Sports Club for Health movement in published media: a systematic scoping review

Prof Željko Pedišić, PhD,* Institute for Health and Sport, Victoria University, Melbourne, Australia

A/Prof Hrvoje Podnar, PhD, Faculty of Kinesiology, University of Zagreb, Zagreb, Croatia A/Prof Ivan Radman, PhD, Faculty of Kinesiology, University of Zagreb, Zagreb, Croatia

*Corresponding author

Abstract

From its very beginning, members of the Sports Club for Health (SCforH) consortium have recognised the importance of disseminating the SCforH ideas through published media. SCforH guidelines and other publications written by the members of SCforH consortium have significantly contributed to the development and wide recognition of the SCforH movement in Europe. Numerous academic and non-academic SCforH-related publications have been released. However, no previous studies have systematically recorded them and analysed their scope. As part of this book chapter, we therefore conducted a systematic scoping review of SCforH-related publications. The search encompassed academic and non-academic publications that refer to SCforH concepts, activities, and outputs. For academic publications released in the period from 2008 to 2015, we conducted searches in 8 bibliographic databases and proceedings of 28 conferences. Search of non-academic publications was conducted in Bing, Google, Google Scholar, and Yahoo. We searched for mentions of the abbreviation "SCforH" and the phrase "Sports Clubs for Health" (alongside its three common misspellings). An updated search was conducted in December 2022, to capture the recent SCforH-related academic publications. Here, we focused exclusively on the publications from the two international SCforH projects funded by the European Commission that were carried out since 2015. We found a total of 176 'SCforH-citing' academic and non-academic publications from the 2008 - 2015 period and 20 publications written as part of the SCforH 2015-17 and SCforH 2020-22 projects. This included several types of publications, from articles published in scientific journals that are primarily intended for the academic audience to a textbook that is primarily intended for sport practitioners, as well as from short communications such as conference abstracts to comprehensive texts such as an edited book. There is generally increasing trend in the number of SCforH-related publications, but their number significantly drops during the periods between funded SCforH projects. Future SCforH dissemination strategies should aim to increase media presence in the periods between funded projects, while maintaining the high number and diversity of publications.

1. Introduction

Since its foundation in 2008, the Sports Club for Health (SCforH) movement has played an important role in the European sports sector, particularly in the promotion of health-enhancing sports activities through sports clubs and associations (1, 2). From its very beginning, members of the SCforH consortium have recognised the importance of disseminating the SCforH ideas through published media. Moreover, the SCforH movement, especially in its early stages, was centred around the development of SCforH guidelines (3-5)—the document that has later become the basis for many other published SCforH outputs.

Publications written by members of the SCforH consortium have significantly contributed to the development and wide recognition of the SCforH movement in Europe. These publications include academic items, such as articles in scientific journals and conference abstracts, and non-academic items, such as newsletters and posts on social media. Numerous such publications have been prepared and released within and outside the three international SCforH projects funded by the European Commission. However, no previous studies have systematically recorded them and analysed their scope. As part of this book chapter, we therefore conducted a systematic scoping review of SCforH-related publications.

2. Methods

The original systematic search of academic and non-academic publications was conducted as part of the second funded, international SCforH project (SCforH 2015-17). The search encompassed academic and non-academic publications dating from 2008 to 2015 that refer to SCforH concepts, activities, or outputs. We used the following keywords: 'Sports Club for Health'; 'Sport Clubs for Health'; 'Sport Club for Health'; 'Sports Clubs for Health'; and 'SCforH'. When referring to such publications, in the text that follows we used the term 'SCforH-citing' publications. Note that this term encompassed all documents that: [i] are dedicated to a SCforH-related topic; [ii] describe or mention SCforH activities, outputs, or concepts; and/or [iii] cite a SCforH document.

Academic literature was searched through the following bibliographic databases: Academic Search Complete; CINAHL; Google Scholar; Health Source: Nursing/Academic edition; MasterFILE Premier; PubMed/MEDLINE, Scopus, and Web of Science (Science Citation Index Expanded, Social Sciences Citation Index, and Arts & Humanities Citation Index). The keywords were searched across "All fields" (PubMed/MEDLINE and Scopus), "Topic" (Web of Science), "Anywhere in the article" (Google Scholar) and "TX All Text" (Academic Search Complete, CINAHL, Health Source: Nursing/Academic edition, and MasterFILE Premier). Additionally, 28 proceedings of key European and international conferences on physical activity were manually screened. These included: [i] 8 proceedings of "Annual Congresses of the European College of Sport Science"; [ii] 8 proceedings of "Annual meetings of the International Society of Behavioral Nutrition and Physical Activity - ISBNPA"; [iii] 8 proceedings of "Annual meetings/ conferences of HEPA Europe"; and [iv] 4 proceedings of "International Congress on Physical Activity and Public Health - ICPAPH". Furthermore, search of non-academic publications was conducted using the following web search engines: Bing, Google, Google Scholar, and Yahoo. Mentions of SCforH concepts, activities, and outputs were also specifically searched on two social media websites - Facebook and Twitter.

The search was conducted independently by two authors of this report (HP and IR), from September 4 to October 7, 2015. All identified publications were further selected according to

the context in which SCforH keywords were mentioned. For this purpose, the documents written in a language other than English were translated into English using the Google Translate tool. Only publications that specifically address the SCforH project, concepts, or guidelines were selected for the review. Inconsistencies in findings of independent searches were discussed between HP and IR until a consensus was reached. In the final stage of the selection process, $\tilde{Z}P$ checked all selected documents, to verify that they met the inclusion criteria. Data from the selected papers were extracted by HP and IR, and assessed for accuracy and consistency by $\tilde{Z}P$.

An updated search was conducted in December 2022, to capture the SCforH-related publications that have been released since October 2015. As the number of 'SCforH-citing' publications has significantly increased in the recent years, in the updated search we focused exclusively on the publications from the two international SCforH projects funded by the European Commission that were carried out since 2015. We identified the publications: [i] in the final report from the SCforH 2015-17 project submitted to the European Commission; [ii] in the final report from the SCforH 2020-22 project that was, at the time of the search, in preparation for submission to the European Commission; [iii] on the official SCforH website; and [iv] on the official social media profiles of the SCforH consortium on Facebook, Instagram, Twitter, and YouTube.

3. Findings for the period from 2008 to 2015

3.1. Search results

In the original systematic search, we found a total of 176 'SCforH-citing' publications (3, 4, 6-179). The search of academic literature through bibliographic databases and conference proceedings yielded 53 hits (Table 1). Most of them were found in Google Scholar (n = 41), whilst some were identified in Scopus (n = 4) and by manually searching through the conference proceedings (n = 8). No documents were found in the other bibliographic databases. All documents were thoroughly reviewed and 25 unique publications met the inclusion criteria. Additional 8 documents were included from the authors' personal databases, resulting in the total number of 33 unique 'SCforH-citing' academic publications. A complete list of 'SCforH-citing' academic documents and their descriptions can be found in Supplementary table 1.

In the search of non-academic publications, 141 items were found using Bing, Google, Goggle Scholar, and Yahoo Internet search engines (46, 59, 5, and 31 items, respectively; Table 1). Additional 52 items were found on Facebook and Twitter (19 and 33 items, respectively). After removing duplicate search results across databases, 138 unique items were left. Additional 5 documents were included from the authors' personal databases, resulting in the total number of 143 unique non-academic items. A complete list of 'SCforH-citing' non-academic items and their descriptions can be found in Supplementary table 2. TABLE 1. SEARCH RESULTS: 'SCFORH-CITING' ACADEMIC PUBLICATIONS AND NON-ACADEMIC ITEMS

Academic literature		Non-academic publications					
Database	Number of documents	Search engine	Number of documents				
Academic Search Complete	0	Bing	46				
CINAHL	0	Google	59				
Google Scholar	41	Google Scholar	5				
Health Source: Nursing*	0	Yahoo	31				
MasterFILE Premier	0	Facebook	19				
PubMed/MEDLINE	0	Twitter	33				
Scopus	4	Personal database	5				
Web of Science	0						
Conference proceedings**	8						
Personal databases	8						
Overall	61		198				
Duplicates	28		55				
Unique documents	33		143				

*Academic edition

**Manual search through the proceedings of the "Annual Congresses of the European College of Sport Science - ECSS", "Annual meetings of the International Society of Behavioral Nutrition and Physical Activity - ISBNPA", "Annual meetings/conferences of HEPA Europe", and "International Congress on Physical Activity and Public Health - ICPAPH"

3.2. Document types

The SCforH-related academic publications included 10 journal articles, 8 conference abstracts, 7 master's theses, 3 conference papers, 3 books, 1 doctoral thesis, and 1 book chapter (Figure 1, Table 2), whilst the non-academic items encompassed 33 Tweets, 29 news articles / press releases, 21 reports, 19 Facebook posts, 11 presentations (e.g. PowerPoint presentation), 4 policy documents, 3 project proposals or descriptions, 3 YouTube videos clips, 3 workshop/conference/seminar programmes, and 17 other documents (Figure 2, Table 2). Efforts should be made to maintain the diversity of 'SCforH-citing' documents, and to further increase the presence in globally popular media such as YouTube, Twitter, and Facebook.

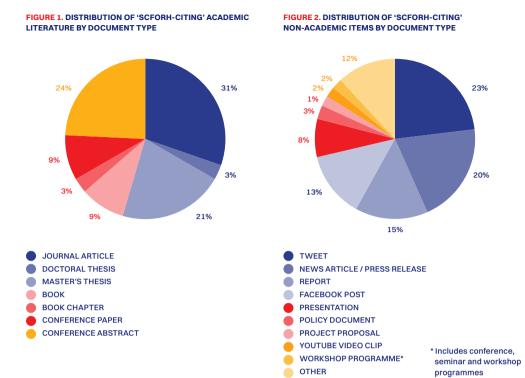


TABLE 2. 'SCFORH-CITING' PUBLICATIONS BY YEAR OF PUBLICATION AND DOCUMENT TYPE

	Document type	2008	2009	2010	2011	2012	2013	2014	2015	n/a	Total
	Book	-	-	1	-	-	2	-	-	-	3
0	Book chapter	-	-	-	-	-	-	1	-	-	1
Academic literature	Conference abstract	1	-	1	3	-	1	1	1	-	8
ic lite	Conference paper	-	-	-	1	-	-	2	-	-	3
adem	Doctoral thesis	-	-	-	-	1	-	-	-	-	1
Ac	Journal article	-	-	1	-	1	3	5	-	-	10
	Master's thesis	-	-	-	1	3	1	1	1	-	7
Fotal	otal academic literature		-	3	5	5	7	10	2	-	33

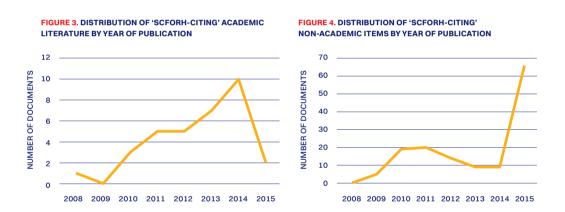
	Document type	2008	2009	2010	2011	2012	2013	2014	2015	n/a	Total
	Blog post	-	-	-	-	-	-	-	1	-	1
	Brochure	-	-	-	1	-	-	-	-	-	1
	Conference programme	-	-	-	-	-	-	-	1	-	1
	Document	-	-	-	-	1	-	-	-	-	1
	Institutional profile	-	-	-	-	-	-	1	-	-	1
	News article / press release	-	-	3	9	2	2	2	11	-	29
	Official 'SCforH 2015- 17' project website	-	-	-	-	-	-	-	1	-	1
	Official 'SCforH 2009- 11' project website	-	-	-	1	-	-	-	-	-	1
	Policy document	-	-	-	-	-	3	-	1	-	4
	Presentation	-	3	1	1	2	2	-	2	-	11
	Project information	-	-	-	-	1	-	-	4	-	5
	Project proposal	-	-	2	-	-	-	1	-	-	3
	Publication list	-	-	-	1	1	-	1	-	-	3
	Quotation	-	-	-	1	-	-	-	-	-	1
	Report	-	2	5	4	5	1	2	2	-	21
	Seminar programme	-	-	-	-	-	-	-	1	-	1
	Working plan	-	-	1	-	-	-	-	-	-	1
	Workshop programme	-	-	1	-	-	-	-	-	-	1
	YouTube video clip	-	-	3	-	-	-	-	-	-	3
	Facebook post	-	-	1	1	1	-	-	16	-	19
	Tweet	-	-	2	1	1	1	2	26	-	33
	Unknown	-	-	-	-	-	-	-	-	1	1
tal	non-academic items	0	5	19	20	14	9	9	66	1	143

Note: n/a = year not available

3.3. Time trends

The number of 'SCforH-citing' academic documents gradually increased from 1 document published in 2008 to 10 documents published in 2014 (Table 2, Figure 3). The low number of academic documents found for the year 2015 is unlikely to be a valid estimate, because the literature search took place three months before the end of the year. The estimate may have also been influenced by the time lag between publishing documents in academic media and indexing them in bibliographic databases. Nevertheless, a relatively large and constant increase in the number of 'SCforH-citing' academic publications over the preceding years may be considered as evidence of growing recognition of SCforH-related concepts, activities, and outputs among academics. Effort should be made by academics involved in HEPA Europe SC-forH working group and future SCforH projects to maintain this positive trend in the forthcoming years.

The highest number of 'SCforH-citing' non-academic items was observed for the 2010/11 biennium (39 items) and year 2015 (66 items) (Table 2, Figure 4), which corresponds with the most active period of 'SCforH 2009-11' project and the first year of 'SCforH 2015-17' project. This shows that the dissemination through published media clearly benefited from the European Union funded projects. Effort should be made to keep on increasing the number of non-academic publications. It would also be important to maintain a strong media presence during the periods between funded projects, in which the HEPA Europe SCforH working group should play a key role.



3.4. Visibility

The dissemination potential of published media is directly dependent on the size of their readership. No exact data are available on the number of readers of 'SCforH-citing' documents. Nevertheless, the SCforH dissemination potential may be assessed indirectly by reviewing in which media were 'SCforH-citing' documents published. Specifically, for academic publications we identified the scholarly databases in which they are indexed, and whether or not the general public is granted open access to them (Table 3). For the websites that published 'SCforH-citing' non-academic items, we presented the distribution across different types of providers (Figure 5), and, using services at SimilarWeb.com, estimated the number of their monthly visits (averaged over the last 6 months) (Figure 6). Additionally, using two independent sources - SimilarWeb.com and Alexa.com, we determined global popularity ranks for the websites that published 'SCforH-citing' non-academic items (Figures 7 and 8).

Publication	Source	Access	Indexed in
Bauman et al. 2014	Profilakticheskaya Meditsina	Open	Google Scholar, Russian Science Citation Index
Kokko 2014	Health Promotion Practice	Restricted	CAB Abstracts, CABI, CINAHL, Google Scholar, Index Medicus, MEDLINE, ProQuest, PsycINFO, Scopus, Thomson Reuters: ESCI
Cingiene and Laskiene 2014b	Health policy and management	Open	EBSCOhost, Google Scholar, ProQuest
Martin-Diener et al. 2014	Swiss Journal for Sports Medicine and Traumatology	Open	Scopus, University of Zurich - Zurich Open Repository and Archive
Vuillemin et al. 2014	Profilakticheskaya Meditsina	Open	Google Scholar, Russian Science Citation Index
Titze et al. 2013	Journal of Science and Medicine in Sport	Restricted	Google Scholar, Index Medicus, MEDLINE, Science Direct, Scopus Thomson Reuters: SCIE
Koski 2012	International Journal of Sport Policy and Politics	Restricted	CABI, EBSCOhost, Google Schola ProQuest, Scopus
Al-Kuwari and Ibrahim 2013	Aspetar Sports Medicine Journal	Open	Google Scholar
Romeo-Velilla et al. 2013	Journal of Sport for Development	Open	ULRICH web, Google Scholar
Chatzigianni 2010	Sport&EU Review	Open	EBSCOhost, Google Scholar, International Platform of Sports Law Journals
Geidne 2012	Örebro University	Open	DiVA - Örebro University Library, Google Scholar

TABLE 3. SOURCES AND INDEXING OF 'SCFORH-CITING' ACADEMIC LITERATURE

	Vara 2015	Laurea University of Applied Sciences	Open	Google Scholar, Theseus - Open Repository of the Finnish Universities of Applied Sciences
	Kettunen 2014	University of Jyväskylä	Open	Google Scholar, JYKDOK- catalogue, Jyväskylä University Digital Archive
000	Marsalo 2013	University of Jyvåskylå	Open	Google Scholar, JYKDOK- catalogue, Jyväskylä University Digital Archive
	Huhtanen 2012	Haaga-Helia University of Applied Sciences	Open	Google Scholar, Theseus - Open Repository of the Finnish Universities of Applied Sciences
	Hyttinen 2012	University of Jyvåskylå	Open	Google Scholar, JYKDOK- catalogue, Jyväskylä University Digital Archive
	Pluim 2011	University of Liverpool	Open	Google Scholar
	Viitanen 2012	University of Jyvåskylå	Open	Google Scholar, JYKDOK- catalogue, Jyväskylä University Digital Archive
	Kornbeck 2013	Books on Demand	Open	Google Scholar
SUCC	Talbot et al 2013	International Council of Sport Science and Physical Education	Open	Google Scholar, NISB Kennisbank Catalogue
	Savola et al. 2010	lssuu.com	Open	Google Scholar
poor clighters	ltkonen and Kokko 2014	Karelia ENPI CBC	Open	Google Scholar
	Heimer 2014	7th International Scientific Conference on Kinesiology	Open	CROSBI, Google Scholar, National and University Library Zagreb
	Laskiene and Cingiene 2014a	10th International Scientific Conference on Valeology	Open	eKhNUIR, Google Scholar, KhNMU Repository, Odessa National Library, Vernadsky National Library of Ukraine
3	Heimer 2011	6th International Scientific Conference on Kinesiology	Open	CROSBI, Google Scholar, National and University Library Zagreb

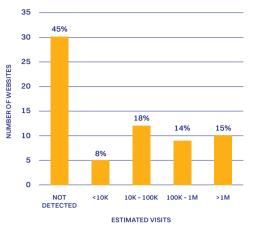
Kokko et al. 2015	6th Conference of HEPA Europe	Open	-
Pedisic et al. 2014	5th Conference of HEPA Europe	Open	Google Scholar, NISB Kennisbank Catalogue, University of Zurich - Zurich Open Respository and Archive
Lane and Murphy 2013	4th Conference of HEPA Europe	Open	NISB Kennisbank Catalogue
Gottin 2011	3rd Conference of HEPA Europe	Open	-
Kokko et al. 2011a	3rd Conference of HEPA Europe	Open	-
Kokko et al. 2011b	3rd Conference of HEPA Europe	Open	-
Wanner et al. 2010	2nd Conference of HEPA Europe	Open	NISB Kennisbank Catalogue
Savola 2008	1st Conference of HEPA Europe	Open	-

Among the relatively large number of 'SCforH-citing' academic journal articles, only few belong to 'high-impact' journals indexed in bibliographic databases such as MEDLINE, Scopus, and Thomson Reuters: SCIE. Greater effort should, therefore, be made to publish articles about SCforH in 'high-impact' journals, and spread the word about SCforH concepts, activities, and outputs among researchers in relevant fields. Furthermore, six out of eight 'SCforH-citing' doctoral and master's theses were written by students at Finnish universities. To improve this mode of SCforH dissemination, academic staff from other universities should also be encouraged to include SCforH related topics in their curricula, particularly in sports science and public health courses. Furthermore, 'SCforH-citing' conference papers and abstracts were presented at HEPA Europe conferences (72.7%), International Scientific Conference on Kinesiology (18.2%) and International Scientific Conference on Valeology (9.1%). Future SCforH dissemination would benefit from presentations at other international research conferences in the field of public health and sports science, such as "Annual Congresses of the European College of Sport Science - ECSS", "Annual meetings of the International Society of Behavioral Nutrition and Physical Activity - ISBNPA", and "International Congress on Physical Activity and Public Health - ICPAPH". Additionally, to reach even wider audience, presence should also be increased at local conferences and at symposia of public health promoters and sport practitioners.

FIGURE 5. DISTRIBUTION OF 'SCFORH-CITING' WEBSITES ACROSS DIFFERENT TYPES OF PROVIDERS



FIGURE 6. ESTIMATED NUMBER OF VISITS TO 'SCFORH-CITING' WEBSITES PER MONTH



Note: ACAD = General academic; BLOG = Personal blog; FOUN = Foundation; MED = Media; INST = Institution; ORG = Organisation/Association; PUBL = Publisher

Note: Estimated using SimilarWeb.com; Averaged over the last 6 months

The 'SCforH-citing' non-academic items were published on 66 unique websites. Most of them were organisational websites (51.5%), followed by institutional (13.6%), mass media (13.6%), and academic websites (12.1%). To gain more publicity, actors in SCforH dissemination should seek to publish more on media websites, as they are likely to reach the widest audience.

