## Some inequalities for Heinz operator mean

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# Some inequalities for Heinz operator mean 

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#### Abstract

In this paper we obtain some new inequalities for Heinz operator mean.


## 1. Introduction

Throughout this paper $A, B$ are positive invertible operators on a complex Hilbert space $(H,\langle\cdot, \cdot\rangle)$. We use the following notations for operators and $\nu \in[0,1]$

$$
A \nabla_{\nu} B:=(1-\nu) A+\nu B,
$$

the weighted operator arithmetic mean, and

$$
A \not \sharp_{\nu} B:=A^{1 / 2}\left(A^{-1 / 2} B A^{-1 / 2}\right)^{\nu} A^{1 / 2},
$$

the weighted operator geometric mean. When $\nu=\frac{1}{2}$ we write $A \nabla B$ and $A \sharp B$ for brevity, respectively.

Define the Heinz operator mean by

$$
H_{\nu}(A, B):=\frac{1}{2}\left(A \sharp_{\nu} B+A \sharp_{1-\nu} B\right) .
$$

The following interpolatory inequality is obvious

$$
\begin{equation*}
A \sharp B \leq H_{\nu}(A, B) \leq A \nabla B \tag{1}
\end{equation*}
$$

for any $\nu \in[0,1]$.
The famous Young inequality for scalars says that if $a, b>0$ and $\nu \in[0,1]$, then

$$
\begin{equation*}
a^{1-\nu} b^{\nu} \leq(1-\nu) a+\nu b \tag{2}
\end{equation*}
$$

with equality if and only if $a=b$. The inequality (2) is also called $\nu$-weighted arithmetic-geometric mean inequality.

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We recall that Specht's ratio is defined by [11]

$$
S(h):=\left\{\begin{array}{l}
\frac{h^{\frac{1}{h^{-1}}}}{e \ln \left(h^{\frac{1}{h-1}}\right)} \text { if } h \in(0,1) \cup(1, \infty)  \tag{3}\\
1 \text { if } h=1 .
\end{array}\right.
$$

It is well known that $\lim _{h \rightarrow 1} S(h)=1, S(h)=S\left(\frac{1}{h}\right)>1$ for $h>0, h \neq 1$. The function is decreasing on $(0,1)$ and increasing on $(1, \infty)$.

The following inequality provides a refinement and a multiplicative reverse for Young's inequality:

$$
\begin{equation*}
S\left(\left(\frac{a}{b}\right)^{r}\right) a^{1-\nu} b^{\nu} \leq(1-\nu) a+\nu b \leq S\left(\frac{a}{b}\right) a^{1-\nu} b^{\nu} \tag{4}
\end{equation*}
$$

where $a, b>0, \nu \in[0,1], r=\min \{1-\nu, \nu\}$.
The second inequality in (4) is due to Tominaga [12] while the first one is due to Furuichi [4].

The operator version is as follows [4], [12] : For two positive operators $A$, $B$ and positive real numbers $m, m^{\prime}, M, M^{\prime}$ satisfying either of the following conditions:
(i) $0<m I \leq A \leq m^{\prime} I<M^{\prime} I \leq B \leq M I$,
(ii) $0<m I \leq B \leq m^{\prime} I<M^{\prime} I \leq A \leq M I$
we have

$$
\begin{equation*}
S\left(\left(h^{\prime}\right)^{r}\right) A \not \sharp_{\nu} B \leq A \nabla_{\nu} B \leq S(h) A \not \sharp_{\nu} B, \tag{5}
\end{equation*}
$$

where $h:=\frac{M}{m}, h^{\prime}:=\frac{M^{\prime}}{m^{\prime}}$ and $\nu \in[0,1]$.
We observe that, if we write the inequality (5) for $1-\nu$ and add the obtained inequalities, then we get by division with 2 that

$$
S\left(\left(h^{\prime}\right)^{r}\right) H_{\nu}(A, B) \leq A \nabla B \leq S(h) H_{\nu}(A, B)
$$

that is equivalent to

$$
\begin{equation*}
S^{-1}(h) A \nabla B \leq H_{\nu}(A, B) \leq S^{-1}\left(\left(h^{\prime}\right)^{r}\right) A \nabla B \tag{6}
\end{equation*}
$$

where $h:=\frac{M}{m}, h^{\prime}:=\frac{M^{\prime}}{m^{\prime}}$ and $\nu \in[0,1]$.
We consider the Kantorovich's constant defined by

$$
\begin{equation*}
K(h):=\frac{(h+1)^{2}}{4 h}, h>0 \tag{7}
\end{equation*}
$$

The function $K$ is decreasing on $(0,1)$ and increasing on $[1, \infty), K(h) \geq 1$ for any $h>0$ and $K(h)=K\left(\frac{1}{h}\right)$ for any $h>0$.

