality*

$$\min\left\{1, \frac{b}{f(a)}\right\} \int_0^a f(t) dt + \min\left\{1, \frac{a}{f^{-1}(b)}\right\} \int_0^b f^{-1}(t) dt \leq ab, \quad (3)$$

holds. Equality in (3) is valid if and only if  $b = f(a)$ .

For more information on Young's inequality, please refer to [1, pp. 651–653], [2, pp. 48–50], [3, Chapter XIV, pp. 379–389] and the references therein.

In this short note, we would like to refine Young's inequality (1) by a double inequality below.

**Theorem 4.** *Let  $f(x)$  be a continuous, differentiable and strictly increasing function on  $[0, A]$  for  $A > 0$ . If  $f(0) = 0$ ,  $a \in [0, A]$ ,  $b \in [0, f(A)]$  and  $f'(x)$  is strictly monotonic on  $[0, A]$ , then*

$$\frac{m}{2} [a - f^{-1}(b)]^2 \leq \int_0^a f(x) dx + \int_0^b f^{-1}(x) dx - ab \leq \frac{M}{2} [a - f^{-1}(b)]^2, \quad (4)$$

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where  $m = \min\{f'(a), f'(f^{-1}(b))\}$  and  $M = \max\{f'(a), f'(f^{-1}(b))\}$ . Equalities in (4) are valid if and only if  $b = f(a)$ .

*Proof.* Changing variable of integration by  $x = f(y)$  and integrating by part of the second integral in (4) yields

$$\begin{aligned} \int_0^a f(x) dx + \int_0^b f^{-1}(x) dx &= \int_0^a f(x) dx + \int_0^{f^{-1}(b)} y f'(y) dy \\ &= \int_0^a f(x) dx + b f^{-1}(b) - \int_0^{f^{-1}(b)} f(x) dx \\ &= b f^{-1}(b) + \int_{f^{-1}(b)}^a f(x) dx \\ &= ab + \int_{f^{-1}(b)}^a [f(x) - b] dx. \end{aligned} \quad (5)$$

From the fourth line in (5), it is easy to see that if  $f^{-1}(b) = a$  then equalities in (4) hold.

If  $f^{-1}(b) < a$ , since  $f(x)$  is strictly increasing, then  $f(x) - b > 0$  for  $x \in (f^{-1}(b), a)$ . By mean value theorem, it is obtained that there exists  $c = c(x)$  satisfying  $f^{-1}(b) < c < x \leq a$  such that  $0 < f(x) - b = [x - f^{-1}(b)] f'(c)$ . Further, by virtue of the monotonicity of  $f'(x)$  on  $[0, A]$ , it is revealed that

$$0 < m \triangleq \min\{f'(a), f'(f^{-1}(b))\} < f'(c) < \max\{f'(a), f'(f^{-1}(b))\} \triangleq M.$$

Consequently,

$$0 < m[x - f^{-1}(b)] < f(x) - b < M[x - f^{-1}(b)].$$

As a result,

$$m \int_{f^{-1}(b)}^a [x - f^{-1}(b)] dx < \int_{f^{-1}(b)}^a [f(x) - b] dx < M \int_{f^{-1}(b)}^a [x - f^{-1}(b)] dx$$

which is equivalent to

$$\frac{m}{2} [a - f^{-1}(b)]^2 < \int_{f^{-1}(b)}^a [f(x) - b] dx < \frac{M}{2} [a - f^{-1}(b)]^2. \quad (6)$$

If  $f^{-1}(b) > a$ , inequalities in (6) can be deduced by a similar argument as above.

Substituting (6) into (5) leads to (4). The proof of Theorem 4 is complete.  $\square$

*Remark 1.* Taking  $f(x) = \sqrt[4]{x^4 + 1} - 1$ ,  $a = 3$  and  $b = 2$  in Theorem 4 and direct calculation gives

$$\begin{aligned} \int_0^3 f(x) dx &= \int_0^3 \sqrt[4]{x^4 + 1} dx - 3, \\ \int_0^2 f^{-1}(x) dx &= \int_0^2 \sqrt[4]{(x+1)^4 - 1} dx = \int_1^3 \sqrt[4]{x^4 - 1} dx, \\ f'(x) &= \frac{x^3}{\sqrt[4]{(x^4 + 1)^3}}, \quad f'(3) = \frac{27}{\sqrt[4]{82^3}}, \quad f'(f^{-1}(2)) = f'(\sqrt[4]{80}) = \frac{8\sqrt[4]{5^3}}{27}, \\ m &= \frac{2\sqrt[4]{5}}{27}, \quad M = \frac{27}{\sqrt[4]{82^3}} \end{aligned}$$

and

$$9 + \frac{\sqrt[4]{5}}{27} \left[ 3 - 2\sqrt[4]{5} \right]^2 < \int_0^3 \sqrt[4]{x^4 + 1} \, dx + \int_1^3 \sqrt[4]{x^4 - 1} \, dx < 9 + \frac{27}{2\sqrt[4]{82^3}} \left[ 3 - 2\sqrt[4]{5} \right]^2$$

which can be computed numerically as

$$9.000004792 \dots < \int_0^3 \sqrt[4]{x^4 + 1} \, dx + \int_1^3 \sqrt[4]{x^4 - 1} \, dx < 9.000042871 \dots$$

This refines the following double inequality

$$9 < \int_0^3 \sqrt[4]{x^4 + 1} \, dx + \int_1^3 \sqrt[4]{x^4 - 1} \, dx < 9.0001$$

in [4, Problem 3].

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