For 30 websites, no estimates on the number of visits could be provided, as they were not yet included in the SimilarWeb.com database or their traffic was too low to provide credible estimates. Out of the remaining 36 websites, 13.9%, 33.3%, 25.0% and 27.8% counted less than 10 thousand, 10 to 100 thousand, 100 thousand to 1 million, and more than 1 million visits per month, respectively. It should be noted that these estimates are for the whole websites, and not exclusively for their sections where 'SCforH-citing' items were published. These figures show that a significant number of 'SCforH-citing' non-academic items were published on high traffic websites. Furthermore, the total number of websites in the world is around 1 billion. According to both SimilarWeb.com and Alexa.com, most websites that published 'SCforH-citing' items were ranked among the top 10 million, that is, top 1% of websites globally. The dissemination of SCforH concepts and outputs through popular websites with large readership and high traffic rates seems to be promising, and should be continued in the years to come.

FIGURE 7. DISTRIBUTION OF 'SCFORH-CITING' WEBSITES BY GLOBAL POPULARITY (SIMILARWEB)

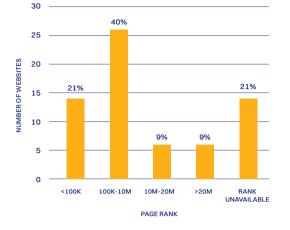
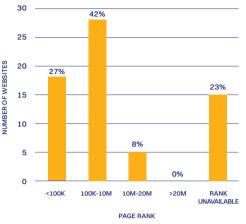


FIGURE 8. DISTRIBUTION OF 'SCFORH-CITING' WEBSITES BY GLOBAL POPULARITY (ALEXA)



3.5. Geographical distribution

A total of 61 persons authored or co-authored 'SCforH-citing' academic documents (Table 4). Most of them were from the European Union (77.0%) or from the European continent (91.8%). Country-wise, the highest number of authors was found for Finland (31.1%), Switzerland (14.8%), United Kingdom (14.8%), Croatia (6.6%), and Australia (4.9%; Figure 9). In total, 13 out of 28 European Union member states were represented by the authorship of 'SCforH-citing' academic documents. Similar distributions were determined for the number of 'SCforH-citing' documents. Most of the academic documents were authored by one author or a group of authors from a single country (69.7%), and could, therefore, be credited to a given country. The remaining 30.3% publications involved authors from two or more countries and were, therefore, classified as "international" documents. The countries with most 'SCforH-citing' academic documents were Finland (30.3%), Croatia (6.1%), and Lithuania (6.1%; Figure 11).

The 'SCforH-citing' non-academic items were authored by a total of 84 persons or institutions (Table 4). Most of the authors/institutions were from the European Union (81.0%) or from the European continent (83.3%). The authors were from 14 European Union member states, Switzerland, and 6 non-European countries. The states with the greatest contribution to the authorship were Finland (33.3%), Italy (9.5%), Ireland (8.3%), Germany (4.0%), Netherlands (4.0%), and Sweden (4.0%; Figure 10). Furthermore, out of 143 published non-academic items, 81.8% can be attributed to the European Union. Two thirds of them were authored by Finnish (31.5%) and international organisations/groups of authors (33.6%), whilst the remaining third was split between Ireland (7.0%), Italy (5.6%), Belgium (3.5%), and other countries (18.8%; Figure 12).

Country	Α	cademic	literatu	ire	Non-academic items				
		ber of hors		ber of ments*		ber of ors**		ber of ms*	
	N	%	N	%	N	%	N	%	
Austria	1	1.6	-	-	-	-	-	-	
Belgium	1	1.6	-	-	 2	2.4	5	3.5	
Bulgaria	-	-	-	-	-	-	-	-	
Croatia	4	6.6	2	6.1	-	-	-	-	
Cyprus	-	-	-	-	-	-	-	-	
Czech Rep.	-	-	-	-	1	1.2	1	0.7	
Denmark	-	-	-	-	1	1.2	-	-	
Estonia	-	-	-	-	1	1.2	4	2.8	
Finland	19	31.1	10	30.3	28	33.3	45	31.5	
France	1	1.6	-	-	-	-	-	-	
Germany	2	3.3	1	3.0	3	3.6	1	0.7	
Greece	1	1.6	1	3.0	-	-	-	-	
Hungary	-	-	-	-	-	-	-	-	
Ireland	2	3.3	1	3.0	7	8.3	10	7.0	
Italy	2	3.3	1	3.0	8	9.5	8	5.6	
Latvia	-	-	-	-	-	-	-	-	
Lithuania	2	3.3	2	6.1	-	-	-	-	
Luxembourg	-	-	-	-	 -	-	-	-	
Malta	-	-	-	-	 -	-	-	-	
Netherlands	2	3.3	1	3.0	 3	3.6	4	2.8	
Poland	-	-	-	-	 1	1.2	1	0.7	
Portugal	-	-	-	-	-	-	-	-	

Switzerland USA International	9 - -	14.8 - -	1 - 10	3.0 - 30.3		1 1 14	1.2 1.2 16.7	1 1 48	0.7 0.7 33.6
Switzerland	9	14.8	1	3.0		1	1.2	1	0.7
South Africa	-	-	-	-		1	1.2	1	0.7
Qatar	2	3.3	1	3.0		-	-	-	-
Pakistan	-	-	-	-		1	1.2	1	0.7
Iran	-	-	-	-		1	1.2	1	0.7
Cambodia	-	-	-	-		1	1.2	1	0.7
Brazil	-	-	-	-		1	1.2	1	0.7
Australia	3	4.9	-	-		-	-	-	-
United Kingdom	9	14.8	1	3.0		2	2.4	2	1.4
Sweden	1	1.6	1	3.0		3	3.6	4	2.8
Spain	-	-	-	-		2	2.4	2	1.4
Slovenia	-	-	-	-		-	-	-	-
Slovakia	-	-	-	-		-	-	-	-
Romania	-	-	-	-		1	1.2	1	0.7
S	lovakia	lovakia -	lovakia	lovakia	lovakia	lovakia	lovakia	lovakia	lovakia

* Number of documents with all authors from a given country

** Includes persons or institutions as authors

All 12 countries involved in either 'SCforH 2009-11' or 'SCforH 2015-17' project contributed to 'SCforH-citing' publications. Out of the remaining 16 European Union member states, only 7 (43.8%) were involved in publishing academic and/or non-academic documents in this space. This indicates that the partnership of a given country in the SCforH projects was a significant predictor of its contribution to SCforH dissemination through published media. Finnish and international authors and organisations played by far the greatest role in this mode of dissemination. This is not surprising, because out of 32 partner or supporting organisations in the 'SCforH 2009-11' and 'SCforH 2015-17' projects, 13 (40.6%) were Finnish and 5 (15.6%) were international.

FIGURE 9. NUMBER OF AUTHORS OF 'SCFORH-CITING' ACADEMIC LITERATURE BY COUNTRY

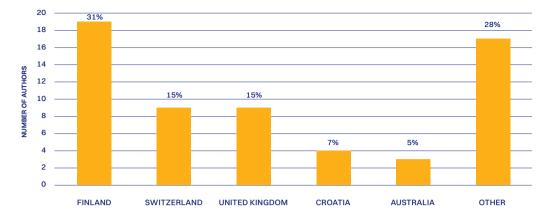
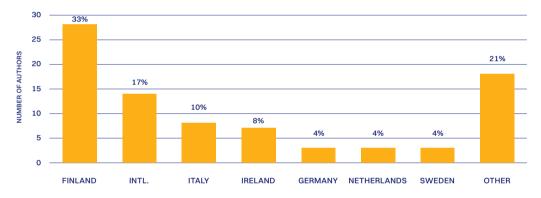


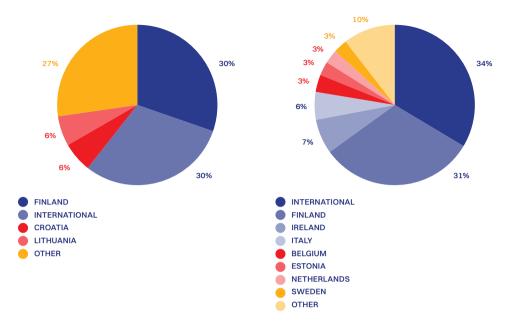
FIGURE 10. NUMBER OF AUTHORS OF 'SCFORH-CITING' NON-ACADEMIC ITEMS BY COUNTRY



Note: Intl. = international

FIGURE 11. DISTRIBUTION OF 'SCFORH-CITING' ACADEMIC DOCUMENTS BY COUNTRY

FIGURE 12. DISTRIBUTION OF 'SCFORH-CITING' NON-ACA-DEMIC ITEMS BY COUNTRY



To achieve a more balanced SCforH dissemination across the European Union member states, it seems that future SCforH international collaborative projects should include more partner institutions from underrepresented countries. This recommendation particularly refers to Austria, Bulgaria, Cyprus, Denmark, France, Greece, Hungary, Latvia, Lithuania, Luxembourg, Malta, Netherlands, Portugal, Romania, Slovakia, and Slovenia, as they have not yet been involved as partners in SCforH projects.

3.6. Languages

The distribution of 'SCforH-citing' documents by language seems to be even less balanced than the geographical distribution. The vast majority of academic and non-academic documents (90.9% and 84.6%, respectively) were in English and Finnish (Table 5). The remaining academic documents were published in Lithuanian (3.0%) and Russian (6.1%), whilst there was no representation of other languages. A larger number of languages was found among non-academic items. In addition to English and Finnish, they also included Czech (0.7%), Dutch (0.7%), Estonian (2.8%), Flemish (0.7%), German (0.7%), Italian (5.6%), Persian (0.7%), Polish (0.7%), Spanish (1.4%), and Swedish (1.4%). Taking into account that English is preferred in more and more spheres of scholarly communication, it would be unrealistic to expect much greater variability in language representation among 'SCforH-citing' academic documents. However, with far less language restrictions, non-academic items should have had more balanced distribution across European languages. According to TNS Opinion & Social (177), 13% of the European Union citizens are native English speakers, whilst 38% speak English as a foreign language. Efforts should be made to improve the representation of non-English languages in the 'SCforH-citing' publications, because it is obvious that the target audience may not necessarily always be English speakers.

Language	Academic	literature	Non-acade	emic items
	N	%	Ν	%
Czech	-	-	1	0.7
Dutch	-	-	1	0.7
English	22	66.7	101	70.6
Estonian	-	-	4	2.8
Finnish	8	24.2	20	14.0
Flemish	-	-	1	0.7
German	-	-	1	0.7
Italian	-	-	8	5.6
Lithuanian	1	3.0	-	-
Persian	-	-	1	0.7
Polish	-	-	1	0.7
Russian	2	6.1	-	-
Spanish	-	-	2	1.4
Swedish	-	-	2	1.4

TABLE 5. DISTRIBUTION OF 'SCFORH-CITING' DOCUMENTS BY LANGUAGE

FIGURE 13. DISTRIBUTION OF 'SCFORH-CITING' ACADEMIC DOCUMENTS BY LANGUAGE

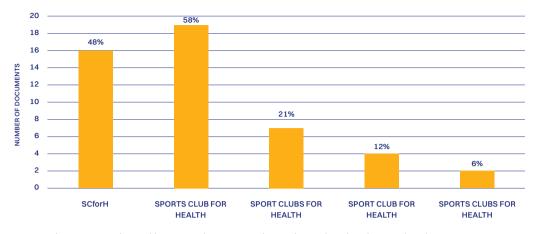
FIGURE 14. DISTRIBUTION OF 'SCFORH-CITING' NON-ACA-DEMIC ITEMS BY LANGUAGE



3.7. Keywords

Most academic publications used the official SCforH title and/or abbreviation, that is, 'Sports club for health' (57.6%) and 'SCforH' (48.5%), respectively (Figure 15). However, a substantial number of publications used slightly altered SCforH-related keywords, such as "Sport clubs for health" (21.2%), "Sport club for health" (12.1%), and "Sports clubs for health" (6.1%). Likewise, a majority of non-academic items used the official keywords - 'Sports club for health' (61.5%) and 'SCforH' (69.2%) (Figure 16), but many also used "Sport clubs for health" (18.2%), "Sport club for health" (10.5%), and "Sports clubs for health" (8.4%). It is interesting that the inconsistent use of these keywords was found even among some official SCforH publications and documents authored by core members of the HEPA Europe SCforH working group. Efforts should be made to standardise the use of SCforH keywords in future publications. Standardised use of SCforH keywords would contribute to creating a distinctive brand identity, and simplify future academic literature searches on SCforH-related topics.

FIGURE 15. THE USE OF SCFORH-RELATED KEYWORDS IN ACADEMIC LITERATURE



Note: The percentages do not add up to 100%, because more than one keyword may have been used per document

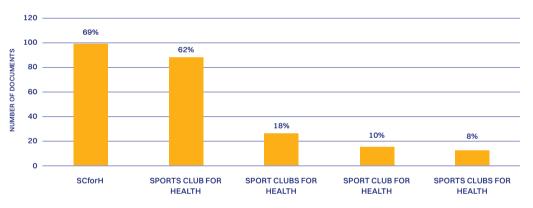


FIGURE 16. THE USE OF SCFORH-RELATED KEYWORDS IN NON-ACADEMIC ITEMS

Note: The percentages do not add up to 100%, because more than one keyword may have been used per document

3.8. Content

To evaluate the SCforH dissemination efforts and their outcomes, it is also important to get insight into the content of the 'SCforH-citing' documents. The context in which each individual document mentioned or discussed SCforH-related topics is provided in Tables 6 and 7. Additionally, in the following text we analysed the general scope and coverage of SCforH-related topics in 'SCforH-citing' academic and non-academic documents.

SCforH concepts, activities, and/or outputs were the main topic of 15.2% of 'SCforH-citing' academic documents (Figure 17). Typical examples of such publications include: Kokko et al. (72) paper with a description of 'SCforH 2015-17' project; Pedisic et al. (110) study that investigated the relative importance of 23 indicators of SCforH programmes implementation; and Kokko et al. (74) paper that presented the SCforH framework for establishing health profiles of sport disciplines. Slightly higher number of academic publications (18.2%) focused on 'non-SCforH' topics, but described SCforH concepts, activities, and/or outputs within their text. For example, Bauman et al. (13) wrote about the role of sport in increasing population physical activity levels, and briefly described the purpose of the SCforH quidelines. Kornbeck (77) wrote about sport policies in the European Union, and briefly described the 'SCforH 2009-11' project. Geidne (44) investigated the potential of non-governmental organisations as a setting for health promotion and briefly described SCforH concepts. Furthermore, the largest number of academic publications (45.5%) mentioned but did not describe SCforH concepts, activities, and/or outputs. For instance, Cingiene and Laskiene (19) listed the 'SCforH 2009-11' project among the projects funded by the European Commission to promote HEPA. Al-Kuwari and Ibrahim (7) mentioned the SCforH initiative as an example of the contribution of sports medicine sector to physical activity promotion. Lane and Murphy (89) mentioned the SCforH quidelines as a document that identified sports clubs as a new and important setting for health promotion. Furthermore, the remaining 21.2% of academic publications only referred to SCforH documents. For example, Kokko et al. (73) referred to SCforH guidelines as a source of examples of external funding schemes that may support sports clubs in implementing health promotion activities. Koski (80) cited the SCforH guidelines to support the statement that sports clubs as a civic organisations provide an important link between private and public sectors. Kettunen (71) used the SCforH guidelines to define terms and concepts, such as 'sports clubs', 'health promotion', and 'health-enhancing physical activity'.

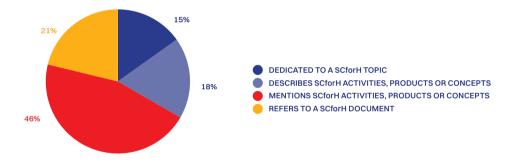


FIGURE 17. DISTRIBUTION OF 'SCFORH-CITING' ACADEMIC DOCUMENTS BY THEIR SCOPE

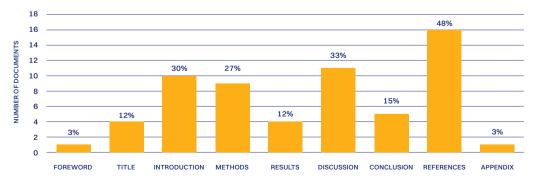


FIGURE 18. DISTRIBUTION OF ACADEMIC DOCUMENTS BY SECTIONS THAT MENTION SCFORH

Note: The percentages do not add up to 100%, because SCforH keywords may have been used in more than one section of a single document

The generally standardised structure of academic publications also allowed us to analyse in which sections were SCforH concepts, activities, and outputs mentioned or discussed. As seen in Figure 18, academic documents most often referred to SCforH in their discussion (33.3%), introduction (30.3%), and methods (27.3%) sections, and/or listed SCforH publications among their references (48.5%). Mentions of SCforH were somewhat less frequent in the title (12.1%), results (12.1%), and conclusions (15.2%), whilst in hardly any documents they were found in foreword or appendix (3% for both).

The largest number of academic documents wrote about, mentioned, and/or referred to the SCforH guidelines (42.4%), whilst other SCforH-related topics were significantly less represented (Figure 19). Specifically, 'SCforH 2009-11' project was discussed, mentioned and/or cited in 21.2%, HEPA Europe SCforH working group and SCforH framework for health profiles of sport disciplines both in 12.1%, general SCforH concepts and SCforH programmes both in 9.1%, 'SCforH 2015-17' project in 3.0%, and other SCforH concepts and outputs in 9.1% of academic documents.

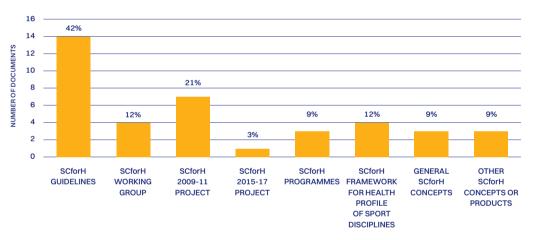


FIGURE 19. DISTRIBUTION OF SCFORH TOPICS ACROSS 'SCFORH-CITING' ACADEMIC DOCUMENTS

Note: The percentages do not add up to 100%, because more than one SCforH-related topic may have been mentioned or discussed in a single document

The popularity of SCforH guidelines in academic circles calls for their periodic updates, to keep up with changes in sport-related policies and practices and emerging public health challenges. HEPA Europe SCforH working group and future SCforH projects should also aim to publish more academic documents that are primarily focused on SCforH-related topics, as they may facilitate scholarly discussions, and, in that way, further contribute to SCforH dissemination.

Furthermore, Figure 20 shows that somewhat more than half (53.5%) of 'SCforH-citing' non-academic items were focused on SCforH concepts, activities, and/or outputs as their main topics. Typical examples are: a news article about the participation of ENGSO in the 'SCforH 2015-17' project published on ENGSO's website (20); a brief overview of SCforH guidelines and HEPA Europe SCforH working group activities published on the Global Physical Activity Network website (45); and SCforH factsheet in Finnish published on the Equestrian Federation of Finland website (26). Non-academic publications focusing on 'non-SCforH' topics, but describing SCforH concepts, activities, and/or outputs within their text were much

less frequent (14.8%). For example, SCforH working group activities were summarised in the annual HEPA meeting report from Zurich, Switzerland (176); the European Commission provided a brief description of the 'SCforH 2015-17' project within the list of Erasmus+ Collaborative Partnerships projects approved for funding in 2014 (34); and the European Commission listed the implementation of SCforH guidelines as one of the indicators for evaluation of HEPA levels and policies in the European Union, and provided a detailed description of the indicator, including its definition and operationalisation (36). Almost a guarter of non-academic items (23.2%) mentioned SCforH concepts, activities, and/or outputs without providing their further descriptions. For example: an announcement by the Centre for International Mobility that listed "Promoting national implementation for SCforH programs in EU member states" as a topic of the seminar entitled "Erasmus+ Sport and Sports sector" (17); Belgian fact sheet on HEPA in which the European Commission and WHO Regional office for Europe provided information on the progress of Flemish community in implementing the SCforH guidelines (177); and a news article by Epode Umbria Region OBesity Intervention Study (EUROBIS) acknowledging the SCforH guidelines as the foundation for their "Sports federations for health" programme (25). The remaining 8.5% of non-academic items only cited SCforH documents. For example, the Public Health Department of Basque Government (114) cited the SCforH quidelines in their summary of good practice for promoting physical activity; the University of Turku (161) listed the SCforH guidelines among selected publications on general education themes; and U.O. 2 - Regione Piemonte (163) listed the SCforH guidelines among references of their project proposal entitled "From Words to Action."