The following multiplicative refinement and reverse of Young inequality in terms of Kantorovich's constant holds:

$$
\begin{equation*}
K^{r}\left(\frac{a}{b}\right) a^{1-\nu} b^{\nu} \leq(1-\nu) a+\nu b \leq K^{R}\left(\frac{a}{b}\right) a^{1-\nu} b^{\nu} \tag{8}
\end{equation*}
$$

where $a, b>0, \nu \in[0,1], r=\min \{1-\nu, \nu\}$ and $R=\max \{1-\nu, \nu\}$.

The first inequality in (8) was obtained by Zou et al. in [13] while the second by Liao et al. [10].

The operator version is as follows [13], [10]: For two positive operators $A$, $B$ and positive real numbers $m, m^{\prime}, M, M^{\prime}$ satisfying either of the conditions (i) or (ii) above, we have

$$
\begin{equation*}
K^{r}\left(h^{\prime}\right) A \not \sharp_{\nu} B \leq A \nabla_{\nu} B \leq K^{R}(h) A \nVdash_{\nu} B, \tag{9}
\end{equation*}
$$

where $h:=\frac{M}{m}, h^{\prime}:=\frac{M^{\prime}}{m^{\prime}}, \nu \in[0,1] r=\min \{1-\nu, \nu\}$ and $R=\max \{1-\nu, \nu\}$.
We observe that, if we write the inequality (9) for $1-\nu$ and add the obtained inequalities, then we get by division with 2 that

$$
K^{r}\left(h^{\prime}\right) H_{\nu}(A, B) \leq A \nabla B \leq K^{R}(h) H_{\nu}(A, B)
$$

that is equivalent to

$$
\begin{equation*}
K^{-R}(h) A \nabla B \leq H_{\nu}(A, B) \leq K^{-r}\left(h^{\prime}\right) A \nabla B, \tag{10}
\end{equation*}
$$

where $h:=\frac{M}{m}, h^{\prime}:=\frac{M^{\prime}}{m^{\prime}}$ and $\nu \in[0,1]$.
The inequalities (10) have been obtained in [10] where other bounds in terms of the weighted operator harmonic mean

$$
A!_{\nu} B:=\left[(1-\nu) A^{-1}+\nu B^{-1}\right]^{-1}
$$

were also given.
Motivated by the above results, we establish in this paper some new inequalities for the Heinz mean. Related inequalities are also provided.

## 2. Upper and lower bounds for Heinz mean

We start with the following result that provides a generalization for the inequalities (5) and (9):

Theorem 1. Assume that $A, B$ are positive invertible operators and the constants $M>m>0$ are such that

$$
\begin{equation*}
m A \leq B \leq M A \tag{11}
\end{equation*}
$$

in the operator order. Let $\nu \in[0,1], r=\min \{1-\nu, \nu\}$ and $R=\max \{1-\nu, \nu\}$. Then we have the inequalities

$$
\begin{equation*}
\varphi_{r}(m, M) A \not \sharp_{\nu} B \leq A \nabla_{\nu} B \leq \Phi(m, M) A \not \sharp_{\nu} B, \tag{12}
\end{equation*}
$$

where

$$
\Phi(m, M):=\left\{\begin{array}{l}
S(m) \text { if } M<1,  \tag{13}\\
\max \{S(m), S(M)\} \text { if } m \leq 1 \leq M, \\
S(M) \text { if } 1<m,
\end{array}\right.
$$

$$
\varphi_{r}(m, M):=\left\{\begin{array}{l}
S\left(M^{r}\right) \text { if } M<1 \\
1 \text { if } m \leq 1 \leq M \\
S\left(m^{r}\right) \text { if } 1<m
\end{array}\right.
$$

and

$$
\begin{equation*}
\psi_{r}(m, M) A \not \sharp_{\nu} B \leq A \nabla_{\nu} B \leq \Psi_{R}(m, M) A \not \sharp_{\nu} B, \tag{14}
\end{equation*}
$$

where

$$
\begin{align*}
& \Psi_{R}(m, M):=\left\{\begin{array}{l}
K^{R}(m) \text { if } M<1, \\
\max \left\{K^{R}(m), K^{R}(M)\right\} \text { if } m \leq 1 \leq M, \\
K^{R}(M) \text { if } 1<m,
\end{array}\right.  \tag{15}\\
& \psi_{r}(m, M):=\left\{\begin{array}{l}
K^{r}(M) \text { if } M<1, \\
1 \text { if } m \leq 1 \leq M, \\
K^{r}(m) \text { if } 1<m .
\end{array}\right.
\end{align*}
$$

