A Clinician Referral and 12-Week Exercise Training Program for Men With Prostate Cancer: Outcomes to 12 Months of the ENGAGE Cluster Randomized Controlled Trial

This is the Accepted version of the following publication


The publisher's official version can be found at http://journals.humankinetics.com/doi/10.1123/jpah.2016-0431
Note that access to this version may require subscription.
Figure 1. Participant flow through the study.

Enrolment of Clinicians

Clinicians assessed for eligibility (n=22)
- Declined to participate (n=7)

Clinicians randomized (n=15)

Allocated to intervention (n=8)
Allocated to control (n=7)

Enrolment of Patients*

Patients assessed for eligibility (n=741)
- Excluded (n=298)

Patients meeting eligibility criteria (n=443)
- Not approached (n=123)

Baseline

Patients invited to participate (n=142)
- Consented to participate (n=54)
  - Questionnaires returned (n=53)
  - Questionnaires not returned (n=1)
- Refused to participate* (n=88)

Patients invited to participate (n=178)
- Consented to participate (n=93)
  - Questionnaires returned (n=91)
  - Questionnaires not returned (n=2)
- Refused to participate* (n=85)

12 Weeks

Questionnaires returned (n=47)
Withdrawn from study (n=4)
Questionnaires not returned (n=3)

Questionnaires returned (n=83)
Withdrawn from study (n=2)
Questionnaires not returned (n=8)

6 Months

Questionnaires returned (n=43)
Withdrawn from study (n=0)
Questionnaires not returned (n=4)

Questionnaires returned (n=78)
Withdrawn from study (n=0)
Questionnaires not returned (n=5)

12 Months

Questionnaires returned (n=43)
Withdrawn from study (n=0)
Questionnaires not returned (n=0)

Questionnaires returned (n=74)
Withdrawn from study (n=0)
Questionnaires not returned (n=4)

* See our previous publication for details.