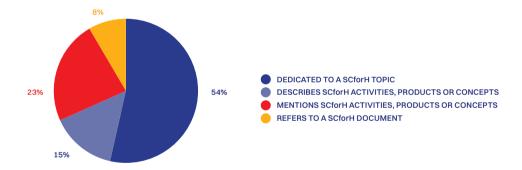


FIGURE 20. DISTRIBUTION OF 'SCFORH-CITING' NON-ACADEMIC ITEMS BY THEIR SCOPE

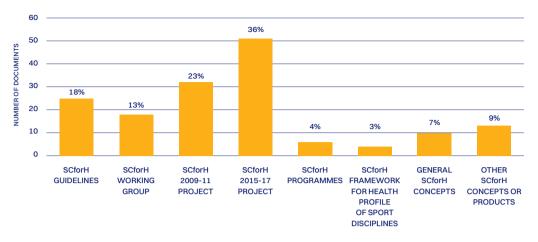


FIGURE 21. DISTRIBUTION OF SCFORH TOPICS ACROSS 'SCFORH-CITING' NON-ACADEMIC ITEMS

Note: The percentages do not add up to 100%, because more than one SCforH-related topic may have been mentioned or discussed in a single document

The most prevalent SCforH-related topics across non-academic items were the 'SCforH 2015-17' project (35.9%) and 'SCforH 2009-11' project (22.5%; Figure 21). A substantial number of non-academic items also wrote about, mentioned, and/or referred to the SCforH guide-lines (17.6%) and HEPA Europe SCforH working group (12.7%). Least common topics were SCforH programmes (4.2%), SCforH framework for health profiles of sport disciplines (2.8%), general SCforH concepts (7.0%), and other SCforH concepts and outputs (9.2%).

The high proportion of non-academic items that are primarily focused on SCforH-related topics is probably favourable to successful SCforH dissemination. All parties involved in this process should, therefore, be encouraged to maintain such good practice in the coming years. By contrast, the distribution of SCforH-related topics across 'SCforH-citing' non-academic items requires further improvement. Advertising the SCforH guidelines and promoting general SCforH concepts should hereafter be prioritised, because their implementation in sports clubs is the ultimate goal of the SCforH movement.

4. Findings for the period from 2016 to 2022

In the updated search, we found a total of 20 publications written as part of the SCforH 2015-17 and SCforH 2020-22 projects (Supplementary table 3). In 2017, as part of the SCforH 2015-17 project, the most recent version of SCforH guidelines was published (5). The book includes definitions of SCforH concepts, guiding SCforH principles, overview of health benefits of sport and physical activity, recommended pathways and steps for implementation of SCforH programmes in sports clubs, and considerations for different age groups. Within the same project, an Electronic Toolkit for sports clubs and associations was also developed (181). The toolkit contains practical recommendations and examples of good practice for the implementation of SCforH approach. Other outputs of the SCforH 2015-17 were a scientific article on the contribution of sports participation to overall physical activity among children and adolescents with data from six European countries (182) and several conference abstracts, one of which, for example, presents findings of a multifaceted evaluation of dissemination efforts to promote SCforH guidelines (183).

The first published output of the SCforH 2020-22 was the SCforH textbook (184). In this publication, the SCforH guidelines are presented in simple terms, to make the text accessible to a wider audience. As part of the SCforH 2020-22 project, the SCforH consortium published 13 book chapters, 12 as part of this edited book (1, 2, 185-193) and 1 as part of the book called "Handbook of settings-based health promotion" (194). The book chapters cover a range of topics relevant to the SCforH movement and the European context in which it has developed. Another extensive publication from this project are SCforH country cards (195) which contain information on the promotion of health-enhancing physical activity and SCforH approach in 36 European countries. The remaining publications from the project include two academic reports on the awareness and use of SCforH guidelines in Europe (196, 197), four journal articles covering a range of topics relevant to SCforH (198-201), and six abstracts presented at conferences (202-207). A highlight of the scientific output of SCforH 2020-22 project is the systematic review of health benefits associated with different sports (198). The findings of the review were based on 136 papers from 65 intervention trials and 30 cohort studies.

There is a clear increasing trend in the number of academic publications produced as part of the SCforH projects. Part of the reason for this may be the constantly growing number of contributors to the SCforH consortium (1). Not just the number of SCforH-related publications is increasing but also their extensiveness. In the SCforH literature, there are now several different types of publications, from articles published in scientific journals that are primarily intended for the academic audience to a textbook that is primarily intended for sport practitioners, as well as from short communications such as conference abstracts to comprehensive texts such as an edited book.

In the period from 2016 to 2022, the SCforH consortium also published a large number of posts on social media, including Facebook, Instagram, Twitter, and YouTube. The SCforH Twitter profile was created in June 2017, and it currently includes a total of 145 tweets. By the number of posts, Twitter has been the most prolific of the four SCforH social media profiles. Other non-academic SCforH-related publications include a range of news on the official SC-forH website and websites of partners in the SCforH projects.

5. Conclusion

Based on the findings of this literature review, it can be concluded that the future SCforH dissemination strategies should: [i] aim to maintain the diversity of SCforH publications; [ii] maintain a high proportion of non-academic publications that are primarily focused on SCforH-related topics and further increase the presence on some of the popular social media websites, such as YouTube; [iii] increase media presence in the periods between funded projects; [iv] motivate tertiary education teachers in sports science and public health to include SCforH-related topics in their curricula, to increase the number of doctoral and masters's theses that conduct studies in relation to SCforH and cite SCforH documents; [v] encourage presentations of SCforH-related topics in a wider range of international conferences in the fields of health promotion and sports science; [vi] encourage presentations of SCforH-related topics on local scientific conferences and symposia of public health promoters and sport practitioners; [vii] achieve a more balanced SCforH dissemination across the European Union member states, potentially by including partners from additional countries in the future SCforH projects; [viii] increase the representation of non-English languages in SCforH-related publications; [ix] standardise the use of SCforH keywords, especially within the SCforH consortium; [x] encourage researchers to publish more academic documents that are primarily focused on SCforH-related topics; and [xi] prioritise the promotion of SCforH guidelines and general SCforH concepts, because their implementation in sports clubs is the ultimate goal of the SCforH movement.

Annex

SUPPLEMENTARY TABLE 1. 'SCFORH-CITING' ACADEMIC PUBLICATIONS

Authors	Year	Туре	Manuscript sections	Context	Short link	Source	Keywords
Kokko, S. Koski, P., Oja, P. Savola, J. Håmålåinen T. Geidne, S. Lane, A. Hartmann, H. Seghers, J. Pedisic, Z. Livson, M. Nikulainen, P.	2015	Conference abstract	Title Introduction Methods Results Discussion Conclusion References	The abstract is an overview of 'SCforH 2015-17' project background, funding, partners, aims and expected outcomes.	https://tinyurl. com/544fjtyy	6th Conference of HEPA Europe	SCforH; sports club for health
Vara, S.	2015	Master's thesis	References (Citation in chapter "Finnish club activities and their role in children's well-being")	The thesis discusses factors influencing children's participa- tion in football. "Social capital and sports clubs" chapter (author: Koski, P) from Kokko et al. (2009) is mentioned in its section about the importance of Finnish sports clubs for children's well-being.	https://goo.gl/ Lu4JRN	Google Scholar	SCforH; sports club for health
Bauman, A. Titze, S. Oja, P.	2014	Journal article	Discussion References	The paper discusses the role of sport in increasing population physical activity levels. It describes the SCforH guidelines as an initiative motivated by the EU's "White Paper on Sport." It also briefly describes the purpose of the SCforH guidelines.	http://goo.gl/ fSWqqY	Google Scholar	sports club for health
Heimer, S.	2014	Conference paper	Discussion	The paper is an introduction to a symposium that proposed a postgraduate course on 'health kinesiology'. The author men- tioned SCforH programmes in the table entitled "Kinesiology and health system parallel operative cooperation levels."	http://goo.gl/ XQS3kI	Google Scholar	sport clubs for health
ltkonen, H. Kokko, S.	2014	Book chapter	References (Citation in section "Organised sports and physical activity")	The book chapter entitled "Health promotion: a com- munity challenge" discusses societal aspects of health promotion in Finland. "Social capital and sports clubs" chapter (author: Koski, P) from Kokko et al. (2009) is mentioned in its section about organised sports and physical activity.	http://goo.gl/ b6245F	Google Scholar	sport club for health

Kettunen, E.	2014	Master's thesis	References (Citations in sections "Definition of key concepts" and "Sport clubs as promoters of health and physical activity")	The thesis discusses health promotion activities in sports clubs. Definitions from SCforH guidelines were used to de- scribe key terms and concepts such as 'sports clubs', 'health promotion', and 'health-en- hancing physical activity'.	https://goo.gl/ uX4e0P	Google Scholar	sports club for health
Kokko, S.	2014	Journal article	References (Citation in section "Guidelines for policy development")	The paper proposes guidelines for youth sports clubs to de- velop, implement, and assess health promotion within its activities. The author refers to SCforH guidelines as a source of examples of external funding schemes that may support sports clubs in implementing health promotion activities.	http://goo.gl/ mCrtal	SCOPUS; Google Scholar	sports club for health
Laskiene, S. Cingiene, V.	2014	Conference paper	Discussion	The paper discusses the importance of intersectoral col- laboration for physical activity promotion. 'SCforH 2009-11' project was listed among Eu- ropean Union funded projects related to HEPA promotion in the sports area.	http://goo.gl/ A2w4qT	Google Scholar	SCforH; sport clubs for health
Cingiene, V. Laskiene, S.	2014	Journal article	Results	The paper discuses about the Lithuanian promotion of public health through sports. 'SCforH 2009-11' project was listed among the projects funded by the European Commission to promote HEPA and meet objectives of its 'Action Plan'.	https://goo.gl/ uEsR5C	Google Scholar	SCforH; sport clubs for health
Martin-Diener, E. Kahlmeier, S. Vuillemin, A. van Mechelen, W. Vasankari, T. Racioppi, F. Martin, B.W.	2014	Journal article	Discussion References	In the paper entitled "10 years of HEPA Europe: what made it possible and what is the way into the future?," the preliminary report on SCforH guidelines (Kokko et al. 2009) was mentioned as one of the key products of HEPA Europe. The authors also listed the HEPA Europe SCforH working group in a table showing activ- ities that are part of the HEPA Europe work programme.	http://goo.gl/ B7RqAS	SCOPUS; Google Scholar	SCforH; sports clubs for health; sports club for health
Pedisic, Z. Jurakic, D. Heimer, S. Foster, C. Rakovac, M. Oja, P.	2014	Conference abstract	Title Introduction Methods Discussion Conclusion	The SCforH guidelines provided 20 indicators for the evaluation of the quality of implementation of SCforH programmes in sports clubs. This abstract investigated the relative importance of these indicators, as assessed by 10 HEPA experts.	http://goo.gl/ vq5qus	Google Scholar; 5th Conference of HEPA Europe	SCforH; sports club for health

Vuillemin, A. Kahlmeier, S. van Mechelen, W. Racioppi, F. Vasankari, T.	2014	Journal article	Discussion References	The paper is an overview of HEPA Europe network. It provides a brief description of HEPA Europe SCforH working group aims and activities, and mentions the SCforH guidelines.	http://goo.gl/ HedMxg	Google Scholar	sports club for health
Al-Kuwari, M.G. Ibrahim, I.	2013	Journal article	Discussion	The paper discusses the role of sport sector in promoting health-enhancing physical activity. It mentions the SCforH initiative as an example of the contribution of sports medicine sector to the promotion of physical activity.	http://goo.gl/ U3d7wv	Personal database	Sports club for health
Kornbeck, J.	2013	Book	Discussion	The book discusses sport policy matters in the European Union, particularly with regards to doping prevention and the promotion of health-enhancing physical activity. 'SCforH 2009-11' project was listed and briefly described among the projects funded by the European Commission.	https://goo.gl/ cRWg0w	Personal database	SCforH; sport clubs for health;
Lane, A. Murphy, N.	2013	Conference abstract	References (Citation in the introduction section)	The abstract presented the Gaelic Athletic Association 'Healthy Club' initiative. It men- tions SCforH guidelines as a document that identified sports clubs as a new and important setting for health promotion.	https://goo.gl/ bTkcXx	Google Scholar; 4th Conference of HEPA Europe	sports clubs for health
Marsalo, T.	2013	Master's thesis	Methods	The thesis examined participa- tion in golf and other physical activities among senior golf players in Finland. It mentions that the data was collected as part of a survey on health profile of Finnish golf players conducted within the SCforH programme organised by the Finnish Sports Federation.	https://goo. gl/24gSw5	Google Scholar	sports club for health
Talbot, M. Haag, H. Keskinen, K.	2013	Book	Introduction (Biographies)	The book discuses a variety of topics in sports science. The 'SCforH 2009-11' project is mentioned within the biography of Dr Sami Kokko, who authored a chapter of the book.	http://goo.gl/ b7lqZN	Google Scholar	sports club for health
Romeo-Velilla, M. Beynon, C. Murphy, R.C. McGee, C.E. Hilland, T.A. Parnell, D. Stratton, G. Foweather, L.	2013	Journal article	References (Citation in the introduction section)	The paper is an evaluation of a UK smoking prevention intervention implemented in five youth sports clubs in deprived communities. SCforH guidelines were cited to support the statement that sport and recreation clubs have previously been proposed as a setting to embed public health promotion into everyday activities.	http://goo.gl/ WIjEzG	Personal database	Sports club for health

Titze, S. Merom, D. Rissel, C.	2013	Journal article	Discussion References	The paper discusses the prev- alence of cycling for exercise, recreation or sport among	http://goo. gl/4EYRG1	SCOPUS; Google Scholar	sports club for health
Bauman, A.				Australian adults. It mentions the SCforH guidelines and briefly describes the SCforH concept.			
Geidne, S.	2012	Doctoral thesis	Introduction References	This thesis examined the potential of non-governmental organisations as a setting for health promotion, particularly with regards to preventing alcohol misuse. The author mentions the 'SCforH 2009-11' project and briefly describes the SCforH concept.	http://goo.gl/ vE3w8K	Google Scholar	SCforH; sports club for health; sports clubs for health
Huhtanen, E.	2012	Master's thesis	Foreword Introduction Appendix	This thesis aimed to develop a health profile of water sports in Finland. The author acknowledged that the thesis is part of the SCforH programme organised by the Finnish Sports Federation.	http://goo. gl/5SpVSJ	Google Scholar	sport club for health; sports club for health
Hyttinen, A.	2012	Master's thesis	Introduction	This thesis aimed to develop a health profile of equestrian sports. The author acknowl- edged that the thesis is part of the SCforH programme organised by the Finnish Sport for All Association.	http://goo.gl/ dM1v42	Google Scholar	sports club for health
Koski, P.	2012	Journal article	References (Citation in the section "Introduction - an overview of Finnish sport policy")	The paper discusses how changes in Finnish sports clubs since 1985 informed sport policy. The SCforH guidelines were cited to support the statement that sport clubs as a civic organisations provide an important link between private and public sectors.	http://goo.gl/ qTVraJ	SCOPUS; Google Scholar	SCforH; sports club for health;
Viitanen, E.	2012	Master's thesis	Introduction References	The thesis explored the prevalence of sport club membership and reasons for exercise among 13 and 15 year old boys and girls. The author mentioned the 'SCforH 2009-11' project, and briefly described the SCforH guidelines.	https://goo.gl/ fMZCqe	Google Scholar	sports club for health
Gottin, M.	2011	Conference abstract	Methods	The abstract described a project aimed at promotion of Nordic walking. The author stated that the project was undertaken according to the SCforH concepts.	not available	3rd Conference of HEPA Europe	SCforH
Heimer, S.	2011	Conference paper	Conclusion	The paper discusses the partnership between HEPA and sport-recreation sectors. The author mentioned SCforH programmes in the table entitled "HEPA and SRM parallel operative cooperation levels."	http://goo.gl/ B470A7	Google Scholar	sport clubs for health

Kokko, S. Oja, P. Koski, P. Laalo-Häikiö, E. Savola, J.	2011a	Conference abstract	Title Introduction Methods Results Conclusion	This abstract mentioned HEPA Europe SCforH working group and gave an overview of 'SCforH 2009-11' project and SCforH guidelines.	not available	3rd Conference of HEPA Europe	SCforH; sports club for health
Kokko, S. Laalo-Häikiö, E. Heinonen, A.	2011b	Conference abstract	Methods	This abstract presented the SCforH framework for establishing health profiles of sport disciplines.	not available	3rd Conference of HEPA Europe	SCforH; sports club for health
Pluim, B.M.	2011	Master thesis	Introduction References	The thesis is a qualitative study about barriers and enablers of the development of 'healthy tennis clubs' in the Nether- lands. It mentions the SCforH guidelines as an example of health promotion initiatives in sports clubs.	http://goo.gl/ OhyrMR	Personal database	SCforH; sports club for health; sports clubs for health
Chatzigianni, E.	2010	Journal article	Methods	The article discusses sport lobbying in the European Union. The TAFISA's SCforH workshop in Helsinki, Finland in 2008, was mentioned as an example of successful lobbying activities by grassroots sport associations.	http://goo.gl/ elDq2t	Personal database	sports club for health
Savola, J. Pônkkō, P. Heino, M.	2010	Book	References	The book discusses how to create active municipalities. Among the references, the authors listed Kokko et al. (2009) report on preliminary SCforH guidelines.	http://goo.gl/ kDmozl	Personal database	SCforH; sports club for health
Wanner, M. Kahlmeier, S. Zimmermann- Sloutskis, D. Stamm, H. Vützi, C. Vahler, N. Vlåder, U. Vlartin, B.W.	2010	Conference abstract	Methods Results	The abstract is a review of the role of sport in physical activ- ity promotion in Switzerland. Among other, the authors reviewed international activ- ities of HEPA Europe SCforH working group, and mentioned the development of the SCforH guidelines.	not available	2nd Conference of HEPA Europe	sport clubs for health
Savola, J.	2008	Conference abstract	Title Introduction Methods Discussion Conclusion	The abstract gives an overview of preliminary SCforH guidelines.	not available	1st Conference of HEPA Europe	SCforH; sports club for health; sport club for health; sports clubs for health

Note: Some links may be broken. To work as intended, some URLs may need to be copied into the web browser address bar.