Proof. From the inequality (4) we have

$$
\begin{equation*}
x^{\nu} \min _{x \in[m, M]} S\left(x^{r}\right) \leq S\left(x^{r}\right) x^{\nu} \leq(1-\nu)+\nu x \leq S(x) x^{\nu} \leq x^{\nu} \max _{x \in[m, M]} S(x) \tag{16}
\end{equation*}
$$

where $x \in[m, M], \nu \in[0,1], r=\min \{1-\nu, \nu\}$.
Since, by the properties of Specht's ratio $S$, we have

$$
\max _{x \in[m, M]} S(x)=\left\{\begin{array}{l}
S(m) \text { if } M<1, \\
\max \{S(m), S(M)\} \text { if } m \leq 1 \leq M,=\Phi(m, M) \\
S(M) \text { if } 1<m,
\end{array}\right.
$$

and

$$
\min _{x \in[m, M]} S\left(x^{r}\right)=\left\{\begin{array}{l}
S\left(M^{r}\right) \text { if } M<1 \\
1 \text { if } m \leq 1 \leq M, \\
S\left(m^{r}\right) \text { if } 1<m
\end{array} \quad=\varphi_{r}(m, M),\right.
$$

then by (16) we have

$$
\begin{equation*}
x^{\nu} \varphi_{r}(m, M) \leq(1-\nu)+\nu x \leq x^{\nu} \Phi(m, M) \tag{17}
\end{equation*}
$$

for any $x \in[m, M]$ and $\nu \in[0,1]$.

Using the functional calculus for the operator $X$ with $m I \leq X \leq M I$ we have from (17) that

$$
\begin{equation*}
X^{\nu} \varphi_{r}(m, M) \leq(1-\nu) I+\nu X \leq X^{\nu} \Phi(m, M) \tag{18}
\end{equation*}
$$

for any $\nu \in[0,1]$.
If the condition (11) holds true, then by multiplying in both sides with $A^{-1 / 2}$ we get $m I \leq A^{-1 / 2} B A^{-1 / 2} \leq M I$ and by taking $X=A^{-1 / 2} B A^{-1 / 2}$ in (18) we get

$$
\begin{align*}
\left(A^{-1 / 2} B A^{-1 / 2}\right)^{\nu} \varphi_{r}(m, M) & \leq(1-\nu) I+\nu A^{-1 / 2} B A^{-1 / 2}  \tag{19}\\
& \leq\left(A^{-1 / 2} B A^{-1 / 2}\right)^{\nu} \Phi(m, M)
\end{align*}
$$

Now, if we multiply (19) in both sides with $A^{1 / 2}$ we get the desired result (12).

The second part follows in a similar way by utilizing the inequality

$$
\begin{aligned}
x^{\nu} \min _{x \in[m, M]} K^{r}(x) & \leq K^{r}(x) x^{\nu} \leq(1-\nu)+\nu x \\
& \leq K^{R}(x) x^{\nu} \leq x^{\nu} \max _{x \in[m, M]} K^{R}(x),
\end{aligned}
$$

which follows from (8). The details are omitted.
Remark 1. If (i) $0<m I \leq A \leq m^{\prime} I<M^{\prime} I \leq B \leq M I, h=\frac{M}{m}$ and $h^{\prime}=\frac{M^{\prime}}{m^{\prime}}$ then we have

$$
A \leq \frac{M^{\prime}}{m^{\prime}} A=h^{\prime} A \leq B \leq h A=\frac{M}{m} A
$$

and by (12) we get

$$
\begin{equation*}
S\left(\left(h^{\prime}\right)^{r}\right) A \not \sharp_{\nu} B \leq A \nabla_{\nu} B \leq S(h) A \not \sharp_{\nu} B . \tag{20}
\end{equation*}
$$

If (ii) $0<m I \leq B \leq m^{\prime} I<M^{\prime} I \leq A \leq M I$, then we have

$$
\frac{1}{h} A \leq B \leq \frac{1}{h^{\prime}} A \leq A
$$

and by (12) we get

$$
S\left(\left(\frac{1}{h^{\prime}}\right)^{r}\right) A \not \sharp_{\nu} B \leq A \nabla_{\nu} B \leq S\left(\frac{1}{h}\right) A \not \sharp_{\nu} B,
$$

which is equivalent to (20).
If we use the inequality (14) for the operators $A$ and $B$ that satisfy either of the conditions (i) or (ii), then we recapture (9).

Remark 2. From (12) we get for $\nu=\frac{1}{2}$ that

$$
\begin{align*}
& \left\{\begin{array}{l}
S\left(M^{r}\right) A \sharp B \text { if } M<1, \\
A \sharp B \text { if } m \leq 1 \leq M, \quad \leq A \nabla B \\
S\left(m^{r}\right) A \sharp B \text { if } 1<m,
\end{array}\right.  \tag{21}\\
& \quad \leq\left\{\begin{array}{l}
S(m) A \sharp B \text { if } M<1, \\
\max \{S(m), S(M)\} A \sharp B \text { if } m \leq 1 \leq M, \\
S(M) A \sharp B \text { if } 1<m .
\end{array}\right.
\end{align*}
$$

The following result contains two upper and lower bounds for the Heinz operator mean in terms of the operator arithmetic mean $A \nabla B$ :

Corollary 1. With the assumptions of Theorem 1 we have the following upper and lower bounds for the Heinz operator mean

$$
\begin{equation*}
\Phi^{-1}(m, M) A \nabla B \leq H_{\nu}(A, B) \leq \varphi_{r}^{-1}(m, M) A \nabla B \tag{22}
\end{equation*}
$$

and

$$
\begin{equation*}
\Psi_{R}^{-1}(m, M) A \nabla B \leq H_{\nu}(A, B) \leq \psi_{r}^{-1}(m, M) A \nabla B . \tag{23}
\end{equation*}
$$

Remark 3. If the operators $A$ and $B$ satisfy either of the conditions (i) or (ii) from Remark 1, then we have the inequality

$$
\begin{equation*}
S^{-1}(h) A \nabla B \leq H_{\nu}(A, B) \leq S^{-1}\left(\left(h^{\prime}\right)^{r}\right) A \nabla B \tag{24}
\end{equation*}
$$

and

$$
\begin{equation*}
K^{-R}(h) A \nabla B \leq H_{\nu}(A, B) \leq K^{-r}\left(h^{\prime}\right) A \nabla B . \tag{25}
\end{equation*}
$$

The following result provides an upper and lower bound for the Heinz mean in terms of the operator geometric mean $A \sharp B$ :

Theorem 2. With the assumptions of Theorem 1 we have

$$
\begin{equation*}
\omega(m, M) A \sharp B \leq H_{\nu}(A, B) \leq \Omega(m, M) A \sharp B, \tag{26}
\end{equation*}
$$

where

$$
\Omega(m, M):=\left\{\begin{array}{l}
S\left(m^{|2 \nu-1|}\right) \text { if } M<1  \tag{27}\\
\max \left\{S\left(m^{|2 \nu-1|}\right), S\left(M^{|2 \nu-1|}\right)\right\} \text { if } m \leq 1 \leq M \\
S\left(M^{|2 \nu-1|}\right) \text { if } 1<m
\end{array}\right.
$$

and

$$
\omega(m, M):=\left\{\begin{array}{l}
S\left(M^{\left|\nu-\frac{1}{2}\right|}\right) \text { if } M<1,  \tag{28}\\
1 \text { if } m \leq 1 \leq M, \\
S\left(m^{\left|\nu-\frac{1}{2}\right|}\right) \text { if } 1<m,
\end{array}\right.
$$

where $\nu \in[0,1]$.
Proof. From the inequality (4) we have for $\nu=\frac{1}{2}$

$$
\begin{equation*}
S\left(\sqrt{\frac{c}{d}}\right) \sqrt{c d} \leq \frac{c+d}{2} \leq S\left(\frac{c}{d}\right) \sqrt{c d} \tag{29}
\end{equation*}
$$