SUPPLEMENTARY TABLE 2. 'SCFORH-CITING' NON-ACADEMIC ITEMS

Publisher	Year	Туре	Context	Short link	Source	Keywords
Adams, G. via www.leargas.blogspot.hr	2015	Blog post	The article indicates that the 'Healthy Club' project was invited to participate in a European health promotion initiative within the SCforH framework.	http://goo.gl/MpmhoX	Bing	SCforH; sports club for health
Catholic University of Leuven www.kuleuven.be	2015	Project information	Brief 'SCforH 2015-17' project overview given as part of a staff profile	http://goo.gl/GW7gkf	Google; Yahoo; Bing	sports club for health
Centre for International Mobility www.cimo.fi	2015	Seminar programme	"Promoting national implementation for SCforH programs in EU member states" listed as one of the topics of the seminar named "Erasmus+ Sport and Sports sector"	http://goo.gl/iujYP2	Google Bing	SCforH; sport club for health
Etelå -Suomen Liikunta ja Urheilu (Southern Finland Sports Federation) www.eslu.fi	2015	News article / press release	News about the participa- tion of Southern Finland Sports Federation in the 'SCforH 2015-17' project, and a brief overview of the project	http://goo.gl/w3ZzDb	Google; Yahoo; Bing	SCforH; sports club for health
European Commission www.ec.europa.eu	2015	Report	Belgian fact sheet on health-enhancing physical activity provided information on the progress of Flemish community in implementing the SCforH guidelines	http://goo.gl/blF5TQ	Bing	SCforH; sports club for health; sports clubs for health
European Nongovernmental Sports Organisation www.engso.com	2015	News article / press release	News about the partic- ipation of ENGSO in the 'SCforH 2015-17' project, and a brief overview of the project	http://goo.gl/2OYjWp	Yahoo; Bing	SCforH; sports club for health
European Nongovernmental Sports Organisation www.engso.com	2015	News article / press release	News about the Erasmus+ grant given to the 'SCforH 2015-17' project, and a brief overview of the project	http://goo.gl/Hx5RjF	Google Yahoo Bing	SCforH; sports club for health
Suomen Voimisteluliitto Håmeentie (Finnish Gymnastics Federation) www.voimistelu.fi	2015	News article / press release	News about the participa- tion of Finnish Gymnastics Federation in the 'SCforH 2015-17' project, and a brief overview of the project	http://goo.gl/wMazvX	Bing	SCforH; sports club for health
Forskning.se www.forskning.se	2015	News article / press release	Brief overview of the 'SCforH 2015-17' project	http://goo.gl/UxEcUa	Google Yahoo	sports club for health
Hamalainen, T. via www.sport.fi	2015	Presentation	Detailed description of the "ScforH 2015-17" project given within the presen- tation entitled "Promoting National Implementation for Sport Club for Health Programmes in EU Mem- ber States"	http://goo.gl/kvFmof	Bing	SCforH; sports club for health; sport club for health

HEPA Europe www.hepa2015.org	2015	Conference programme	HEPA Europe SCforH work- ing group meeting listed as one of the sessions at the HEPA Europe conference in Istanbul, Türkiye, 2015	http://goo.gl/WBBL5j	Google Yahoo Bing	SCforH; sports club for health; sports clubs for health
Kokko, S. via European Healthy Stadia Network www.healthystadia.eu	2015	Presentation	SCforH guidelines listed among selected recom- mendations for health promotion in amateur sports clubs within the presentation entitled "Developing Amateur Clubs as Health Promoting Settings: Current Practice in Europe"	http://goo.gl/lpUerZ	Google	sports club for health
Life and Fitness Magazine www.lifeandfitnessmag.ie	2015	News article / press release	News about the 'SCforH 2015-17' project kick-off meeting and a brief overview of the project	http://goo.gl/WJfd1m	Google	SCforH; sports club for health
National Institute for Public Health and the Environment, Netherland (RIVM) www.rivm.nl	2015	Policy document	Implementation of SCforH programmes in sports clubs listed as one of the 23 indicators for evaluation of HEPA levels and policies in the European Union, proposed by the Council of the European Union	http://goo.gl/vgL4fQ	Google Yahoo	sport clubs for health
Ōrebro University www.oru.se	2015	Project information	Brief overview of the 'SC- forH 2015-17' project given as part of the institutional profile of Örebro University	http://goo.gl/D2Ur4C	Google Bing	SCforH; sports club for health
Örebro University www.mynewsdesk.com	2015	News article / press release	Brief announcement of the 'SCforH 2015-17' project	http://goo.gl/dSYysM	Google Bing	sports club for health
Palacký University Olomouc http://www.upol.cz	2015	News article / press release	News about the participa- tion of Palacký University in the 'SCforH 2015-17' proj- ect, and a brief overview of the project	http://goo.gl/WXr61c	Google Bing	SCforH; sports club for health
Soumen Uimaliitto (Finnish Swimming Association) www.uimaliitto.fi	2015	News article / press release	News about the participation of the Finnish Swimming Association in the 'SCforH 2015-17' proj- ect, and a brief overview of the project	http://goo.gl/smTjsW	Google Yahoo Bing	SCforH; sports club for health
Soumen Uimaliitto (Finnish Swimming Association) www.uimaliitto.fi	2015	News article / press release	News about the participation of the Finnish Swimming Association in the 'SCforH 2015-17' proj- ect, and a brief overview of the project	http://goo.gl/vhxeeC	Google Yahoo Bing	sports club for health
Sports Club for Health www.scforh.info	2015	Official 'SCforH 2015- 17' project website	Brief description of the 'SCforH 2015-17' project, contact information, and a news section with updates about the project	http://goo.gl/uTvwjQ	Google Yahoo Bing	SCforH; sports club for health

University of Turku www.utu.fi	2015	Project information	Brief 'SCforH 2015-17' project overview given as part of the institutional website	http://goo.gl/p6PSJy	Google	SCforH; sports clubs for health
Waterford Institute of Technology www.wit.ie	2015	News article / press release	News about the partici- pation of the Waterford Institute of Technology in the 'SCforH 2015-17' proj- ect, and a brief overview of the project	http://goo.gl/27UAvR	Bing	SCforH; sports club for health
World Health Organization www.euro.who.int	2015	Project information	Overview of the HEPA Europe SCforH working group activities	http://goo.gl/GJqelY	Google Bing	SCforH; sports club for health; sport clubs for health
World Health Organization www.euro.who.int	2015	Report	HEPA Europe SCforH working group activities summarised in the annual HEPA meeting report from Zurich, Switzerland	http://goo.gl/8pp7me	Personal database	SCforH; sports club for health; sport club for health; sport clubs for health
Epode Umbria Region Dbesity Intervention Study (EUROBIS) www.eurobis.it	2014	News article / press release	The article announced the first of two conferences organised by CONI and EUROBIS entitled "Sports federations for health." The SCforH guidelines were acknowledged as the foundation for the "Sports federations for health" programme.	http://goo.gl/K9rnrX	Google	sports club for health
European Commission www.spordiinfo.ee	2014	Report	Brief description of the 'SC- forH 2015-17' project given within the list of Erasmus+ Collaborative Partnerships projects approved for funding in 2014	http://goo.gl/7I3EbT	Google Yahoo	SCforH; sport club for health
Federazione Italiana Aerobica e Fitness (Italian Federation of Aerobic and Fitness) www.fiaf.it	2014	Institutional profile	'SCforH 2009-11' project listed as one of the EU fund- ed projects participated in by the Italian Federation of Aerobic and Fitness - FIAF	http://goo.gl/yWJU7T	Google Yahoo Bing	SCforH; sport clubs for health
Vetherlands Institute for Sport and Physical Activity www.international.nisb.nl	2014	News article / press release	'SCforH 2015-17' project mentioned as part of the HEPA Europe news about three successful applications for Erasmus+ Collaborative Partnerships projects	http://goo.gl/FkOk1G	Google Yahoo	sport club for health
Drava, M. via Jniversity of Eastern Finland www.uef.fi	2014	Project proposal	This project proposal about health promotion in children and youth football clubs mentions SCforH guidelines as a European-wide initiative to promote health in sports clubs. It also acknowledges Finland's involvement in SCforH programme.	http://goo.gl/]Ws3Ts	Google Yahoo	sport clubs for health

University of Jyvåskylå www.jyu.fi	2014	Publication list	SCforH guidelines listed among publications of the Research Centre for Health Promotion dating from 2000 to 2014	https://goo.gl/ C4m34U	Google Yahoo Bing	SCforH; sports club for health
World Health Organization www.euro.who.int	2014	Report	HEPA Europe SCforH working group activities summarised in the annual HEPA meeting report from Helsinki, Finland	http://goo.gl/rJXdQr	Personal database	SCforH; sports club for health; sports clubs for health; sport clubs for health
Council of the European Union www.ec.europa.eu	2013	Policy document	Implementation of SCforH guidelines listed as one of the indicators for evaluation of HEPA levels and policies in the European Union, proposed by the Council of the European Union	http://goo.gl/A9yCLf	Google Bing	sport clubs for health
EUR-Lex Europa eur-lex.europa.eu	2013	Policy document	Implementation of SCforH guidelines is listed as one of the indicators for evaluation of HEPA levels and policies in the European Union, proposed by the Council of the European Union. A detailed description of the indicator is provided, including its definition and operationalisation.	http://goo.gl/1SYOMy	Yahoo; Bing	SCforH, sports club for health; sport club for health; sport clubs for health
European Commission www.ipex.eu	2013	Policy document	Implementation of SCforH guidelines is listed as one of the indicators for evaluation of HEPA levels and policies in the European Union, proposed by the Council of the European Union. A detailed description of the indicator is provided, including its definition and operationalisation.	http://goo.gl/arGWOy	Google Bing	SCforH; sports club for health; sport club for health; sport clubs for health
Global Physical Activity Network www.globalpanet.com	2013	News article / press release	Brief overview of SCforH guidelines and working group	http://goo.gl/ICLzeM	Google Bing	SCforH; sports clubs for health; sport clubs for health
Global Physical Activity Network www.globalpanet.com	2013	News article / press release	Brief overview of SCforH guidelines and working group	http://goo.gl/uTgoZ8	Bing	SCforH; sports club for health; sport clubs for health
Murua, J. via www.es.slideshare.ne	2013	Presentation	SCforH guidelines listed as one of the key physical activity policy documents	http://goo.gl/BUrKOo	Yahoo Bing	SCforH; sports club for health

Richardson, N. via Men's Health Foundation www.stiftung- maennergesundheit.de	2013	Presentation	Health promotion in sports clubs based on SCforH guidelines mentioned as a possible remedy for men's lifestyle and health risk factors. A brief overview of the SCforH guidelines is provided.	http://goo.gl/nOYWIL	Google	sports club for health
World Health Organization www.euro.who.int	2013	Report	HEPA Europe SCforH working group activities summarised in the annual HEPA meeting report from Cardiff, United Kingdom	http://goo.gl/rJXdQr	Personal database	SCforH; sports club for health; sports clubs for health; sport clubs for health
Keski-Suomen Liikunta y (Central Finland Sports Federation) www.kesli.fi	2012	Project information	Brief overview of 'SCforH 2009-11' project and Finnish version of SCforH guidelines	http://goo.gl/Lf9QHu	Google Yahoo Bing	SCforH; sport club for health
European Commission arasmusplus.org.pl	2012	Report	Brief overview of the 'SCforH 2009-11' project, including its aims and main project outcomes, given as part of the European Commission's report on Preparatory Actions and Special Events in Sport 2009-2011	http://goo.gl/6wUeFy	Google Yahoo	SCforH; sports club for health
Suomen Golfliitto (Finnish Golf Union) www.golf.fi	2012	Presentation	The presentation entitled "Health and Hobby Profile Research" acknowledged that the health profile of Finnish golf players was developed within the SCforH framework	http://goo.gl/MwF8LV	Google Yahoo	sports club for health
Hovi, M. and Malvela, M. via www.suomimies.fi	2012	Report	'SCforH 2009-11' project and SCforH concepts men- tioned in the introduction of report on KKI-programme ('Nation-wide fit for life' programme) activities 2006-2010	http://goo.gl/C6d43E	Google Yahoo	sports club for health
Koskela, T. and Linnolahti, D. via www.sport.fi	2012	Report	The report on health profile of amateur golf players in Finland acknowledged that it was developed within the SCforH framework	http://goo.gl/xgnE9L	Google Scholar	sports club for health
Equestrian Federation of Finland www.ratsastus.fi	2012	Document	SCforH factsheet in Finnish	http://goo.gl/MXrfBQ	Google Bing	SCforH; sport club for health
.aalo-Håikiö, E. via Good Governance in Grassroots Sport www.goodgovsport.eu	2012	Presentation	Overview of the 'SCforH 2009-11' project	http://goo.gl/xq5ZqM	Bing	SCforH; sports club for health

Laine, S. via Helsinki Equestrian Association www.helsinginratsastajat.fi	2012	News article / press release	Helsinki Equestrian Association acknowledged that the health profile of horseback riders was de- veloped within the SCforH framework	http://goo.gl/EIEJ3T	Google	sports club for health
Ühendus Sport Kõigile Estonian Sport for All Association) www.sportkoigile.ee	2012	Report	In their annual report for 2012, Estonian Sport for All Organisation acknowl- edged collaboration with the HEPA Europe SCforH working group	http://goo.gl/cKH5rb	Google	sports club for health
Jniversity of Turku www.utu.fi	2012	Publication list	SCforH guidelines listed among publications on general education themes dating from 2007 to 2012	http://goo.gl/Uedxve	Yahoo	SCforH; sports club for health
World Health Organization www.archive.is	2012	News article / press release	Brief overview of HEPA Europe SCforH working group, 'SCforH 2009-11' project and SCforH guidelines	http://goo.gl/0KnZPT	Google Bing	SCforH; sports club for health; sport clubs for health
World Health Organization www.euro.who.int	2012	Report	HEPA Europe SCforH working group activities summarised in the annual HEPA meeting report from Amsterdam, Netherlands	http://goo.gl/tbWmky	Personal database	SCforH; sports club for health; sport clubs for health
Asiania Sport for All Association www.asfaa.org	2011	News article / press release	Announcement of the 'SCforH 2009-11' project concluding symposium in Vantaa, Finland, including a brief overview of the project	http://goo.gl/yimn6W	Google	SCforH; sports club for health
Azienda Sanitaria Locale di Cirié (Cirié Healthcare Centre) www.aslto4.piemonte.it	2011	News article / press release	This article about Nordic walking, mentioned the SCforH programme as an initiative for promoting health-enhancing physical activity in sports clubs	http://goo.gl/f5J6rt	Yahoo	sports club for health
Azioni per una vita in salute ('Actions for nealthy life) www. azioniperunavitainsalute.it	2011	News article / press release	Overview of the 'SCforH 2009-11' project conclud- ing symposium in Vantaa, Finland	http://goo.gl/IwJJRF	Bing	SCforH; sports club for health
European Nongovernmental Sports Organisation www.engso.eu	2011	Report	In the report on ENGSOEDU network, 'SCforH 2009-11' project listed as an exam- ple of good practice for HEPA promotion through sports organisations	http://goo.gl/Ho9Cls	Yahoo	SCforH; sports club for health; sport clubs for health
Gottin, M. via www.smartsport.it	2011	News article / press release	Overview of the 'SCforH 2009-11' project conclud- ing symposium in Vantaa, Finland	http://goo.gl/OdO9q0	Google Yahoo	SCforH; sports club for health
nternational Sports and Culture Association www.isca-web.org	2011	News article / press release	Brief description of SCforH guidelines, 'SCforH 2009- 11' project, and HEPA Europe SCforH working group activities	http://goo.gl/zVObbz	Google Bing	SCforH; sports club for health

Kunto - Finnish Sport For All Association www.kunto-fi.directo.fi	2011	Official 'SCforH 2009- 11' project website	Description of the 'SCforH 2009-11' project, SCforH guidelines in Croatian, English, Hebrew and Polish, SCforH factsheet, and contact information	http://goo.gl/sJuuzg	Google Bing	sports club for health
Laalo-Häikiö, E. via www.zoominfo.com	2011	Quotation	An Eerika Laalo-Håikiö's quotation about the SCforH guidelines	http://goo.gl/Zj1qd9	Bing	SCforH; sports club for health
Laalo-Håikiö, E. via Soveli-Lehti Magazine www.issuu.com	2011	News article / press release	An article in the Soveli-Lehti magazine presenting SC- forH guidelines and 'SCforH 2009-11' project	http://goo.gl/fvnsD3	Bing	SCforH; sports club for health
Ministry of sport and tourism of the Republic of Poland www.msport.gov.pl	2011	News article / press release	An overview of the 'SCforH 2009-11' project concluding symposium in Vantaa, Finland, including a brief description about the project	http://goo.gl/oZ5UXf	Bing	SCforH; sport clubs for health
Moga, D. via www.sportanddev.org	2011	News article / press release	An article aimed at raising awareness about the importance of physical ac- tivity for Romanian children mentioned that Sport Club for Health 'Cluj-Napoca' encouraged over 200 members to engage in regular physical activity.	http://goo.gl/zVr8aM	Yahoo Bing	sports club for health
Vetherlands Institute for Sport and Physical Activity www.international.nisb.nl	2011	News article / press release	Announcement of the 'SCforH 2009-11' project concluding symposium in Vantaa, Finland, including symposium programme and brief overview of the project	http://goo.gl/OrfTT8	Google	SCforH; sports club for health
Public Health Department of the Basque Government www.munideporte.com	2011	Report	In this summary of good practices for promoting physical activity, the SCforH guidelines were used as a reference for the section on comparative evaluation of physical activity plans and policies	http://goo.gl/rj9PbZ	Google	SCforH; sports club for health
Savola, J. and Kokko, S. via www.ec.europa.eu	2011	Presentation	Description of the 'SCforH 2009-11' project	http://goo.gl/wPDrIN	Google Bing	SCforH; sports club for health; sports clubs for health
Scuola Nordic Walking Torino (School of Nordic Walking Torino) www.nordicwalkingtorino. t	2011	Brochure	This brochure mentioned the SCforH programme as an initiative for HEPA and 'sport for all' promotion in sports clubs	http://goo.gl/jPqF3s	Google	sports club for health

Ühendus Sport Kõigile (Estonian Sport for All Association) www.sportkoigile.ee	2011	Report	In their annual report for 2011, Estonian Sport for All Organisation acknowl- edged collaboration with the HEPA Europe SCforH working group	http://goo.gl/iPVgLT	Google	sports club for health
University of Turku www.utu.fi	2011	Publication list	SCforH guidelines listed among selected publica- tions in English on general education themes dating from 2007 to 2011	http://goo.gl/PCy6Tw	Bing	SCforH; sports club for health
World Health Organization www.euro.who.int	2011	Report	HEPA Europe SCforH working group and 'SCforH 2009-11' project activities summarised in the annual HEPA meeting report from Olomouc, Czech Republic	http://goo.gl/DPkeJk	Google Scholar	SCforH; sports club for health; sport clubs for health
Federation of International Sports, Aerobics and Fitness (FISAF) www.ial.ert.cz	2010	News article / press release	Announcement of the 'SCforH 2009-11' project seminar in Eindhoven, Finland, including its preliminary programme	http://goo.gl/aRYyky	Google Bing	SCforH; sports club for health
Baldi, C. and Gottin, M. via www. retepromozionesalute.it	2010	Project proposal	The description of "Walking on Wellness Paths" project mentioned that the involve- ment of certified instructors of Nordic Walking and occupational therapists in their activities is in line with the SCforH concepts	http://goo.gl/eGzURO	Google Yahoo	SCforH; sports club for health
3arendse, P. via www.w-o-s.nl	2010	Presentation	Brief overview of 'SCforH 2009-11' project given within the presentation entitled "Europe and grass- root sport: opportunities to participate." The SCforH project was mentioned as an exemplary initiative for health promotion in sport clubs.	http://goo.gl/Ak4Tnv	Google Bing	SCforH; sports clubs for health; sport clubs for health
Camargo, T. via www.cev.org.br	2010	News article / press release	Announcement of the 'SCforH 2009-11' project concluding symposium in Vantaa, Finland	http://goo.gl/a2AUtp	Google Bing	SCforH; sports club for health; sports clubs for health
Hõlsõmäki, H. via Applied Exercise Association www.soveli.fi	2010	News article / press release	'SCforH 2009-11' project workshop mentioned in a brief overview of the "Sport for All Congress" in Helsinki, Finland	http://goo.gl/kL1qD6	Google	sports club for health
Jeck, T. and Langner, B. via Centre for European Policy www.cep.eu	2010	Report	'SCforH 2009-11' project listed as one of the "Prepa- ratory Actions in the Field of Sport," in the report about European sport policy	http://goo.gl/l1gNhv	Google Scholar	SCforH; sport clubs for health

Koski, P. via www.nbtg.wikispaces.com	2010	Working plan	Working plan of the Work Package 6 (WP6) of 'SCforH 2009-11' project	http://goo.gl/9XOYiW	Google	sports club for health
Dikarinen, K. via www.sport.fi	2010	Report	It was acknowledged that the report on health profile of ice hockey was devel- oped within the SCforH framework	http://goo.gl/ibbNHn	Google Scholar	sports club for health
Pauly, P. and Jespersen, A.K. via www.isca-web.org	2010	Report	Brief overview of the 'SCforH 2009-11' project provided in the report from ISCA Health Network 2009-2010	http://goo.gl/e5ByYV	Bing	SCforH; sports club for health
Physical Activity and Nutrition Networks Wales www.wales.nhs.uk	2010	Workshop programme	Programme of the 'SCforH 2009-11' project workshop held in Jyvåskylå, Finland	http://goo.gl/bG0en0	Google	SCforH; sports club for health
Savola, J. via FSFVBeograd's channel www.youtube.com	2010	YouTube video clip	Video presentation of the 'SCforH 2009-11' project published at FSFVBeograd YouTube channel	https://goo.gl/llKhr4	Google	sports club for health; sport club for health
Savola, J. via FSFVBeograd's channel www.youtube.com	2010	YouTube video clip	Video presentation of the 'SCforH 2009-11' project published at FSFVBeograd YouTube channel	https://goo.gl/yKdzIF	Google	sports club for health; sport club for health
Savola, J. via FSFVBeograd's channel www.youtube.com	2010	YouTube video clip	Video presentation of the 'SCforH 2009-11' project published at FSFVBeograd YouTube channel	https://goo.gl/ WwvCzF	Google	sports club for health; sport club for health
Ühendus Sport Kõigile (est. Sport for All Association) www.sportkoigile.ee	2010	Report	In their annual report for 2010, Estonian Sport for All Organisation acknowl- edged collaboration with the HEPA Europe SCforH working group	http://goo.gl/Dya39t	Google	sports club for health
U.O. 2 - Regione Piemonte www. retepromozionesalute.it	2010	Project proposal	SCforH guidelines listed among references of the project proposal "From Words to Action"	http://goo.gl/CsQlcp	Bing Yahoo	SCforH; sports club for health
World Health Organization www.euro.who.int	2010	Report	HEPA Europe SCforH working group activities summarised in the annual HEPA meeting report from Bologna, Italy	http://goo.gl/9DdsrP	Personal database	SCforH; sports club for health; sport clubs for health
Finnish Ministry of Education and Culture www.minedu.fi	2009	Presentation	Brief overview of 'SCforH 2009-11' project activities	http://goo.gl/EWQ007	Google Bing	SCforH; sport clubs for health
Kahlmeier, S. via United Nations Economic Commission for Europe www.unece.org	2009	Presentation	In the presentation about HEPA Europe at the THE PEP workshop on safe cy- cling and walking, SCforH was listed as a platform for intersectoral exchange and collaboration within and beyond health sector	http://goo.gl/TnVakj	Google Yahoo	sport clubs for health

Sevelius B. via www.slideshare.net	2009	Presentation	In the presentation entitled "Contribution of European Non-Governmental Sport Organisation (ENGSO) to health improvement through physical activity, "SCforH 2009-11' project and SCforH guidelines are mentioned as an interesting approach for health promotion	http://goo.gl/Mps4Pi	Google Yahoo	sports club for health
Ühendus Sport Köigile (Estonian Sport for All Association) www.sportkoigile.ee	2009	Report	In their annual report for 2009, Estonian Sport for All Organisation acknowl- edged collaboration with the HEPA Europe SCforH working group	http://goo.gl/VWIGHT	Google	sports club for health
World Health Organization www.euro.who.int	2009	Report	HEPA Europe SCforH working group activities summarised in the annual HEPA meeting report from Glasgow, United Kingdom	http://goo.gl/Hqgu6H	Google Scholar	sports club for health; sports clubs for health; sport clubs for health
ISFAF www.isfaf.com	n/a	Document	In Arabic - No translation available	http://goo.gl/NPykvC	Yahoo Bing	SCforH
ENGSO www.facebook.com/ engso.eu	2015	Facebook post	"SCforH (Promoting National Implementation for Sports Club for Health Programmes in EU Member States) project, led by the Finnish Sports Con- federation (Valo), had its kickoff meeting in Helsinki on 13-14 April 2015, http:// www.engso.com/index. php?id=366"	https://goo.gl/4KGEpt	Facebook	SCforH; sports club for health
O'sullivan, J.E. www.facebook.com/ jeosullivan	2015	Facebook post	" The Healthy Club project commenced in March 2013. 18 clubs initially took part in the two year pilot phase. It is intended to roll it out across the state. The success of the Healthy Club Project is evident in the decision to select it to participate in a European wide research venture aimed at promoting its implementation as part of the Sports Club for Health (SCforH) programme in EU members states."	https://goo.gl/YdvyiN	Facebook	SCforH; sports club for health

Life and Fitness Magazine Ireland www.facebook.com/ LifeandFitnessMagazine	2015	Facebook post	"Waterford Institute of Technology was among an esteemed panel of academic and sporting partners at the first project meeting for the Sports Club for Health (SCforH) in EU member states Programme, which took place in Helsinki last month. Supported by the Eras- mus+ Sports Programme, WIT was represented by Department of Health, Sport and Exercise Science researcher Dr. Aolfe Lane. According to Dr. [283 more words.] http://lifeandfit- nessmag.ie/health-promo- tion-at-the-heart"	https://goo.gl/ ZZwFWf	Facebook	SCforH; sports club for health
Sports Club for Health www.facebook.com/ SCforH	2015	Facebook post	"WP2 had it 's meeting in Zagreb on 1st July (as told before in FB). Check the discussed themes from here: https://scforh-info.di- recto.fi/?x118281=255202"	https://goo.gl/HlqUf3	Facebook	SCforH
Sports Club for Health www.facebook.com/ SCforH	2015	Facebook post	"Sami Kokko ready for the Hepa Europe poster session, supported by the SCforH team members. http://www.hepa2015.org/"	https://goo.gl/2ZuzG0	Facebook	SCforH
Sports Club for Health www.facebook.com/ SCforH	2015	Facebook post	"SCforH Project Team had it 's meeting in Leuven (Belgium) on the 7th of September (as told before in FB). Check the discussed themes from here: https:// scforh-info.directo. fi/?x118281=255522"	https://goo.gl/ qcZm5O	Facebook	SCforH
Sports Club for Health www.facebook.com/ SCforH	2015	Facebook post	"Sports Club for Health #SCforH Project Work Package 2 is meeting in Zagreb today to discuss the data collection on the implementation of the SCforH guidelines, which were developed in the first SCforH Project."	https://goo.gl/9K16EE	Facebook	SCforH; sports club for health
Sports Club for Health www.facebook.com/ SCforH	2015	Facebook post	"Pekka Oja presenting work package 2 content in the SCforH working group meeting in Istanbul. We were glad to discuss the project content in the group of 14 participants."	https://goo.gl/ziwxeb	Facebook	SCforH

Sports Club for Health www.facebook.com/ SCforH	2015	Facebook post	"It is always a good day for some administration! Or not! Well, we are happy to announce beforehand that SCforH -project has it 's "poster" in HEPA Europe meeting in Istanbul in the end of this week by Dr. Sami Kokko. Look more about the meeting: http://www. hepa2015.org/ (in picture doing some administration accountant Petri on the right and project coordina- tor Timo)"	https://goo.gl/DVY7LZ	Facebook	SCforH
Sports Club for Health www.facebook.com/ SCforH	2015	Facebook post	"Part of SCforH WP4 Team visited European Sport Village in Brussels on their return trip from their meet- ing. They had a chance to meet Deputy Head of Sport Unit, Susanne Hollmann and change ideas about promoting of HEPA in Europe. In picture Sami Kokko. Susanne Hollmann, Leena Martin and Susanna Geidne. #BeActive#ScforH"	https://goo.gl/x5iZfg	Facebook	SCforH
Sports Club for Health www.facebook.com/ SCforH	2015	Facebook post	"Work package 4 team meeting of SCforH project at the Faculty of Kinesiology and Rehabili- tation Sciences in Leuven, Belgium"	https://goo.gl/24HFYu	Facebook	SCforH
Sports Club for Health www.facebook.com/ SCforH	2015	Facebook post	"WP leaders presenting Work Packages: WP4: Strengthening the scientific evidence base for the SCforH programmes, Dr. Sami Kokko, University of Jyvåskylå. WP5: Issuing a new version of the SCforH guidelines to encompass the whole lifecourse, Dr. Pasi Koski, University of Turku"	https://goo.gl/ w4HBqe	Facebook	SCforH
Sports Club for Health www.facebook.com/ SCforH	2015	Facebook post	"Active morning followed by WP leaders presenting Work Packages: WP2: Re- viewing the current status of the SCforH implemen- tation in EU countries, Dr. Zeljko Pedisic, University of Zagreb. WP3: Devel- opment and expansion of organisational support by sport associations for local level implementation of SCforH, Dr. Herbert Hart- mann, German Gymnastic Federation"	https://goo.gl/UFiUPX	Facebook	SCforH

Sports Club for Health www.facebook.com/ SCforH	2015	Facebook post	"Kickoff -meeting of SCforH -project is starting on Monday 13th of April. Click "like" in our FB -pages and we will keep you updated!"	https://goo.gl/v881Ek	Facebook	SCforH
Sports Club for Health www.facebook.com/ SCforH	2015	Facebook post	"WP1 had it 's meeting in Helsinki just before Mid-summer 2015, theme manage- ment, coordination and dissemination of project. Check: http://www.scforh. info/?x118281=255169"	https://goo.gl/ B6mU5S	Facebook	SCforH
Sports Club for Health www.facebook.com/ SCforH	2015	Facebook post	"Progress as planned! That was the general atmo- sphere in SCforH Project Team meeting in Leuven, Belgium on Monday 7th of September. Part of our group had time to take a photo - the rest suffered a little (the beginning of the meeting) technical prob- lems because of cancelled flights etc.#BeActive"	https://goo.gl/ o9lQWm	Facebook	SCforH
TAFISA Europe www.facebook.com/ TAFISA- Europe- 222983937774553	2012	Facebook post	"Sports Club for Health -workshop will be held in Siauliai, Lithuania, on Friday 6th July at 14.00-17.00. The workshop is targeted on TAFISA members and SCforth-network. Please remember to sign up according to the invitation!"	https://goo.gl/ObVq2e	Facebook	SCforH; sports club for health
TAFISA Europe www.facebook.com/ TAFISA-Europe- 222983937774553	2011	Facebook post	"Sports Club for Health -guidelines have been published as a booklet. The SCforH-programme helps the local level sports clubs to plan, implement and communicate a health-enhancing sports programme. All major players in the european field of Sport for All have been involved in creating the guidelines. The SC- forH-guidelines are ready to be disseminated and implemented into action in different countries. Join the team! http://www.sport.fi/"	https://goo.gl/tqLtkl	Facebook	SCforH; sports club for health
Ulhaq, S. www.facebook.com/ shahid.ulhaq 110	2010	Facebook post	"Healthy is our major issue to develop through sport and fitness activities and Sports Club for Health is contributing its role to enhance this issue. Stay happy, Healthy and Smart!!!"	https://goo.gl/FsJFav	Facebook	sports club for health

ENGSO @ENGSOsport	2015	Tweet	"#SCforH Project kick off continues today. @ ENGSOsport is specifically assisting with dissemina- tion and EU activities."	https://goo.gl/FyJfKN	Twitter	SCforH
ENGSO @ENGSOsport	2015	Tweet	".@h_pekkola of @ENG- SOsport ran a workshop on dissemination and commu- nication in #SCforH project kick off @Valo_tweets"	https://goo.gl/ V33pMA	Twitter	SCforH
łåmåläinen, T. ⊛hamalainen_timo	2015	Tweet	" 1st Project team meeting of SCforH -project is going on Zeljko Pedisic from Zagreb:-)#Valo#Eras- mus+Sport#Vantaa"	https://goo.gl/ bMJqO1	Twitter	SCforH
Håmäläinen, T. @hamalainen_timo	2015	Tweet	" Communication and dis- semination is an essential part of project work, good to remind it. Thanks Roxana and Natasha#SCforH@ ErasmusPlusSport"	https://goo.gl/Y8qE2L	Twitter	SCforH
łāmālāinen, T. @hamalainen_timo	2015	Tweet	"Erasmus+Sport project coordinators meeting, focus on good governance . Good place to build networks#SCforH"	https://goo.gl/huO15V	Twitter	SCforH
lâmâlâinen, T. ®hamalainen_timo	2015	Tweet	" Leeni Asola-Myllynen from Finnish Gymnastic Fed: how to develop promotion of health-related sports in clubs#SCforH"	https://goo.gl/1whLgR	Twitter	SCforH
lāmālāinen, T, @hamalainen_timo	2015	Tweet	" Day 2; Work-packages work started with good spirit. Herbert Hartmann, WP3 leader, introducing pre-questioning#scforh"	https://goo.gl/RluJuD	Twitter	SCforH
Hämäläinen, T. @hamalainen_timo	2015	Tweet	" "Grey eminence" of HEPA, Pekka Oja joined our group! #SCforH@Valo_tweets"	https://goo.gl/fpGqSe	Twitter	SCforH
łâmâlâinen, T. @hamalainen_timo	2015	Tweet	"How to get normal people to move in the sports clubs, asked one representative of the Ministry of Sports and Culture.Think about it! #SCforH"	https://goo.gl/IDA15y	Twitter	SCforH
tâmâlâinen, T. @hamalainen_timo	2015	Tweet	"Health is a motive for parents, when the children are in their childhood. Good to keep in mind! #SCforH @ Valo_tweets @leeniaso1"	https://goo.gl/jCRLNu	Twitter	SCforH
łåmäläinen, T. @hamalainen_timo	2015	Tweet	"WP3-work: Herbert Hartmann, presentated "GymWelt: Pluspunkt Gesundheit. DTB"- system. Inspiring!#SCforH@ Valo_tweets"	https://goo.gl/ GKE5om	Twitter	SCforH

Håmåläinen, T. @hamalainen_timo	2015	Tweet	"SCforH ProjectTeam meeting is about to start#SCforH#BeAc- tive#ErasmusPlus#Leu- ven"	https://goo.gl/Eqbery	Twitter	SCforH
Thomson, K. @Kayinsport	2015	Tweet	"@karenmilton8 @ISPAH I loved hanging out with Pek- ka. So much experience. Sports clubs for health! #pragmaticevaluation"	https://goo.gl/fy1aFD	Twitter	sports clubs for health
.ane, A. @aolfelaneWIT	2015	Tweet	"Taking part in EU Sports Club for Health meeting with @Rego101 @official- gaa @DHSESWIT #GAA #health"	https://goo.gl/ mBKY7X	Twitter	sports club for health
Life and Fitness Mag @ LifeFitnessMag	2015	Tweet	"Health promotion at the heart of Erasmus initiative - WIT partners with EU Sports Club for http://goo. gl/fb/saf5BJ"	https://goo.gl/lE14wC	Twitter	sports club for health
Pekkola, H. @h_pekkola	2015	Tweet	"Sports Club for Health #SCforH Work Package2 on implementation of guidelines is meeting in Za- greb today. @Valo_tweets."	https://goo.gl/tqXa70	Twitter	SCforH; sports club for health
Brady, P. @ergomorphis	2015	Tweet	"RT ACTIVEworking "RT JanSeghers: Activity break during #SCforH meeting #MoveMoreSitLess Valo_tweets"	https://goo.gl/pEhzyH	Twitter	SCforH
Regan, C. @Rego101	2015	Tweet	"Enjoyed this active break at Sports Club for Health meeting in Helsinki this am with @aoifelaneWIT #gaahealth #scforh"	https://goo.gl/jDQPMZ	Twitter	SCforH; sports club for health
Regan, C. @Rego101	2015	Tweet	" Wishing I had pursued life of a gymnast having heard another health enhancing presentation from Finnish Gymnastics Fed in Helsinki #scforh "	https://goo.gl/hZYyTY	Twitter	SCforH
Kuosmanen, S. @Diiva80	2015	Tweet	"#SCforH Kick Off -seminaari maanantaina http://bit.ly/1IMLujL @ Valo_tweets"	https://goo.gl/wLYz4J	Twitter	SCforH
Say, S. @saysony	2015	Tweet	"Community sport club for health and relations. We are mixing from U16 to U60, joint us!"	https://goo.gl/bCY49a	Twitter	sport club for health
Seghers, J. @JanSeghers	2015	Tweet	"SCforH team members presenting the Sports Club for Health #SCforH project at #hepaeurope2015 poster session"	https://goo.gl/6FY1IR	Twitter	SCforH; sports club for health

Seghers, J. @JanSeghers	2015	Tweet	"Inspiring Sports Club for Health kickoff in Helsinki. http://www.scforh.info/ #SCforH #erasmus- plussport @KU_Leuven"	https://goo.gl/ZCK5tj	Twitter	SCforH; sports club for health
Seghers, J. @JanSeghers	2015	Tweet	"Good #MoveMoreSitLess advice at start of #SCforH meeting @Valo_tweets"	https://goo.gl/dFUXyA	Twitter	SCforH
Seghers, J. @JanSeghers	2015	Tweet	" Activity break during #SC- forH meeting #MoveMore- SitLess @Valo_tweets"	https://goo.gl/9nxc4F	Twitter	SCforH
Liintola, T. @liintola	2015	Tweet	" Have a great meeting! All the for your #SCforH @ EUErasmusPlus SPORT project @hamalainen_timo @Valo_tweets"	https://goo.gl/Q2e1ad	Twitter	SCforH
_aalo-Hâikiō E @HaikioEerika	2014	Tweet	" Sports Club for Health EU-hanke oli aikaansa edellä osana HEPA Euro- pen työtä. Olisiko nyt mo- mentum? #liikuntafoorumi"	https://goo.gl/KWKEl6	Twitter	sports club for health
Tast, L. @LauraTast	2014	Tweet	" #erasmusplus tukea: Promoting National Imple- mentation for Sport Club for Health Programmes in Eu Member States @ hamalainen_timo @ Valo_tweets"	https://goo.gl/ WHeaKh	Twitter	sport club for health
RESPONSIBALL @Responsiball	2013	Tweet	"Using amateur sports clubs for health promotion. Interesting conclusions #healthystadia"	https://goo.gl/yR3X2d	Twitter	sports clubs for health
Engso Youth @EngsoYouth	2012	Tweet	"Sport Club for Health another good example on how to have more active people in clubs #sportvision2012"	https://goo.gl/N9T4vo	Twitter	sport club for health
Engso Youth @EngsoYouth	2011	Tweet	"Sport Clubs for Health presented by Eerika Laalo-Hāikiō"	https://goo.gl/4VIx8A	Twitter	sport clubs for health
Erica @Ericajohn1	2010	Tweet	"WHO/Europe HEPA Europe activities on sport clubs for health: A HEPA Europe working group was established to deve http:// bit.ly/9kmrss"	https://goo.gl/ZC2Hge	Twitter	sport clubs for health
SPAH @ISPAH	2010	Tweet	"FREE symposium from the Sport Clubs for Health proj- ect 6-8 February 2011 in Helsinki, Finland; see www. ispah.org for more info."	https://goo.gl/ M9DjRm	Twitter	sport clubs for health

Note: Tweets and Facebook posts are presented in their original form. Some links may be broken. To work as intended, some URLs may need to be copied into the web browser address bar.

SUPPLEMENTARY TABLE 3. ACADEMIC PUBLICATIONS FROM TWO FUNDED, INTERNATIONAL SCFORH PROJECTS CARRIED OUT IN 2015-17 AND 2020-22

Authors	Year	Туре	Description	Short link
Pedišić, Ž. Podnar, H. Radman, I. Rakovac, M. Hap, P. Savola, J. 	2016	Conference abstract	Findings of a multifaceted evaluation of dissemination efforts to promote SCforH guidelines	not available
 Oja, P.				
Koski, P. Matarma, T. Pedisic, Z. Kokko, S. Lane, A. Hartmann, H. 	2017	Book	The third version of SCforH guidelines which includes definitions of SCforH concepts, guiding SCforH principles, overview of health benefits of sport and physical activity, recommended pathways and steps for implementation of SCforH programmes in sports clubs, and considerations for different age groups.	https://tinyurl.com yu4a57ct
Savola, J.				
Hartmann, H. Asola-Myllynen,L. Doens, I. Håmäläinen, T. Johansson, M. Kaipio, N.	2017	Online tool	Electronic Toolkit for sports clubs and associations with practical recommendations and examples of good practice for the implementation of SCforH approach in sports clubs and associations	https://tinyurl. com/26bpuupk
 Savola, J.				
Kokko, S. Martin, L. Geidne, S. Van Hoye, A. Lane, A. Meganck, J.	2019	Journal article	A scientific article on the contribution of sports participation to overall physical activity among children and adolescents with data from six European countries	https://tinyurl. com/4j72u2ca
 Kudlacek, M.				
Pedišić, Ž. Matolić, T. Podnar, H. Radman, I. Rakovac, M. Háp, P. Oja, P.	2021	Conference abstract	Description of key outcomes of 12 years of the SCforH movement in Europe	not available
	0000	Deale		latter - 11
Pedišić, Ž. Koski, P. Kokko, S. Oja, P. Savola, J. Lane, A.	2022	Book	A textbook presenting SCforH guidelines in simple terms	https://www. scforh.info/ scforh-texbook/
 Jurakić, D.				

Pedišić, Ž. (Editor)			An edited book with the following book chapters: - Introduction: Sports Club for Health movement - Sports Club for Health movement terminology and definitions - Physical activity guidelines for health: evolution, current status, policy context, and future outlook - Physical activity and sport participation in the European Union - The structure of the European sports system as a framework for the implementation of health-enhancing sports activities - The history of HEPA Europe: Growing from an EU-funded project towards a WHO-Europe network - The history of the Sports Club for Health movement in Europe - Sports Club for Health movement in published media: a systematic scoping review - Promotion of health-enhancing sports activities through European and international umbrella sports organisations: four examples of good practice - Dissemination of Sports Clubs for Health guidelines in Europe: a survey- based evaluation - Sports Club for Health and similar initiatives in Europe: examples of good practice - Conclusions and future directions	not available
Pedišić, Ž. Matolić, T. Benedičić Tomat, S. Hartmann, H. Strika, M. Titze, S. 	2022	Book	A compilation of country cards presenting information on the promotion of health-enhancing physical activity and SCforH approach in 36 European countries	not available
Jurakić, D. Van Hoye, A. Geidne, S. Seghers, J. Lane, A. Donaldson, A. Philpott, M. Kokko, S.	2022	Book chapter	Detailed elaboration on health promotion in sports settings	https://tinyurl.com/ ymkcp3xf
Lane, A. Koski, P. Háp, P. Matolić, T. Strika, M. Jurakić, D.	2022	Report	A survey-based evaluation of the use of SCforH guidelines in higher education courses for health promoters, physical educators, and sport and exercise practitioners in 36 European countries	not available
Fitze, S. /eress, R. Matolić, T. Strika, M. Jurakić, D.	2022	Report	A survey-based assessment of the awareness and use of SCforH guidelines among European policymakers, researchers, and practitioners in sport and health promotion	not available
Dja, P. Fitze, S. Pedišić, Ž. Jurakić, D.	2022	Conference abstract	Systematic review of health benefits of different sport disciplines	https://tinyurl. com/3yhcpdd6
Jurakić, D. Matolić, T. Pedišić, Ž.	2022	Conference abstract	Description of the development of SCforH online course	https://tinyurl. com/3cte6wmu
Matolić, T. Jurakić, D. Podnar, H. Radman, I. Pedišić, Ž.	2022	Conference abstract	A cross-sectional study on the promotion of health-enhancing physical activity carried out by 536 European sports organisations	https://tinyurl.com/ bd8tya7z

Oja, P. Pedišić, Ž. Titze, S.	2022	Conference abstract	Systematic review of health benefits of different sport disciplines	not available
Oja, P. Titze, S. Memon, A.R. Jurakić, D. Chen, ST. Shrestha, N. Pedišić, Ž.	In press	Journal article	A systematic review and meta-analysis of health benefits of different sports for adults	not available
Matolić, T. Jurakić, D. Podnar, H. Radman, I. Pedišić, Ž	In press	Journal article	A cross-sectional study on the promotion of health-enhancing physical activity carried out by 536 European sports organisations	not available
Matolić, T. Pedišić, Ž. Jurakić, D.	In press	Journal article	An empirical evaluation of the dissemination of SCforH online course in the sports, higher education, and health promotion sectors in 36 European countries	not available
Jukić, A.M. Žganec Brajša, F. Jurakić, D.	In press	Journal article	A cross-sectional study on environmental and policy factors as correlates of sport and exercise participation in Croatia	not available
Matolić, T.	In press	Conference abstract	Description of the development of SCforH online course	not available

Note: Some links may be broken. To work as intended, some URLs may need to be copied into the web browser address bar.