for any $c, d>0$.
If we take in (29) $c=a^{1-\nu} b^{\nu}$ and $d=a^{\nu} b^{1-\nu}$ then we get

$$
\begin{equation*}
S\left(\left(\frac{a}{b}\right)^{\frac{1}{2}-\nu}\right) \sqrt{a b} \leq \frac{a^{1-\nu} b^{\nu}+a^{\nu} b^{1-\nu}}{2} \leq S\left(\left(\frac{a}{b}\right)^{1-2 \nu}\right) \sqrt{a b} \tag{30}
\end{equation*}
$$

for any $a, b>0$ for any $\nu \in[0,1]$.
This is an inequality of interest in itself.
If we take in (30) $a=x$ and $b=1$, then we get

$$
\begin{equation*}
S\left(x^{\frac{1}{2}-\nu}\right) \sqrt{x} \leq \frac{x^{1-\nu}+x^{\nu}}{2} \leq S\left(x^{1-2 \nu}\right) \sqrt{x} \tag{31}
\end{equation*}
$$

for any $x>0$.
Now, if $x \in[m, M] \subset(0, \infty)$ then by (31) we have

$$
\begin{equation*}
\sqrt{x} \min _{x \in[m, M]} S\left(x^{\frac{1}{2}-\nu}\right) \leq \frac{x^{1-\nu}+x^{\nu}}{2} \leq \sqrt{x} \max _{x \in[m, M]} S\left(x^{1-2 \nu}\right) \tag{32}
\end{equation*}
$$

for any $x \in[m, M]$.
If $\nu \in\left(0, \frac{1}{2}\right)$, then

$$
\max _{x \in[m, M]} S\left(x^{1-2 \nu}\right)=\left\{\begin{array}{l}
S\left(m^{1-2 \nu}\right) \text { if } M<1 \\
\max \left\{S\left(m^{1-2 \nu}\right), S\left(M^{1-2 \nu}\right)\right\} \text { if } m \leq 1 \leq M \\
S\left(M^{1-2 \nu}\right) \text { if } 1<m
\end{array}\right.
$$

and

$$
\min _{x \in[m, M]} S\left(x^{\frac{1}{2}-\nu}\right)=\left\{\begin{array}{l}
S\left(M^{\frac{1-2 \nu}{2}}\right) \text { if } M<1 \\
1 \text { if } m \leq 1 \leq M \\
S\left(m^{\frac{1-2 \nu}{2}}\right) \text { if } 1<m
\end{array}\right.
$$

If $\nu \in\left(\frac{1}{2}, 1\right)$, then

$$
\begin{aligned}
\max _{x \in[m, M]} S\left(x^{1-2 \nu}\right) & =\max _{x \in[m, M]} S\left(x^{2 \nu-1}\right) \\
& =\left\{\begin{array}{l}
S\left(m^{2 \nu-1}\right) \text { if } M<1, \\
\max \left\{S\left(m^{2 \nu-1}\right), S\left(M^{2 \nu-1}\right)\right\} \text { if } m \leq 1 \leq M, \\
S\left(M^{2 \nu-1}\right) \text { if } 1<m,
\end{array}\right.
\end{aligned}
$$

and

$$
\min _{x \in[m, M]} S\left(x^{\frac{1}{2}-\nu}\right)=\min _{x \in[m, M]} S\left(x^{\nu-\frac{1}{2}}\right)=\left\{\begin{array}{l}
S\left(M^{\frac{2 \nu-1}{2}}\right) \text { if } M<1, \\
1 \text { if } m \leq 1 \leq M, \\
S\left(m^{\frac{2 \nu-1}{2}}\right) \text { if } 1<m
\end{array}\right.
$$

Then by (32) we have

$$
\begin{equation*}
\omega(m, M) \sqrt{x} \leq \frac{x^{1-\nu}+x^{\nu}}{2} \leq \Omega(m, M) \sqrt{x} \tag{33}
\end{equation*}
$$

for any $x \in[m, M]$.
If $X$ is an operator with $m I \leq X \leq M I$, then by (33) we have

$$
\begin{equation*}
\omega(m, M) X^{1 / 2} \leq \frac{X^{1-\nu}+X^{\nu}}{2} \leq \Omega(m, M) X^{1 / 2} \tag{34}
\end{equation*}
$$