References

- Pedišić Ž, Oja P, Koski P, Kokko S, Savola J. The history of the Sports Club for Health movement in Europe. In: Pedišić Ž, editor. Sports Club for Health (SCforH) Movement in the European Union. Zagreb, Croatia: Faculty of Kinesiology, University of Zagreb; 2022.
- Hartmann H, Benedičič Tomat S. The structure of the European sports system as a framework for the implementation of health-enhancing physical sports activities. In: Pedišić Ž, editor. Sports Club for Health (SCforH) Movement in the European Union. Zagreb, Croatia: Faculty of Kinesiology, University of Zagreb; 2022.
- Kokko S, Koski P, Savola J, Alen M, Oja P. The guidelines for sports club for health (SCforH) programs. Helsinki, Finland: The Association For International Sport for All (TAF-ISA); European network for the promotion of health-enhancing physical activity (HEPA Europe); and Finnish Sport for All Association; 2009.
- Kokko S, Oja P, Foster C, Koski P, Laalo-Häikiö E, Savola J. Sports Club for Health Guidelines for health-oriented sports activities in a club setting. Helsinki, Finland: Finnish Sport for All Association; 2011.
- Koski P, Matarma T, Pedišić Ž, Kokko S, Lane A, Hartmann H, et al. Sports Club for Health (SCforH) – updated guidelines for health-enhancing sports activities in a club setting. Helsinki, Finland: Finnish Olympic Committee; 2017.
- 6. Adams G. Leargas Blogspot by Sinn Féin [Internet]. Dublin (IR): Gerry Adams; 2008 . St. Colmcilles A Remarkable GAA Club; Update 2015 April 8 [cited 2015 October 1]. Available from: http://leargas.blogspot.hr/2015_04_01_archive.html
- Al-Kuwari MG and Ibrahim I. Another example of the contribution of the sports medicine sector in promoting physical activity is the European Sports Club for Health programme. Aspetar Sports Med J 2(2):296-300 [Internet]. Update 2013 June [cited 2015 September 28]. Available from: http://www.aspetar.com/journal/viewarticle.aspx?id=20#. VgqK_mDlfzJ
- Asiania Sport for All Association [Internet]. Macau, India: TAFISA Sports Club for Health (SCforH) - Concluding Symposium, 6.-8.2.2011, Vantaa, Finland; Update 2012 December 1 [cited 2015 September 28]. Available from: http://www.asfaa.org/news. php?id=159
- Azienda Sanitaria Locale di Cirié [Internet]. [Chivasso, Italy]: All'ASL TO4 si pratica il Nordic Walking; Update 2011 March 25 [cited 2015 September 28]. Available from: http:// www.aslto4.piemonte.it/notizie.asp?N=337
- Azioni [Internet]. [Regione Emilia-Romagna, Italy]: Sports Club for Health: il convegno 2011; Update 2011 March 3 [cited 2015 October 1]. Available from: http://www.azioniperunavitainsalute.it/disseminazione_SCforH2011
- Baldi C and Gottin M. PRO.SA. Banca dati di progetti e interventi di prevenzione e promozione della Salute [Internet]. Progetto "Camminare sui Sentieri del Benessere"; Update 2010 [cited 2015 October 1]. Available from: www.retepromozionesalute.it/restarea/allegati/REG01/ASLTO4/6308_progetto_relazione_finale_campus_del_cammino. docx
- 12. Barendse P. Netherlands Institute for Sport and Physical Activity [Internet]. [Ede, Netherland]: Europa en breedtesport kansen om mee te doen; Update 2010 March 29 [cited 2015 September 28]. Available from: http://www.w-o-s.nl/thema/sport_en_euro-pa/4.%20Europa%20en%20breedtesport%20-%20Peter%20Barendse.pdf

- **13.** Bauman A, Titze S and Oja P. The role of sport to increase population physical activity participation. Profilakticheskaya Meditsina. 2014;1:49-54.
- 14. Brady P. [Phil Brady]. (2015 April 13). RT ACTIVEworking "RT JanSeghers: Activity break during #SCforH meeting #MoveMoreSitLess Valo_tweets " [Tweet] Available from: https://twitter.com/search?q=RT%20ACTIVEworking%20%22RT%20 JanSeghers%3A%20Activity%20break%20during%20%23SCforH%20meeting%20 %23MoveMoreSitLess%20Valo_tweets%20&src=typd
- Camargo T. Centro Esportivo Virtual [Internet]. [Brasil]: Concluding Symposium on Sports Clubs for Health Vantaa - Finland, 6-8 February 2011; Update 2010 December 23 [cited 2015 October 1]. Available from: http://cev.org.br/comunidade/ept/debate/ boletim-93-isca-dez-2010/
- Catholic University of Leuven [Internet]. [Leuven, Belgium]: Summary of research projects of Jan Seghers; Update 2015 April 14 [cited 2015 September 28]. Available from: http://www.kuleuven.be/cv/projecten/u0032649.htm
- 17. Centre for International Mobility [Internet]. [Helsinki, Finland]: Helsinki-expert organisation providing services on international mobility and co-operation; Update 2015 [cited 2015 October 1]. Available from: http://www.cimo.fi/instancedata/prime_product_julkaisu/cimo/embeds/54342_Ohjelma_Erasmus_liikunta-_ja_urheilusektorille.pdf
- Chatzigianni E. Sport Lobbying in the European Union: an empirical analysis. Sport EU Rev 2(2); 4-24 [Internet]. Update 2010 November 16 [cited 2015 September 28]. Available from: http://www.sportandeu.com/wp-content/uploads/2010/11/SportEU_Review2010_Nov_FINAL1.pdf
- Cingiene V and Laskiene S. Lietuvos visuomenės sveikatinimo per sportą politikos įgyvendinimo aktualijos "Europos Sąjungos fizinio aktyvumo gairių "kontekste. Health Policy Manag. 2014;1(6):116-24.
- 20. ENGSO [ENGSO]. (2015 April 21). SCforH (Promoting National Implementation for Sports Club for Health Programmes in EU Member States) project, led by the Finnish Sports Confederation (Valo), had its kickoff meeting in Helsinki on 13-14 April 2015, http://www.engso.com/index.php?id=366 [Facebook status update] Available from: https://www.facebook.com/engso.eu/photos /a.10150336385673697.344274.180715523696/10152853403643697/
- ENGSO Youth. [Engso Youth]. (2011 October 14). Sport Clubs for Health presented by Eerika Laalo-Häikiö [Tweet] Available from: https://twitter.com/EngsoYouth/ status/124837506947620865
- 22. ENGSO Youth. [Engso Youth]. (2012 March 20). Sport Club for Health another good example on how to have more active people in clubs #sportvision2012 [Tweet] Available from: https://twitter.com/EngsoYouth/status/182049152727916544
- 23. ENGSO. [European Non-Governmental Sports Organization]. (2015 April 14). #SC-forH Project kick off continues today. @ENGSOsport is specifically assisting with dissemination and EU activities.[Tweet] Available from: https://twitter.com/engsosport/status/587926108143771648?lang=bn
- 24. ENGSO. [European Non-Governmental Sports Organization]. (2015 April 14). .@h_pekkola of @ENGSOsport ran a workshop on dissemination and communication in #SCforH project kick off @Valo_tweets [Tweet] Available from: https://twitter.com/engsosport/ status/587927301570068480

Epode Umbria Region OBesity Intervention Study [Internet]. [Perugia, Italy]: Lo sport come cura e prevenzione dell'obesità infantile; Update 2014 October 7 [cited 2015 September 28]. Available from:

http://www.eurobis.it/eurobis-coni-promuovono-federazioni-sportive-per-salute/

26. Equestrian Federation of Finland [Internet]. [Valo, Finland]: Urheillen terveyttä esittely; [cited 2015 September 28]. Available from: http://www.rataastus.fi/instancedate/prime_product_iulkaisu/rataastaicipliitte/

http://www.ratsastus.fi/instancedata/prime_product_julkaisu/ratsastajainliitto/ embeds/ratsastajainliittowwwstructure/36934_Urheillen_terveytta_esittely_A4.pdf

- 27. Erica. [Erica]. (2010 September 17). WHO/Europe | HEPA Europe activities on sport clubs for health: A HEPA Europe working group was. [Tweet] Available from: https://twitter.com/Ericajohn1/status/24746580447
- **28.** Etelä-Suomen Liikunta ja Urheilu (Southern Finland Sports) [Internet]. [Helsinki, Finland]: Sports Club for Health; [cited 2015 September 28]. Available from: http://www. eslu.fi/tags/sports-club-health
- 29. European Non-Governmental Sports Organisation [Internet]. [Brussels, Belgium]: SCforH Project Successfully Kicked Off in Helsinki; Update 2015 June 30 [cited 2015 October 1]. Available from: http://www.engso.com/newsletters.php?id=410
- European Non-Governmental Sports Organisation [Internet]. [Brussels, Belgium]: Annual report Sport and Education (ENGSOEDU Network); [cited 2015 September 30]. Available from: http://www.engso.eu/files/07.4%20-ENGSOEDU%20ACTIVITIES%20 -%20Annual%20report.pdf
- European Non-Governmental Sports Organisation [Internet]. [Brussels, Belgium]: Promoting national implementation for Sports Club for Health (SCforH) programmes in EU member states; Update 2015 March 27 [cited 2015 September 28]. Available from: http://www.engso.com/newsletters.php?id=363
- **32.** European Union. Council of the European Union [Internet]. [Brussels, Belgium]: Council recommendation on promoting health-enhancing physical activity across sectors; Update 2013 November 25 [cited 2015 September 30]. Available from: http://ec.europa.eu/sport/library/news-documents/hepa_en.pdf
- 33. European Union. European Commission [Internet]. [Brussels, Belgium]: Towards an EU Funding Stream for Sport: Preparatory Actions and Special Events 2009 – 2011; Update 2012 [cited 2015 September 28]. Available from: http://erasmusplus.org.pl/wp-content/ uploads/2014/01/Preparatory-actions-and-special-events-2009-2011.pdf
- 34. European Union. European Commission [Internet]. [Brussels, Belgium]: Erasmus+: Sport 2014 Call for proposals EAC/S11/2013 (Collaborative partnerships in the sport field - Description of the projects selected for funding); Update 2014 [cited 2015 September 28]. Available from: http://www.spordiinfo.ee/est/g58s477
- **35.** European Union. European Commission. [Brussels, Belgium]: Council recommendation on promoting health-enhancing physical activity across sectors; Offic J Eur Union 2013/C 354/01 [Internet]. Update 2013 November 26 [cited 2015 September 28]. Available from: http://eur-lex.europa.eu/legal-content/EN/TXT/?uri=celex:32013H1204%2801%29
- 36. European Union. European Commission. [Internet]. [Brussels, Belgium]: A monitoring framework for the implementation of policies to promote health- enhancing physical activity (HEPA), based on the EU Physical Activity Guidelines; Accompanying the document: Proposal for a Council Recommendation on promoting health-enhancing physical activity across sectors; Update 2013 August 28 [cited 2015 September 28]. Available from: http://preview.tinyurl.com/pktg645

- 37. Federation of International Sports, Aerobics and Fitness (FISAF) [Internet]. [Helsinki, Finland]: FISAF World Fitness & Hip Hop Championships 18.-24.10.2010; Update 2010 September 28 [cited 2015 September 28]. Available from: http://www.ial.ert.cz/csae.cz/ web/data/download/3967/bulletin9-10-2.pdf
- 38. Federazione Italiana Aerobica e Fitness [Internet]. [Rome, Italy]: Progetti Europei; Update 2014 April [cited 2015 September 28]. Available from: http://www.fiaf.it/it/2-articoli/5-progetti
- 39. Finnish Government Ministry of Education and Culture [Internet]. [Helsinki, Finland]: Healthy City meets Active City - HC-AC workshop in Helsinki 13.-14.12.2009; Update 2009 [cited 2015 September 28]. Available from: http://www.minedu.fi/export/sites/ default/OPM/Liikunta/kansainvaelinen_yhteistyoe/euroopan_unioni/EU_aamukahvit_15_12_2009/EU_aamukahvi_15_12_2009_Savola.pdf
- 40. Forskning.se [Internet]. [Stockholm, Sweden]: EU satsar på att utveckla idrottsföreningar; Update 2015 April 28 [cited 2015 September 28]. Available from: http://www.forskning.se/nyheterfakta/nyheter/pressmeddelanden/eusatsarpaattutvecklaidrottsforeningar.5.3e66c4f714ce77319b32ab.html
- **41.** FSFVBeograd's channel [FSFVBeograd's channel]. (2010 December 27). Move Frankfurt 2010 - Jorma Savola Sports Club for Health PART1 [You Tube video] Available from: https://www.youtube.com/watch?v=M4KZ1mZY4AM
- **42.** FSFVBeograd's channel [FSFVBeograd's channel]. (2010 December 28). MALEZIA 2008 Jorma Savola Sport club for health [You Tube video] Available from: https://www. youtube.com/watch?v=moCejKQv6YM
- **43.** Geidne S, Quennerstedt M and Eriksson C. The youth sports club as a health-promoting setting: an integrative review of research. Scand J Pub Health. 2013;41(3):269-83.
- 44. Geidne S. The non-governmental organization as a health promoting setting: examples from alcohol prevention projects conducted in the context of national support to NGOs. Doctoral thesis. Kållered, Sweden: Örebro University; 2012.
- **45.** Global Physical Activity Network [Internet]. Sports Clubs for Health; Update 2013 April 22 [cited 2015 October 1]. Available from: http://www.globalpanet.com/news/2013/04/22/ sports-clubs-for-health
- 46. Global Physical Activity Network [Internet]. This HEPA Europe working group is developing and implementing a Sports Club for Health (SCforH) programme in collaboration with TAFISA, the association for international Sport for All; Update 2013 May [cited 2015 October 1]. Available from: http://www.globalpanet.com/knowledge-base/sector/sport-and-recreation/521-sport-clubs-for-health
- **47.** Gottin M. (2011) Nordic walking project. The 3rd annual conference and 7th annual meeting of HEPA Europe. 11–13 October 2011, Amsterdam, The Nederland, pp 82.
- **48.** Gottin M. Smartsport [Internet]. [Torino, Italy]: Sports club for health: In Finlandia le conclusioni del progetto europeo; Update 2011 March 1 [cited 2015 September 28]. Available from: http://smartsport.it/articoli/articolo.asp?ID=140&IDV=07&FAr=True&FAp=True
- **49.** HämäläinenT.[TimoHämäläinen].(2015April13).Day2;Work-packagesworkstartedwith good spirit. Herbert Hartmann, WP3 leader, introducing pre-questioning#scforh [Tweet] Available from: https://twitter.com/hamalainen_timo/status/587869444141146112
- Hämäläinen T. [Timo Hämäläinen]. (2015 April 13). "Grey eminence" of HEPA, Pekka Oja joined our group! #SCforH@Valo_tweets [Tweet] Available from: https://twitter.com/ hamalainen_timo/status/587558542552518656

51. Hämäläinen T. [Timo Hämäläinen]. (2015 April 14). How to get normal people to move in the sports clubs, asked one representative of the Ministry of Sports and Culture.Think about it! #SCforH [Tweet]

Available from: https://twitter.com/hamalainen_timo/status/587894054400188416

52. Hämäläinen T. [Timo Hämäläinen]. (2015 April 14). Health is a motive for parents, when the children are in their childhood. Good to keep in mind! #SCforH @Valo_tweets @leeniaso1 [Tweet]

Available from: https://twitter.com/hamalainen_timo/status/587889207806398465

53. Hämäläinen T. [Timo Hämäläinen]. (2015 April 14). WP3-work: Herbert Hartmann, presentated "GymWelt: Pluspunkt Gesundheit. DTB"- system. Inspiring!#SCforH@Valo_ tweets [Tweet]

Available from: https://twitter.com/hamalainen_timo/status/587873146465816576

- 54. Hämäläinen T. [Timo Hämäläinen]. (2015 Februar 9). 1st Project team meeting of SCforH -projectisgoingon...ZeljkoPedisicfromZagreb:-)#Valo#Erasmus+Sport#Vantaa[Tweet] Available from: https://twitter.com/hamalainen_timo/status/564707904541171712
- 55. Hämäläinen T. [Timo Hämäläinen]. (2015 June 24). Communication and dissemination is an essential part of project work, good to remind it. Thanks Roxana and Natasha#SCforH@ErasmusPlusSport [Tweet] Available from: https://twitter.com/hamalainen_timo/ status/613706160391241728
- 56. Hämäläinen T. [Timo Hämäläinen]. (2015 September 7). SCforH ProjectTeam meeting is about to start#SCforH#BeActive#ErasmusPlus#Leuven [Tweet] Available from: https:// twitter.com/hamalainen_timo
- 57. Heimer, S. HEPA and SRM cooperation a win-win approach. 6th International Scientific Conference on Kinesiology Proceedings Book, 2011; Opatija, Croatia. p 741,
- Heimer, S. Health kinesiology study A precondition for successful cooperation of health service and kinesiology. 7th International Scientific Conference on Kinesiology Proceedings Book, 2011; Opatija, Croatia. p 742,
- **59.** HEPA Europe 2015 [Internet]. [Istanbul, Türkiye]: HEPA Working Groups Sessions; Update 2015 [cited 2015 September 28].