If the condition (11) holds true, then by multiplying in both sides with $A^{-1 / 2}$ we get $m I \leq A^{-1 / 2} B A^{-1 / 2} \leq M I$ and by taking $X=A^{-1 / 2} B A^{-1 / 2}$ in (34) we get

$$
\begin{align*}
& \omega(m, M)\left(A^{-1 / 2} B A^{-1 / 2}\right)^{1 / 2}  \tag{35}\\
& \leq \frac{1}{2}\left[\left(A^{-1 / 2} B A^{-1 / 2}\right)^{1-\nu}+\left(A^{-1 / 2} B A^{-1 / 2}\right)^{\nu}\right] \\
& \leq \Omega(m, M)\left(A^{-1 / 2} B A^{-1 / 2}\right)^{1 / 2}
\end{align*}
$$

Now, if we multiply (35) in both sides with $A^{1 / 2}$ we get the desired result (26).

Corollary 2. For two positive operators $A, B$ and positive real numbers $m$, $m^{\prime}, M, M^{\prime}$ satisfying either of the following conditions:
(i) $0<m I \leq A \leq m^{\prime} I<M^{\prime} I \leq B \leq M I$,
(ii) $0<m I \leq B \leq m^{\prime} I<M^{\prime} I \leq A \leq M I$,
we have for $h=\frac{M}{m}$ and $h^{\prime}=\frac{M^{\prime}}{m^{\prime}}$ that

$$
\begin{equation*}
S\left(\left(h^{\prime}\right)^{\left|\nu-\frac{1}{2}\right|}\right) A \sharp B \leq H_{\nu}(A, B) \leq S\left(h^{|2 \nu-1|}\right) A \sharp B, \tag{36}
\end{equation*}
$$

where $\nu \in[0,1]$.

## 3. Related Results

We call Heron means, the means defined by

$$
F_{\alpha}(a, b):=(1-\alpha) \sqrt{a b}+\alpha \frac{a+b}{2}
$$

where $a, b>0$ and $\alpha \in[0,1]$.
In [1], Bhatia obtained the following interesting inequality between the Heinz and Heron means

$$
\begin{equation*}
H_{\nu}(a, b) \leq F_{(2 \nu-1)^{2}}(a, b) \tag{37}
\end{equation*}
$$

where $a, b>0$ and $\alpha \in[0,1]$.
This inequality can be written as

$$
\begin{equation*}
(0 \leq) H_{\nu}(a, b)-\sqrt{a b} \leq(2 \nu-1)^{2}\left(\frac{a+b}{2}-\sqrt{a b}\right) \tag{38}
\end{equation*}
$$

where $a, b>0$ and $\alpha \in[0,1]$.
Making use of a similar argument to the one in the proof of Theorem 1 we can state the following result as well:

Theorem 3. Assume that $A, B$ are positive invertible operators and $\nu \in$ $[0,1]$. Then

$$
\begin{equation*}
(0 \leq) H_{\nu}(A, B)-A \sharp B \leq(2 \nu-1)^{2}(A \nabla B-A \sharp B) \tag{39}
\end{equation*}
$$

Moreover, if there exists the constants $M>m>0$ such that the condition (11) is true, then we have the simpler upper bound

$$
\begin{equation*}
(0 \leq) H_{\nu}(A, B)-A \sharp B \leq \frac{1}{2}(2 \nu-1)^{2}(\sqrt{M}-\sqrt{m})^{2} \tag{40}
\end{equation*}
$$

Kittaneh and Manasrah [5], [6] provided a refinement and an additive reverse for Young inequality as follows:

$$
\begin{equation*}
r(\sqrt{a}-\sqrt{b})^{2} \leq(1-\nu) a+\nu b-a^{1-\nu} b^{\nu} \leq R(\sqrt{a}-\sqrt{b})^{2} \tag{41}
\end{equation*}
$$

where $a, b>0, \nu \in[0,1], r=\min \{1-\nu, \nu\}$ and $R=\max \{1-\nu, \nu\}$.
If we replace in (41) $\nu$ with $1-\nu$, add the obtained inequalities and divide by 2 , then we get

$$
\begin{equation*}
r(\sqrt{a}-\sqrt{b})^{2} \leq \frac{a+b}{2}-H_{\nu}(a, b) \leq R(\sqrt{a}-\sqrt{b})^{2} \tag{42}
\end{equation*}
$$

where $a, b>0, \nu \in[0,1]$.
We also have by (42) that, see [7] and [8]:
Theorem 4. Assume that $A, B$ are positive invertible operators and $\nu \in$ $[0,1]$. Then

$$
\begin{equation*}
2 r(A \nabla B-A \sharp B) \leq H_{\nu}(A, B)-A \sharp B \leq 2 R(A \nabla B-A \sharp B) \tag{43}
\end{equation*}
$$

Since $(2 \nu-1)^{2} \leq 2 \max \{1-\nu, \nu\}$ for any $\nu \in[0,1]$, it follows that the inequality (39) is better than the right side of (43).