Available from: http://www.hepa2015.org/hepa-europe-working-group-meetings/

- 60. Hölsömäki H. Soveltava Liikunta SoveLi ry. [Internet]. [Turku, Finland]: Sport for all -kongressissa korostettiin liikunnan terveys- ja kustannusvaikutuksia; Update 2010 June 21 [cited 2015 September 28]. Available from: http://www.soveli.fi/?x103997=115395
- **61.** Hovi M and Malvela M. Urheiluseurat terveysliikunnan markkinoilla: KKI-ohjelman seuratoiminnan kehittämishankkeet 2006–2010. Jyvaskyla, Finland: Kary Ky; 2012.
- 62. Huhtanen E. Health Profile of Aquatics. Health Benefits of Aquatics for Water Fitness Enthusiasts. Master`s Thesis. Haaga-Helia University of Applied Science, Finland; 2012.
- 63. Hyttinen AM. Ratsastuksen terveysprdfiili [Riding health profile]. Master`s Thesis University of Jyväskylä, Finland; 2012.
- 64. International Sports and Culture Association [Internet]. [Copenhagen, Denmark]: Sports club for health; Update 2011 December 22 [cited 2015 September 28]. Available from: http://www.isca-web.org/english/news/sportsclubforhealth
- 65. Isfaf.com [Internet]. [cited 2015 October 1]. Available from: www.isfaf.com/fa/files/d/?m=pages&d=3a5639f4c984297ebbe094a9e7b88b9250f-860314fa291_77765232b6SiJjpvl
- 66. ISPAH. [ISPAH]. (2010 December 22). FREE symposium from the Sport Clubs for Health project 6-8 February 2011 in Helsinki, Finland; see www.ispah.org for more info. [Tweet] Available from: https://twitter.com/ISPAH/status/17735683170902016

- 67. Itkonen H and Kokko S. Terveyden edistäminen yhteisöllisenä haasteena. In Itkonen H, Kokko S, Kirilina V, Goranskaya S and Kemza R (Eds) Urheillen terveyttä edistämään. Opas urheilutoimijoille. ENPI-Karelia-projekti. 2014; Joensuu.
- 68. Jeck T and Langner B. (2010) Die Europäische Dimension des Sports. Centrum für Europäische Politik (CEP). Available from: http://www.cep.eu/Studien/Sport/cepStudie_ Die_Europaeische_Dimension_des_Sports.pdf
- 69. Kahlmeier S. United Nations Economic Commission for Europe [Internet]. [Prohunice, Czech Republic]: European Network for the Promotion of Health-Enhancing Physical Activity (HEPA Europe); Update 2009 September 24 [cited 2015 September 28]. Available from: http://www.unece.org/fileadmin/DAM/thepep/en/workplan/urban/documents/Pruhonice-Prague/No.27.pdf
- **70.** Keski-Suomen Liikunta (Sports in Central Finland) [Internet]. [Finland]: Terveyden edistämistä lajin ja seurojen toiminnassa; [cited 2015 September 28]. Available from: http:// www.kesli.fi/aikuiset/kampanjat-ja-hankkeet/urheillen-terveytta/
- 71. Kettunen E. Sport clubs' health promotion activities for the surrounding communities: A comparative case study of Columbus Blue Jackets, HJK and Sotkamon Jymy. Master's thesis. University of Jyväskylä, Jyväskylän yliopisto, Finland; 2014.
- 72. Kokko S, Koski P, Oja P, Savola J, Hämäläinen T, Geidne S, Lane A, Hartmann H, Seghers J, Pedisic Z, Livson M, Nikulainen P. Sports Club for Health (SCforH) Project Promoting National Implementation for SCforH Programs In Eu Member States. In Conference Abstract Book of the 11th Annual Meeting and 6th Conference of HEPA Europe, 2015; Istanbul, Acıbadem University Kerem Aydınlar Campus, 58.
- **73.** Kokko S. Guidelines for youth sports clubs to develop, implement, and assess health promotion within its activities. Health Promot Pract. 2014;15(3):373-82.
- 74. Kokko S, Laalo-Häikiö E, Heinonen A. A Frame for Sports Discipline-specific Health Profile. The 3rd annual conference and 7th annual meeting of HEPA Europe. 11–13 October 2011, Amsterdam, Netherlands. pp 124.
- 75. Kokko S, Oja P, Koski P, Laalo-Häikiö E, Savola J. Sports Club for Health Guidelines for HEPA activities in a club setting and international networking. The 3rd annual conference and 7th annual meeting of HEPA Europe. 11–13 October 2011, Amsterdam, Netherlands. pp 61.
- 76. Kokko S. European Healthy Stadia Network [Internet]. Developing Amateur Clubs as Health Promoting Settings: Current Practice in Europe; Update 2015 [cited 2015 September 28]. Available from: http://www.healthystadia.eu/resource-library/sports-policy-and-health/item/download/53_946df3131b28dfa645a3b78ed10116e5.html
- 77. Kornbeck J. Inspiration from Brussels? The European Union and Sport [Internet]. Books on Demand; 2013 [cited 2009 May 21]. Available from Google Books: https:// books.google.hr/books?id=OJ2mmKnMkrwC&printsec=frontcover&dq=Inspiration+from+Brussels%3F&hl=hr&sa=X&redir_esc=y#v=onepage&q=Inspiration%20from%20 Brussels%3F&f=false
- 78. Koskela T and Linnolahti O. Suomen Golfliiton terveys- ja harrastajaprofiilin toteuttaminen. Suomen Golfliittto. The Federal Assembly Days 9.-11. 3. 2012
- 79. Koski P [Internet]. Working plan for WP6: Funding system for the health-related PA promotion programs in the sports clubs; [cited 2015 September 28]. Available from: http:// nbtg.wikispaces.com/file/view/SCforH+workshop+JKL+14.6.2010+Workplan+for+W-P6+Pasi+Koskix.pdf
- **80.** Koski P. Finnish sports club as a mirror of society. Int J Sport Policy Politics. 2012;4(2):257-75.

- Kunto Finnish Sport For All Association [Internet]. [Helsinki, Finland]: Sports Club for Health; [cited 2015 September 28].
 Available from: http://kunto-fi.directo.fi/en/sports-club-for-health/
- Kuosmanen S. [Sari Kuosmanen]. (2015 April 9). #SCforH Kick Off -seminaari maanantaina http://bit.ly/1IMLujL @Valo_tweets [Tweet] Available from: https://twitter.com/ Diiva80/status/586126829007798272
- 83. Laalo-Häikiö E. Good Governance in Grassroots Sport [Internet]. [Copenhagen, Denmark]: Sports Club for Health; Update 2012 March 30 [cited 2015 October 1]. Available from: http://www.goodgovsport.eu/files/EU2012_Web/Ppts/Eerika_Laalo_Haikio.pdf
- Laalo-Häikiö E. Liikuntaseurat terveyden edistaajinaa omassa lajissaan. Soveli-Lehti 2011; 2:31 [Internet]. [cited 2015 October 1]. Available from: http://issuu.com/soveli/ docs/soveli_lehti_211_nettiin
- 85. Laalo-Häikiö E. [Eerika Laalo-Häikiö]. (2011 December 22) ISCA International Sport and Culture Association - NEWS - Sports Club for Health [Zoom Info reference] Available from: http://www.zoominfo.com/p/Eerika-Laalo-H%C3%A4iki%C3%B6/1580355352
- 86. Laalo-Häikiö E. [Eerika Laalo-Häikiö]. (2014 September 8). Sports Club for Health EU-hanke oli aikaansa edellä osana HEPA Europen työtä. Olisiko nyt momentum? #liikuntafoorumi [Tweet] Available from: https://twitter.com/haikioeerika/status/516183635050115072
- Laine S. Helsingin Ratsastajat ry (Helsinki Riders Association) [Internet]. [Helsinki, Finland]: Ratsastuksen ensimmäisen Liikuttaja on valmistunut; Update 2012 November 4 [cited 2015 September 28]. Available from: http://www.helsinginratsastajat.fi/ arkisto/2012/?x239314=239318
- 88. Lane A. [Aoife Lane]. (2015 April 13). Taking part in EU Sports Club for Health meeting with @Rego101 @officialgaa @DHSESWIT #GAA #health [Tweet] Available from: https://twitter.com/aoifelanewit/status/587552725132513280
- 89. Lane A, Murphy NM. (2013) Evaluation framework for Ireland's GAA healthy club initiative. 9th Annual Meeting and 4th Conference of HEPA Europe. 21-24 October 2013, Helsinki, Finland. pp 39.
- 90. Laskiene S and Cingiene V. The importance of intersectoral collaboration on population health. In Goncharenko MS (Ed) Proceedings of 10th International Scientific-Practical Conference on Valeology: Current Status, Trends and Prospects. Ukraine, Kharkov 2014, April 10-11. pp 105-108.
- **91.** Life and Fitness Mag. [Life and Fitness Mag]. (2015 June 3). Health promotion at the heart of Erasmus initiative WIT partners with EU Sports Club for... http://goo.gl/fb/saf5BJ [Tweet] Available from: https://twitter.com/LifeFitnessMag/status/606073040732962817
- 92. Life and Fitness Magazine [Internet]. [Borrisoleigh, Ireland]: Health promotion at the heart of Erasmus initiative WIT partners with EU Sports Club for Health programme; Update 2015 June 3 [cited 2015 September 28]. Available from: http://lifeandfitness-mag.ie/health-promotion-at-the-heart-of-erasmus-initiative-wit-partners-with-eusports-club-for-health-programme/

- 93. Life and Fitness Magazine Ireland. [Life and Fitness Magazine Ireland]. (2015 June 3). Waterford Institute of Technology was among an esteemed panel of academic and sporting partners at the first project meeting for the Sports Club for Health (SC-forH) in EU member states Programme, which took place in Helsinki last month. Supported by the Erasmus+ Sports Programme, WIT was represented by Department of Health, Sport and Exercise Science researcher Dr. Aoife Lane. According to Dr. [283 more words.]http://lifeandfitnessmag.ie/health-promotion-at-the-heart-.../ [Facebook status update] Available from: https://www.facebook.com/LifeandFitnessMagazine/ posts/10153349638812272
- Liintola T. [Terhi Liintola]. (2015 April 13). Have a great meeting! All the for your #SCforH @EUErasmusPlus SPORT project @hamalainen_timo @Valo_tweets [Tweet] Available from: https://twitter.com/liintola/status/587559438065803264
- 95. Marsalo T. (2013) Golf ikääntyvän ihmisen liikuntaharrastuksena [Golf as a physical exercise of an ageing person.]. Master`s Thesis University of Jyväskylä, Finland
- **96.** Martin-Diener E, Kahlmeier S, Vuillemin A, van Mechelen W, Vasankari T, Racioppi F., Martin BW. 10 years of HEPA Europe: what made it possible and what is the way into the future? Schweizerische Zeitschrift für Sportmedizin und Sporttraumatologie. 2014;62(2):6-12.
- Ministry of sport and tourism of the Republic of Poland [Internet]. [Warsaw, Poland]: Sympozjum podsumowujące projekt "Kluby sportowe dla zdrowia"; Update 2011 March 14 [cited 2015 October 1]. Available from: http://www.msport.gov.pl/aktualnosci-dwm/2170-Sympozjum-podsumowujace-projekt-Kluby-sportowe-dla-zdrowia-
- **98.** Moga D. Sportanddev. [Internet]. [Biel/Bienne, Switzerland]: Stop childhood obesity! Be active! Be healthy!; Update 2011 January 31 [cited 2015 September 28]. Available from: http://www.sportanddev.org/?2613/Stop-childhood-obesity-Be-active-Be-healthy
- 99. Murua JM.Slide Share [Internet]. [Valladolid, Spain]: Políticas deportivas de saluden el ámbito institucional; Update 2013 June 1 [cited 2015 October 1]. Available from: http://es.slideshare.net/Murua/polticas-deportivas-de-salud-en-el-mbito-institucional-22084548
- 100. National Institute for Public Health and the Environment. Ministry of Health, Welfare and SportoftheRepublicofNetherland[Internet].[Bilthoven,Netherland]:HEPAFocalPointKey Indicators Physical Activity; [cited 2015 September 30]. Available from: http://www.rivm. nl/en/Topics/P/Physical_Activity/HEPA_Focal_Point_Key_Indicators_Physical_Activity
- 101. Netherlands Institute for Sport and Physical Activity [Internet]. [Ede, Netherland]: HEPA Europe related activities win 3 Erasmus+ collaborative partnership projects; Update 2014 December 23 [cited 2015 September 28]. Available from: http://international.nisb. nl/page/s1021681
- 102. Netherlands Institute for Sport and Physical Activity [Internet]. [Ede, Netherland]: Symposium on Sports Club for Health; Update 2011 [cited 2015 September 28]. Available from: http://kic.nisb.nl/site/agenda/show/1390/1379
- 103. Oikarinen K. Amateur Hockey Health Profile. Finnish Ice Hockey Association. http://www. sport.fi/system/resources/W1siZiIsIjIwMTQvMDQvMjMvMTJfMzNfMDRfMzYwX0hhcnJhc3RIa2lIa2tvaWxpamFudGVydmV5c3Byb2ZpaWxpLnBkZiJdXQ/Harrastekiekkoilijanterveysprofiili.pdf
- 104. Örebro University [Internet]. [Örebro, Sweden]: Research Project: Promoting national implementation for sports club for health (SCforH) programmes in member states; Update 2015 March 6 [cited 2015 September 28]. Available from: http://www.oru. se/English/Research/Research-Projects/Research-projects-by-research-subject/ Research-project/?rdb=1365

- **105.** Örebro University. MyNewDesk [Internet]. [Sweden]: EU satsar på att utveckla idrottsföreningar; Update 2015 April 27 [cited 2015 September 28]. Available from: http://www. mynewsdesk.com/se/orebro_universitet/subjects/sport
- 106. Orava M. Itä-Suomen yliopisto (University of Eastern Finland) [Internet]. [Joensuu, Finland]: Jalkapallovalmentaja lasten ja nuorten Terveysliikunnan edistäjänä; Update 2014 May [cited 2015 September 30]. Available from: http://www2.uef.fi/documents/1081098/1081133/MarikaOrava_final. pdf/20cadf04-ac4b-45e8-b91b-d3d42ef2aea5
- 107. O'sullivan JE. [John Emmett O'sullivan]. (2013 April 12). St. Colmcilles ... The Healthy Club project commenced in March 2013. 18 clubs initially took part in the two year pilot phase. It is intended to roll it out across the state. The success of the Healthy Club Project is evident in the decision to select it to participate in a European wide research venture aimed at promoting its implementation as part of the Sports Club for Health (SCforH) programme in EU members states. ... [Facebook status update] Available from: https://www.facebook.com/jeosullivan/posts/10204118208577444
- Palacký University Olomouc [Internet]. Projekt SCforH; Update 2015 March 3 [cited 2015 September 28].

Available from: http://www.upol.cz/nc/aktualita/clanek/vedeni-ftk-informuje-2-3-2015/

- 109. Pauly P and Kragh Jespersen A. International Sport and Culture Association [Internet]. [Copenhagen, Denmark]: Report from ISCA Health Network 2009-2010; Update 2010 [cited 2015 October 1]. Available from: www.isca-web.org/files/Full_report_Health_Network_2010.doc
- 110. Pedišić Ž, Jurakić D, Heimer S, Foster C, Rakovac M and Oja P. The relative importance of process evaluation indicators for the implementation of Sports Club for Health (SCforH) programmes. In Martin B, Kahlmeier S (Eds) Programme and Abstracts book of the 10th Annual Meeting and 5th Conference of HEPA Europe, 2014; Zürich, Institute of Social and Preventive Medicine. pp 60-61.
- Pekkola H [Heidi Pekkola]. (2015 July 1). WP2 on implementation of guidelines is meeting in Zagreb today.[Tweet]
 Available from: https://twitter.com/h_pekkola/status/616149717710286848/photo/1
- 112. Physical Activity and Nutrition Networks Wales [Internet]. [Cardiff, Wales]: Invitation Program SCforH Satellite Workshop 13-14-6-2010; Update 2010 [cited 2015 September 28]. Available from: http://www.wales.nhs.uk/sites3/w-docmetadata.cfm?orgid=740&id=157825
- **113.** Pluim BM. Koog Zaandijkse Tennis Vereniging. [Internet]. [Zaandijk, Netherlands]: Factors that facilitate or hinder the development of 'healthy tennis clubs' in the Netherlands: a qualitative study; Update 2011 January [cited 2015 October 1]. Master thesis. Available from: www.kztv.nl/content/Onderzoek.doc
- 114. Public Health Department Health of the Basque Government [Internet]. [Vitoria-Gasteiz, Spain]: Síntesis de buenas prácticas en las políticas y planes de promoción de la Actividad Física; Update 2011 January [cited 2015 September 28]. Available from: http:// www.munideporte.com/imagenes/documentacion/ficheros/0301BEAE.pdf
- 115. Regan C.[Colin Regan]. (2015 April 13). Enjoyed this active break at Sports Club for Health meeting in Helsinki this am with @aoifelaneWIT #gaahealth #SCforH [Tweet] Available from: https://twitter.com/Rego101/status/587562348891758592

 116. Regan C.[Colin Regan]. (2015 April 14). Wishing I had pursued life of a gymnast having heard another health enhancing presentation from Finnish Gymnastics Fed in Helsinki #SCforH [Tweet]

Available from: https://twitter.com/rego101/status/587891766310862848

- 117. Responsiball. [Responsiball]. (2013 March 21). Using amateur sports clubs for health promotion. Interesting conclusions #healthystadia [Tweet] Available from: https://twitter.com/Responsiball/status/314697947117940738
- 118. Richardson N [Internet]. [Carlow, Ireland]: Overview of lifestyles and risk factors for Men's Health and directions for Health Promotion – Concepts Research Projects and Best Practice Examples; Update 2013 November 16 [cited 2015 September 28]. Available from: http://www.stiftung-maennergesundheit.de/fileadmin/maennergesundheit/ media/downloads/Wissenschaftliche_Arbeit/Noel_Richardson.pdf
- **119.** Romeo-Velilla M, Beynon C, Murphy RC, et al. Formative evaluation of a UK community-based sports intervention to prevent smoking among children and young people: SmokeFree Sports. Journal of Sport for Development. 2013;2(3):1-10.
- 120. Savola J, Ponkko P and Heino M. Aktiivinen Kunta luo mahdollisuuksia. [Internet]. Helsinki: Avoine; 2010 [cited 2015 October 1]. Available from Issuu: http://issuu.com/avoine/ docs/active_city_s_hk_inen
- 121. Savola J and Kokko S. European Commission [Internet]. [Brussels, Belgium]: EU DG education and culture funded: Sports Club for Health; Update 2011 [cited 2015 September 28]. Available from: http://ec.europa.eu/sport/library/documents/bud_ppt_sc4h_08.pdf
- **122.** Savola J. Sports club for health: guidelines for health-promoting sport programmes. 1st Annual Conference of HEPA Europe. European network for the promotion of health-enhancing physical activity. 8-9 September 2008, Glasgow, Scotland.
- 123. Say S. [Sony Say]. (2015 August 22). Community sport club for health and relations. We are mixing from U16 to U60, joint us! [Tweet] Available from: https://twitter.com/saysony
- **124.** SCforH official website [Internet]. [Helsinki, Finland]: Update 2015 [cited 2015 September 28]. Available from: http://www.scforh.info
- 125. SCforH [Sports Club for Health]. (2015 September 8). Progress as planned! That was the general atmosphere in SCforH Project Team meeting in Leuven, Belgium on Monday 7th of September. Part of our group had time to take a photo the rest suffered a little (the beginning of the meeting) technical problems because of cancelled flights etc.#BeAc-tive [Facebook status update] Available from: https://www.facebook.com/SCforH/pho-tos/a.1536433719928999.1073741828.1534032270169144/1593936707512033/?-type=3
- **126.** SCforH [Sports Club for Health]. [Facebook web page] Update 2015 [cited 2015 September 28]. Available from: https://www.facebook.com/SCforH
- 127. SCforH. [Sports Club for Health]. (2015 April 13). WP leaders presenting Work Packages: WP4: Strengthening the scientific evidence base for the SCforH programmes, Dr. Sami Kokko, University of Jyväskylä. WP5: Issuing a new version of the SCforH guidelines to encompass the whole lifecourse, Dr. Pasi Koski, University of Turku.[Facebook status update] Available from: https://www.facebook.com/SCforH/posts/1536519829920388
- 128. SCforH. [Sports Club for Health]. (2015 July 1). Sports Club for Health # SCforH Project Work Package 2 is meeting in Zagreb today to discuss the data collection on the implementation of the SCforH guidelines, which were developed in the first SCforH Project. [Facebook status update] Available from: https://www.facebook.com/SCforH/ posts/1569630813275956

- 129. SCforH. [Sports Club for Health]. (2015 October 5). It is always a good day for some administration! Or not! Well, we are happy to announce beforehand that SCforH -project has it 's "poster" in HEPA Europe meeting in Istanbul in the end of this week by Dr. Sami Kokko. Look more about the meeting: http://www.hepa2015.org/ (in picture doing some administration accountant Petri on the right and project coordinator Timo). [Facebook status update] Available from: https://www.facebook.com/SCforH/photo s/a.1536433719928999.1073741828.1534032270169144/1601673286738375/?-type=3
- 130. SCforH. [Sports Club for Health]. (2015 October 7). Sami Kokko ready for the Hepa Europe poster session, supported by the SCforH team members.http://www.hepa2015. org/ [Facebook status update] Available from: https://www.facebook.com/SCforH/photos/a.1536433719928999.1073741828.1534032270169144/1602118943360476/?-type=3&theater
- SCforH. [Sports Club for Health]. (2015 October 8). Pekka Oja presenting work package 2 content in the SCforH working group meeting in Istanbul. We were glad to discuss the project content in the group of 14 participants. [Facebook status update] Available from: https://www.facebook.com/SCforH/photos/a.1536433719928999.-1073741828.1534032270169144/1602392103333160/?type=3
- 132. SCforH. [Sports Club for Health]. (2015 September 18). SCforH Project Team had it 's meeting in Leuven (Belgium) on the 7th of September (as told before in FB). Check the discussed themes from here: https://scforh-info.directo.fi/?x118281=255522, [Facebook status update]

Available from: https://www.facebook.com/SCforH/posts/1597266460512391

- 133. SCforH. [Sports Club for Health]. (2015 September 23). Part of SCforH WP4 Team visited European Sport Village in Brussels on their return trip from their meeting. They had a chance to meet Deputy Head of Sport Unit, Susanne Hollmann and change ideas about promoting of HEPA in Europe. In picture Sami Kokko. Susanne Hollmann, Leena Martin and Susanna Geidne. #BeActive#SCforH [Facebook status update] Available from: https://www.facebook.com/SCforH/photos/a.1536433719928999.1073741828. 1534032270169144/1598862963686074/?type=3
- 134. SCforH. [Sports Club for Health]. (2015 September 8). Work package 4 team meeting of SCforH project at the Faculty of Kinesiology and Rehabilitation Sciences in Leuven, Belgium. [Facebook status update] Available from: https://www.facebook.com/SCforH/ posts/1593991227506581
- 135. SCforH. [Sports Club for Health]. (2015April 1). Active morning followed by WP leaders presenting Work Packages: WP2: Reviewing the current status of the SCforH implementation in EU countries, Dr. Zeljko Pedisic, University of Zagreb. WP3: Development and expansion of organizational support by sport associations for local level implementation of SCforH, Dr. Herbert Hartmann, German Gymnastics Federation. [Facebook status update] Available from: https://www.facebook.com/SCforH/posts/1536511503254554
- 136. SCforH. [Sports Club for Health]. (2015April 10). Kickoff -meeting of SCforH -project is starting on Monday 13th of April. Click "like" in our FB -pages and we will keep you updated! [Facebook status update] Available from: https://www.facebook.com/SCforH/ posts/1534919073413797
- 137. SCforH. [Sports Club for Health].(2015 August 10). WP2 had it 's meeting in Zagreb on 1st July (as told before in FB). Check the discussed themes from here: https://scforh-info.directo.fi/?x118281=255202 [Facebook status update] Available from: https://www. facebook.com/SCforH/posts/1583900018515702