In [2], by using the equality

$$
\begin{equation*}
\frac{a+b}{2}+\frac{2 a b}{a+b}-2 \sqrt{a b}=\frac{(\sqrt{a}-\sqrt{b})^{4}}{2(a+b)} \geq 0 \tag{44}
\end{equation*}
$$

for $a, b>0$, the authors obtained the interesting inequality

$$
\begin{equation*}
\frac{1}{2}[A(a, b)+H(a, b)] \geq G(a, b) \tag{45}
\end{equation*}
$$

where $A(a, b)$ is the arithmetic mean, $H(a, b)$ is the harmonic mean and $G(a, b)$ is the geometric mean of positive numbers $a, b$.

Now, if we replace $a$ by $a^{1-\nu} b^{\nu}$ and $b$ by $a^{\nu} b^{1-\nu}$ in (45) then we get the following result for Heinz means

$$
\begin{equation*}
\frac{1}{2}\left[H_{\nu}(a, b)+H_{\nu}^{-1}\left(a^{-1}, b^{-1}\right)\right] \geq G(a, b) \tag{46}
\end{equation*}
$$

for any for $a, b>0$ and $\nu \in[0,1]$.
Since

$$
\frac{1}{2 \max \{a, b\}} \leq \frac{1}{a+b} \leq \frac{1}{2 \min \{a, b\}},
$$

then by (44) we have
(47) $\frac{1}{4} \frac{(\sqrt{a}-\sqrt{b})^{4}}{\max \{a, b\}} \leq \frac{1}{2}[A(a, b)+H(a, b)]-G(a, b) \leq \frac{1}{4} \frac{(\sqrt{a}-\sqrt{b})^{4}}{\min \{a, b\}}$, for any for $a, b>0$.

Since $(\sqrt{a}-\sqrt{b})^{2}=2[A(a, b)-G(a, b)]$,

$$
\frac{(\sqrt{a}-\sqrt{b})^{2}}{\max \{a, b\}}=\frac{(\sqrt{a}-\sqrt{b})^{2}}{(\max \{\sqrt{a}, \sqrt{b}\})^{2}}=\left(1-\frac{\min \{\sqrt{a}, \sqrt{b}\}}{\max \{\sqrt{a}, \sqrt{b}\}}\right)^{2}
$$

and

$$
\frac{(\sqrt{a}-\sqrt{b})^{2}}{\min \{a, b\}}=\left(\frac{\max \{\sqrt{a}, \sqrt{b}\}}{\min \{\sqrt{a}, \sqrt{b}\}}-1\right)^{2},
$$

then the inequality (47) can be written as

$$
\begin{align*}
& \frac{1}{2}\left(1-\frac{\min \{\sqrt{a}, \sqrt{b}\}}{\max \{\sqrt{a}, \sqrt{b}\}}\right)^{2}[A(a, b)-G(a, b)]  \tag{48}\\
& \leq \frac{1}{2}[A(a, b)+H(a, b)]-G(a, b)
\end{align*}
$$

$$
\leq \frac{1}{2}\left(\frac{\max \{\sqrt{a}, \sqrt{b}\}}{\min \{\sqrt{a}, \sqrt{b}\}}-1\right)^{2}[A(a, b)-G(a, b)]
$$

for any for $a, b>0$.
If $a, b \in[m, M] \subset(0, \infty)$, then by (48) we get

$$
\begin{align*}
\frac{1}{2}\left(1-\sqrt{\frac{m}{M}}\right)^{2}[A(a, b)-G(a, b)] & \leq \frac{1}{2}[A(a, b)+H(a, b)]-G(a, b)  \tag{49}\\
& \leq \frac{1}{2}\left(\sqrt{\frac{M}{m}}-1\right)^{2}[A(a, b)-G(a, b)]
\end{align*}
$$

Similar results may be stated for the corresponding operator means, however the details are nor presented here.

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