- 138. Scuola Nordic Walking Torino [Internet]. [Torino, Italy]: ASL-TO4 Comunicato pregotto Nordic walking; [cited 2015 September 28]. Available from: http://www.nordicwalkingtorino.it/documenti/ASL-TO4%20Comunicato%20progetto%20nordic%20walking.pdf
- 139. Seghers J. [Jan Seghers]. (2015 April 13). Good #MoveMoreSitLess advice at start of #SCforH meeting @Valo_tweets[Tweet] Available from: https://twitter.com/JanSeghers/ status/587513272976420864
- 140. Seghers J. [Jan Seghers]. (2015 April 13). Activity break during #SCforH meeting #Move-MoreSitLess @Valo_tweets [Tweet] Available from: https://twitter.com/janseghers/ status/587535481501519872
- 141. Seghers J. [Jan Seghers]. (2015 April 15). Inspiring Sports Club for Health kickoff in Helsinki. http://www.scforh.info/ #SCforH #erasmusplussport @KU_Leuven [Tweet] Available from: https://twitter.com/janseghers/status/588266007719976960
- 142. Seghers J.[Jan Seghers]. (2015 October 7). SCforH team members presenting the Sports Club for Health #SCforH project at #hepaeurope2015 poster session [Tweet] Available from: https://twitter.com/hashtag/scforh
- 143. Sevelius B. Slide Share [Internet]. [Barcelona, Spain]: Contribution of European Non Governmental Sport Organisation (ENGSO) to health improvement trough physical activity; Update 2009 November 16 [cited 2015 September 28]. Available from: http://www. slideshare.net/sportcountries/contribution-of-european-non-governmental-sport-organisation-engso-to-health-improvement-trough-physical-activity
- 144. Soumen Uimaliitto (Finnish Swimming Association). [Helsinki, Finland]: Sports Club for Health - Uimaliitto mukana EU-hankkeessa. Seuratiedote 2015; 3:2 [Internet]. Update 2015 April 20 [cited 2015 September 28]. Available from: http://www.uimaliitto.fi/site/assets/files/1162/seuratiedote_2015_3.pdf
- 145. Soumen Uimaliitto (Finnish Swimming Association). [Helsinki, Finland]: Uimaliitto mukana Sports Club for Health EU-hankkeessa. Uinti Lehti 2015; 2:52 [Internet]. Update 2015 April 20 [cited 2015 September 28]. Available from: http://portfolio-web.ess.fi/www/UintiLehti/2015Uinti_No2/index.html#/52/
- 146. Suomen Golfliitto (Finnish Golf Union) [Internet]. [Valo, Finland]: Tehdään yhdessä golf kaudesta 2012 kaikkien aikojen paras; Update 2012 [cited 2015 September 28]. Available from: http://www.golf.fi/documents/10162/25085/aluekiertue_2012_seuratoiminta_esitykset.pdf
- 147. Suomen Voimisteluliitto Hämeentie (Finnish Gymnastics Federation) [Internet]. [Helsinki, Finland]: Voimisteluliitto mukana kansainvälisessä Urheillen terveyttä hankkeessa; Update 2015 April 29 [cited 2015 September 28]. Available from: http://voimistelu.fi/fi/ Uutishuone/Artikkeli/ArticleId/207?Return=132
- 148. TAFISA Europe. [TAFISA Europe]. (2011 December 2). Sports Club for Health -guidelines have been published as a booklet. The SCforH-programme helps the local level sports clubs to plan, implement and communicate a health-enhancing sports programme. All major players in the european field of Sport for All have been involved in creating the guidelines. The SCforH-guidelines are ready to be disseminated and implemented into action in different countries. Join the team!http://www.sport.fi/ [Facebook status update] Available from: https://www.facebook.com/permalink.php?story_fbid=14810569 1960054&id=222983937774553

- 149. TAFISA Europe. [TAFISA Europe]. (2012 May 28). Sports Club for Health -workshop will be held in Siauliai, Lithuania, on Friday 6th July at 14.00-17.00. The workshop is targeted on TAFISA members and SCforH-network. Please remember to sign up according to the invitation! [Facebook status update] Available from: https://www.facebook.com/perma-link.php?story_fbid=337557766317169&id=222983937774553
- **150.** Talbot M, Haag H and Keskinen K. (2013) Directory of Sport Science [6th Ed]. International Council of Sport Science and Physical Education, Berlin, 35-44.
- 151. Tast L. [Laura Tast]. (2014 December 5). #erasmusplus tukea: Promoting National Implementation for Sport Club for Health Programmes in Eu Member States @ hamalainen_timo @Valo_tweets [Tweet] Available from: https://twitter.com/lauratast/ status/540922294399680513
- **152.** Thomson K. [Kay Thomson]. (2015 June 2). @karenmilton8 @ISPAH I loved hanging out with Pekka. So much experience. Sports clubs for health! #pragmaticevaluation [Tweet] Available from: https://twitter.com/Kayinsport/status/605640123879956480
- **153.** Titze S, Merom D, Rissel C and Bauman A. Epidemiology of cycling for exercise, recreation or sport in Australia and its contribution to health-enhancing physical activity. J Sci Med Sport. 2014;17:485-490.
- 154. Ühendus sport kõigile (est. Sport for All Association) [Internet]. [Tallinn, Estonia]: Majandusaasta aruanne; Update 2009 December 31 [cited 2015 September 28]. Available from: http://sportkoigile.ee/images/stories/organisatsioon/maa%202009.pdf
- **155.** Ühendus sport kõigile (est. Sport for All Association) [Internet]. [Tallinn, Estonia]: Majandusaasta aruanne; Update 2010 December 31 [cited 2015 September 28]. Available from: http://sportkoigile.ee/images/stories/organisatsioon/maa%202010.pdf
- 156. Ühendus sport kõigile (est. Sport for All Association) [Internet]. [Tallinn, Estonia]: Majandusaasta aruanne; Update 2011 December 31 [cited 2015 September 28]. Available from: http://www.sportkoigile.ee/images/stories/organisatsioon/maa%202011.pdf
- 157. Ühendus sport kõigile (est. Sport for All Association) [Internet]. [Tallinn, Estonia]: Majandusaasta aruanne; Update 2012 December 31 [cited 2015 September 28]. Available from: http://www.sportkoigile.ee/images/stories/organisatsioon/maa2012.pdf
- 158. Ulhaq S. [Ulhaq Shahid]. (2010). Healthy is our major issue to develop through sport and fitness activities and Sports Club for Health is contributing its role to enhance this issue. Stay happy, Healthy and Smart!!! [Facebook status update] Available from: https://www.facebook.com/shahid.ulhaq
- **159.** University of Jyvaskyla [Internet]. [Jyvaskyla, Finland]: Publications 2000 2014; [cited 2015 September 28]. Available from: https://www.jyu.fi/sport/laitokset/tutkimusyksikot/ tetk/julkaisut/julkaisusatoa
- 160. University of Turku [Internet]. [Turku, Finland]: Elinikäisen oppimisen ja koulutuksen yleisteemoja koskevia julkaisuja vuosilta 2007 2012; Update 2012 [cited 2015 September 28]. Available from: https://www.utu.fi/fi/yksikot/edu/yksikot/cele/tutkimushankkeet/Documents/Yleisteemat_07_12.pdf
- 161. University of Turku [Internet]. [Turku, Finland]: Research on General Educational Themes; Update 2014 [cited 2015 September 28]. Available from: http://www.utu.fi/en/ units/edu/units/cele/Documents/General-07-11.pdf
- 162. University of Turku [Internet]. [Turku, Finland]: Sports Clubs for Health; [cited 2015 September 28]. Available from: http://www.utu.fi/en/units/edu/units/okl/research/themes/subject-didactics/sport/Pages/home.aspx

- 163. U.O. 2 Regione Piemonte PRO.SA. Banca dati di progetti e interventi di prevenzione e promozione della Salute [Internet]. Progetto CCM "Piano di comunicazione ai decisori dei contenuti di salute di una vita attiva"; Update 2010 [cited 2015 October 1]. Available from: www.retepromozionesalute.it/restarea/allegati/REG01/ASLTO4/6182_documento_progettuale_dalle_parole_alle_azioni.rtf
- 164. Vara S. Jalkapallo on niin kivaa, saa uusia ystäviä ja oppii paljon ystäviltä, valmentajilta ja harrastuksesta. [Football is so much fun, you meet new friends and learn so much from friends, coaches and your hobby.]. Master's thesis. Hyvinkää, Finland: Laurea University of Applied Sciences, 2014.
- 165. Viitanen E. Liikunnan syyt urheiluseuran aktiivijäsenillä ja muilla nuorilla : WHO-Koululaistutkimus 2010 [Reasons for the exercise of active sports club members and other young people: WHO schoolchildren Survey 2010]. Master`s Thesis Jyväskylä, Finland: University of Jyväskylä; 2012.
- **166.** Vuillemin A, Kahlmeier S, Van Mechelen W, Racioppi F, Vasankari T. European Network for Promoting Wellness. Profilakticheskaya Meditsina. 2014;17(1):31-36.
- 167. Wanner M, Kahlmeier S, Zimmermann-Sloutskis D, Stamm H, Nützi C, Mahler N, Mäder U, W, Martin B. A systematic approach to exploring the impact of sport in physical activity promotion in Switzerland. In Stejskal P (Ed). 2nd Conference and 6th Annual meeting of HEPA Europe; 2010. pp 121.
- 168. Waterford Institute of Technology [Internet]. [Waterford, Ireland]: CHBR Postgraduate Research; [cited 2015 September 28]. Available from: http://www. wit.ie/research/centres_and_groups/research_groups/health_sciences/ centre_for_health_behaviour_research
- **169.** Waterford Institute of Technology [Internet]. [Waterford, Ireland]: Health promotion at the heart of Erasmus initiative; [cited 2015 October 1]. Available from: http://www.wit.ie/ news/health_sciences/health-promotion-at-the-heart-of-erasmus-initiative
- 170. WHO Regional Office for Europe. 4th annual meeting of HEPA Europe European network for the promotion of health-enhancing physical activity: Report of a WHO meeting 10 September 2008, Glasgow, United Kingdom. Copenhagen, DK: WHO Regional Office for Europe; 2008.
- 171. WHO Regional Office for Europe. Fifth annual meeting of HEPA Europe European network for the promotion of health-enhancing physical activity: Report of a WHO meeting 11-12 November 2009, Bologna, Italy. Copenhagen, DK: WHO Regional Office for Europe; 2009.
- WHO Regional Office for Europe. Sixth annual meeting of HEPA Europe European network for the promotion of health-enhancing physical activity: Report of a WHO meeting 26 November 2010, Olomouc, Czech Republic. Copenhagen, DK: WHO Regional Office for Europe; 2010.
- **173.** WHO Regional Office for Europe. Seventh annual meeting of HEPA Europe European network for the promotion of health-enhancing physical activity: Report of a WHO meeting 12-13 October 2011, Amsterdam, Nederlands. Copenhagen, DK: WHO Regional Office for Europe; 2011.
- 174. WHO Regional Office for Europe. Eight annual meeting of HEPA Europe European network for the promotion of health-enhancing physical activity: Report of a WHO meeting 26-27 September 2012, Cardiff, United Kingdom. Copenhagen, DK: WHO Regional Office for Europe; 2012.

- 175. WHO Regional Office for Europe. Ninth annual meeting of HEPA Europe European network for the promotion of health-enhancing physical activity: Report of a WHO meeting 23-24 October 2013, Helsinki, Finland. Copenhagen, DK: WHO Regional Office for Europe; 2013.
- 176. WHO Regional Office for Europe. Tenth annual meeting of HEPA Europe European network for the promotion of health-enhancing physical activity: Report of a WHO meeting 28-29 August 2014, Zurich, Switzerland. Copenhagen, DK: WHO Regional Office for Europe; 2014.
- 177. WHO Regional Office for Europe [Internet]. [Copenhagen, Denmark]: Factsheets on health- enhancing physical activity in the 28 European Union member states of the WHO European region: Belgium physical activity factsheet; Update 2015 [cited 2015 October 1]. Available from: http://ec.europa.eu/sport/library/factsheets/ belgium-factsheet_en.pdf
- 178. WHO Regional Office for Europe [Internet]. [Copenhagen, Denmark]: Sport clubs for health; [cited 2015 September 28]. Available from: http://www.euro.who.int/ en/health-topics/disease-prevention/physical-activity/activities/hepa-europe/ hepa-europe-projects-and-working-groups/sport-clubs-for-health
- **179.** World Health Organization. Archive.is [Internet]. Sport clubs for health; Update 2012 July 31 [cited 2015 September 28]. Available from: http://archive.is/hut8
- **180.** TNS Opinion & Social. Special Eurobarometer 386: Europeans and their Languages. Brussels, Belgium: European Commission; 2012.
- 181. Hartmann H, Asola-Myllynen L, Doens I, Hämäläinen T, Johansson M, Kaipio N, et al. Electronic Toolkit: A good practice guide to inspire and support sport associations and their clubs: Sports Club for Health (SCforH) consoritum; 2017. Available from: https:// www.scforh.info/how-to/sports-associations/introduction/.
- **182.** Kokko S, Martin L, Geidne S, Van Hoye A, Lane A, Meganck J, et al. Does sports club participation contribute to physical activity among children and adolescents? A comparison across six European countries. Scand J Public Health. 2019;47(8):851-8.
- 183. Pedišić Ž, Podnar H, Radman I, Rakovac M, Hap P, Savola J, et al., editors. Did Sports Club for Health Guidelines reach their target audience? A multifaceted evaluation of dissemination efforts. 7th HEPA Europe Conference: "Walking The Walk"; 2016 28-30 September, 2016; Belfast, Northern Ireland.
- 184. Pedišić Ž, Koski P, Kokko S, Oja P, Savola J, Lane A, et al. Sports Club for Health (SCforH) Textbook. Zagreb, Croatia: Faculty of Kinesiology, University of Zagreb; 2022.
- 185. Pedišić Ž. Introduction: Sports Club for Health movement. In: Pedišić Ž, editor. Sports Club for Health (SCforH) Movement in the European Union. Zagreb, Croatia: Faculty of Kinesiology, University of Zagreb; 2022.
- 186. Pedišić Ž, Matolić T, Bělka J, Benedičič Tomat S, Broms L, Chaplais E, et al. Sports Club for Health movement: terminology and definitions. In: Pedišić Ž, editor. Sports Club for Health (SCforH) Movement in the European Union. Zagreb, Croatia: Faculty of Kinesiology, University of Zagreb; 2022.
- 187. Titze S, Em S, Oja P. Physical activity guidelines for health: evolution, current status, policy context, and future outlook. In: Pedišić Ž, editor. Sports Club for Health (SCforH) Movement in the European Union. Zagreb, Croatia: Faculty of Kinesiology, University of Zagreb; 2022.
- 188. Rakovac M, Oja P, Pedišić Ž. Physical activity and sport participation in the European Union. In: Pedišić Ž, editor. Sports Club for Health (SCforH) Movement in the European Union. Zagreb, Croatia: Faculty of Kinesiology, University of Zagreb; 2022.

- 189. Oja P, Wendel-Vos W. The history of HEPA Europe: Growing from an EU-funded project towards a WHO-Europe network In: Pedišić Ž, editor. Sports Club for Health (SCforH) Movement in the European Union. Zagreb, Croatia: Faculty of Kinesiology, University of Zagreb; 2022.
- 190. Pedišić Ž, Rakovac M, Strika M, Podnar H, Radman I. Promotion of health-enhancing sports activities through European and international umbrella sports organisations: four examples of good practice. In: Pedišić Ž, editor. Sports Club for Health (SCforH) Movement in the European Union. Zagreb, Croatia: Faculty of Kinesiology, University of Zagreb; 2022.
- 191. Pedišić Ž, Matolić T, Bělka J, Benedičić Tomat S, Broms L, Chaplais E, et al. Dissemination of Sports Clubs for Health guidelines in Europe: a survey-based evaluation. In: Pedišić Ž, editor. Sports Club for Health (SCforH) Movement in the European Union. Zagreb, Croatia: Faculty of Kinesiology, University of Zagreb; 2022.
- 192. Benedičić Tomat S, Hartmann H, Pedišić Ž, Strika M, Matolic T, Broms L, et al. Sports Club for Health and similar initiatives in Europe: examples of good practice. In: Pedišić Ž, editor. Sports Club for Health (SCforH) Movement in the European Union. Zagreb, Croatia: Faculty of Kinesiology, University of Zagreb; 2022.
- **193.** Pedišić Ž, Jurakić D. Conclusions and future directions. In: Pedišić Ž, editor. Sports Club for Health (SCforH) Movement in the European Union. Zagreb, Croatia: Faculty of Kinesiology, University of Zagreb; 2022.
- **194.** Van Hoye A, Geidne S, Seghers J, Lane A, Donaldson A, Philpott M, et al. Health promotion in sports settings. In: Kokko S, Baybutt M, editors. Handbook of settings-based health promotion. Cham, Switzerland: Springer; 2022.
- 195. Pedišić Ž, Matolić T, Benedičič Tomat S, Hartmann H, Strika M, Titze S, et al. Sports Club for Health (SCforH) country cards. Zagreb, Croatia: Faculty of Kinesiology, University of Zagreb; 2022.
- 196. Titze S, Veress R, Matolić T, Strika M, Jurakić D. Report on the awareness and use of the Sports Club for Health (SCforH) guidelines among HEPA policymakers, promoters, and researchers in Europe. Zagreb, Croatia: Faculty of Kinesiology, University of Zagreb; 2022.
- 197. Lane A, Koski P, Háp P, Matolić T, Strika M, Jurakić D. Report on the use of the Sports Club for Health (SCforH) guidelines in the context of higher education courses for health promoters, physical educators, and sport and exercise practitioners in Europe. Zagreb, Croatia: Faculty of Kinesiology, University of Zagreb; 2022.
- **198.** Oja P, Titze S, Memon AR, Jurakić D, Chen S-T, Shrestha N, et al. Health benefits of different sports for adults: systematic review and meta-analysis of longitudinal and intervention studies. In press.
- **199.** Matolić T, Jurakić D, Podnar H, Radman I, Pedišić Ž. Promotion of health-enhancing physical activity in the sport sector: a study among representatives of 536 sports organisations from 36 European countries. BMC Public Health. In press.
- 200. Matolić T, Pedišić Ž, Jurakić D. Raising awareness about the Sports Club for Health (SC-forH) guidelines in the sports, higher education, and health promotion sectors using an online learning tool: outcomes of a large initiative in 36 European countries. In press.
- **201.** Jukić AM, Žganec Brajša F, Jurakić D. Is sport and exercise participation related to the environmental and political factors for physical activity in Croatia? A cross-sectional population-based study. In press.

- 202. Matolić T. Creation of the Sports Club for Health online learning tool. Book of abstracts of the first international CALT: Creative Approaches to Learning and Teaching CALT conference; March 24-25, 2023; Osijek, Croatia2023.
- 203. Oja P, Titze S, Pedišić Ž, Jurakić D. Health benefits of different sport disciplines: an updated systematic review. Eur J Public Health. 2022;32(Supplement 2):ckac093. 17.
- 204. Jurakić D, Matolić T, Pedišić Ž. Development of the Sports Club for Health (SCforH) online learning tool. Eur J Public Health. 2022;32(Supplement 2):ckac093. 21.
- **205.** Matolić T, Jurakić D, Podnar H, Radman I, Pedišić Ž. Promotion of health-enhancing physical activity in Europe: a cross-sectional study among 536 sports associations. Eur J Public Health. 2022;32(Supplement 2):ckac095. 17.
- **206.** Oja P, Pedišić Ž, Titze S. Health benefits of different sport disciplines: an updated systematic review. 1st Nordic governmental digital conference on physical activity; 27th October 2022; Helsinki, Finland2022.
- 207. Pedišić Ž, Matolić T, Podnar H, Radman I, Rakovac M, Háp P, et al. Sports Club for Health (SCforH): 12 years of a successful European initiative. In: Šalaj S, Škegro D, editors. 9th International Scientific Conference on Kinesiology; September 15-19th, 2021; Opatija, Croatia. Zagreb, Croatia: Faculty of Kinesiology, University of Zagreb; 2021. p. 698.